

## NCCP Competition 3 (Development)

## **Training Phase**

Competition 2 Certified\*

Competition 2 course

Competition 2 Evaluation

\* Must be certified in their respective discipline

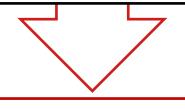
Gymnastics Canada
Sport Specific
Competition 3
(Development) Course
(4 day course)

+

5 Comp Dev Modules: Coach & Leading Effectively Manage a Sport Program Managing Conflict Psychology of Performance Leading Drug Free Sport

+

True Sport Clean 101



Competition 3
Trained

## Certification Phase

Register for Evaluation with your Provincial Gymnastics Federation

Build Coach Portfolio

Coach Profile & Philosophy

Make Ethical Decisions Online Evaluation

Program Description, Athlete Inventory

Training Plan with 2 Periodization's

Athlete Efficacy Assessment

Skill Inventory & Forecast

2 Progress Reports

Pre-Competition Readiness Plan & Focus Plan for Athletes

**Emergency Action Plan** 

Managing Conflict + Leading Drug Free Sport Online Evaluation

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Debrief with Evaluator

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Evaluation of Podium Training

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Debrief with Evaluator Post-Competition

Competition 3
Certified



## Maintenance Phase

30 PD points over 5 years

Active coaching

Self-reported PD

NCCP workshop or online course

Gymnastics Canada NCCP course

Gymnastics Canada non-NCCP activity

Multi-sport Non-NCCP activity

Competition 3
Certification
Maintained