



NCCP Competition 3 (Development)

Training Phase

Competition 2 Certified*

Competition 2 course

Competition 2 Evaluation

** Must be certified in their respective discipline*

Gymnastics Canada Sport Specific Competition 3 (Development) Course (4 day course)

+

**5 Comp Dev Modules:
Coach & Leading Effectively
Manage a Sport Program
Managing Conflict
Psychology of Performance
Leading Drug Free Sport**

+

True Sport Clean 101

Certification Phase

Register for Evaluation with your Provincial Gymnastics Federation

Build Coach Portfolio

Coach Profile & Philosophy

Make Ethical Decisions Online Evaluation

Program Description, Athlete Inventory

Training Plan with 2 Periodization's

Athlete Efficacy Assessment

Skill Inventory & Forecast

2 Progress Reports

Pre-Competition Readiness Plan & Focus Plan for Athletes

Emergency Action Plan

Managing Conflict + Leading Drug Free Sport Online Evaluation

Debrief with Evaluator

Evaluation of Podium Training

Debrief with Evaluator Post-Competition

Maintenance Phase

30 PD points over 5 years

Active coaching

Self-reported PD

NCCP workshop or online course

Gymnastics Canada NCCP course

Gymnastics Canada non-NCCP activity

Multi-sport Non-NCCP activity

Competition 3 Trained



Competition 3 Certified



Competition 3 Certification Maintained

