



ALBERTA GYMNASTICS FEDERATION  
**ANNUAL REVIEW**  
2017 – 2018



# MESSAGE FROM THE CHAIR AND PRESIDENT/CEO KATIE BIBERDORF AND SCOTT HAYES

2017-18 was yet another busy year for the Alberta Gymnastics Federation (AGF) with some outstanding high points as well as some challenges for the organization and the sport.

We have fully transitioned to online registration which has streamlined club registration for members and the office. Member clubs also completed the transition from ActiveNet to Amilia, which was a smooth process and is meeting the needs of clubs. A new service that AGF began to offer is Document Genius, which allows for the online storage of documents including waivers. Additional staff members were also on site at major events to oversee interviews and post to social media which resulted in a significant increase in activity on all platforms and further exposure for the sport. Various improvements to the AGF website were also made to offer new information and resources for members and the public. The hosting strategy has also proven successful in conducting various training camps, Zones, Trials, Provincials, Westerns and other events.

AGF also continued to excel at all our events. Whether they were competitive or recreational in nature, AGF members continued to shine and represent the Federation with respect and civility. On behalf of the Federation we would like to express our gratitude to the countless volunteers who gave their time to make our many events the success they were. We would also like to sincerely thank the AGF member clubs and their members, along with our corporate sponsors and suppliers, for their ongoing support and generosity.

As far as challenges this year, gymnastics was very much on the front page of the news with the various cases involving athlete maltreatment in Canada and the USA. AGF recognized immediately that additional action was required and work in creating our SafeSport program began. Additional support was secured, and increased resources committed to the development and implementation. Additionally, a SafeSport working group was implemented at the Board level, that will ensure the maintenance of a safe and healthy environment for all our members. AGF continues to review and update our policies in this area as well as the process associated with our Disciplinary policy.

The past year also saw continued changes to the provincial office staff with new faces bringing new perspectives and energy to our continued push to implement and adhere to our Strategic Plan. We would once again like to thank the Board, staff, and our members for your continued support and assistance over this past year. AGF continues to grow as an organization and we could not do this without you and our team approach. It continues to be our honour to serve and represent the Alberta Gymnastics Community in our roles of Chair and President/CEO.

We are all passionate about our sport, and together we can make a difference.



A handwritten signature in black ink that reads "Katie Biberdorf".

Katie Biberdorf



A handwritten signature in black ink that reads "Scott Hayes".

Scott Hayes



## OUR MISSION

We are dedicated to developing gymnastics and its values by encouraging participation, growth and personal success for everyone.

## OUR VALUES & BELIEFS

Gymnastics should be a positive experience for all and every member is entitled to a safe and respectful sporting environment.



## OUR GOALS

More people participating in and enjoying gymnastics.

Achieve Olympic podium performances.

Inspire athletes to achieve personal success.

More partners building gymnastics.

# MEMBERSHIP AT A GLANCE

AGF Membership	2015-16	2016-17	2017-18
Total Number of Members	51,027	52,386	46,967
Total Number of Clubs	87	84	83
Number of Competitive Clubs	48	49	56
Number of Recreational Clubs	39	35	27
Number of Registered Coaches	1,389	1,379	1,372
Number of Registered Judges	141	166	181



# 2016–20 STRATEGIC PLAN YEAR 3 PROGRESS

## Club Support & Development

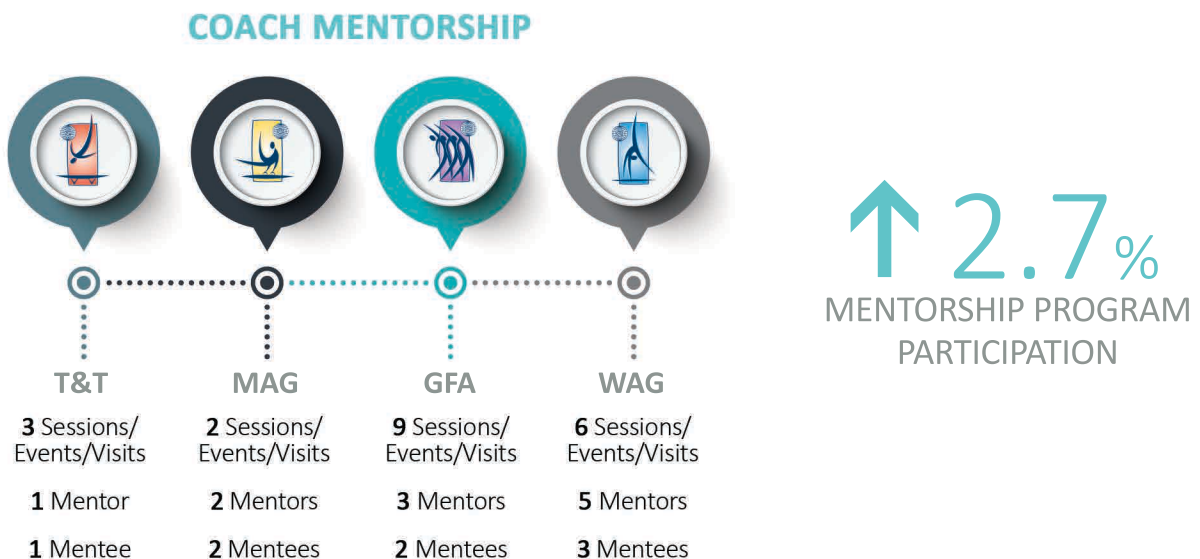
**Strategic Goal:** To provide clubs in Alberta the opportunity to continue to work together towards building strong, successful programs to continue increasing numbers of participants, as well as assisting in the development and sustainability of new clubs/programs.



# 2016–20 STRATEGIC PLAN YEAR 3 PROGRESS

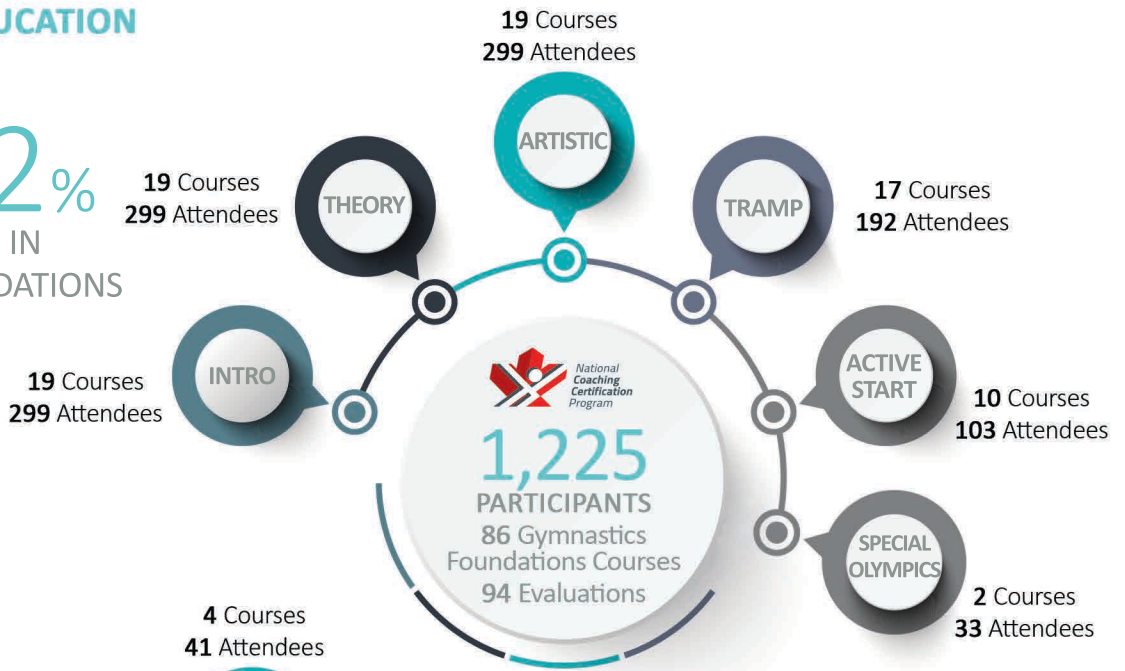
## Coaching & Judge Development & Leadership

**Strategic Goal:** To provide opportunities for coaches and judges to further their professional development; contribute to the retention of these coaches and judges for the long-term benefits of gymnastics in Alberta.



## NCCP COACH EDUCATION

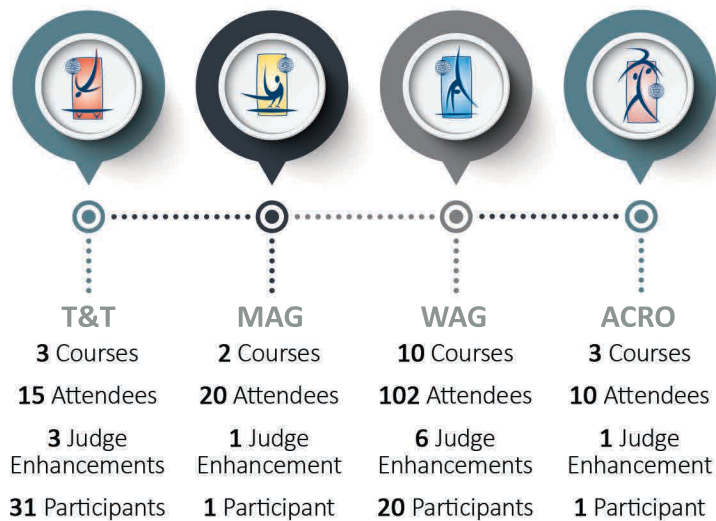
↑ **11.2%**  
PARTICIPATION IN  
GYMNASTICS FOUNDATIONS



↓ **23.1%**  
PARTICIPATION IN  
COMPETITION COURSES

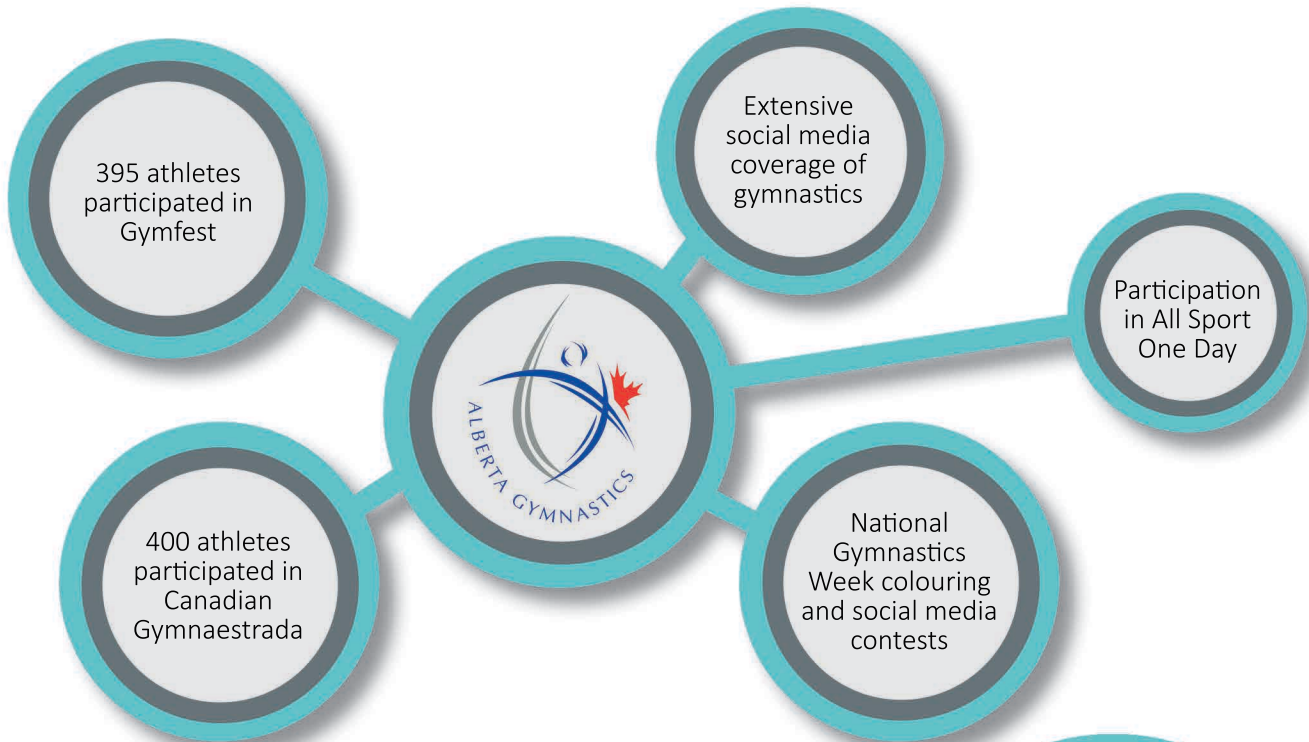
## JUDGING EDUCATION & LEADERSHIP

↑ **28.9%**  
PARTICIPATION IN  
JUDGING COURSES



# Gymnastics Awareness

**Strategic Goal:** To continue increasing the number of people participating in and enjoying gymnastics, through various strategies and platforms.





# Athlete Support & Leadership

**Strategic Goal:** To provide athletes and their parents/guardians additional information as it pertains to: community and sport science services, personal development, career development, and academic opportunities.

## ATHLETE TRAINING & COMPETITION

↑ **43.4%**  
ATHLETE  
PARTICIPATION



## AGF ENHANCEMENT FUNDING



↓ **6.0%**  
INDIVIDUALS  
SUPPORTED

\$100,000 was allocated to the AGF Enhancement Fund. 84 athletes and 30 coaches received funding.

25 athletes named to the Gymnastics Canada National Team.

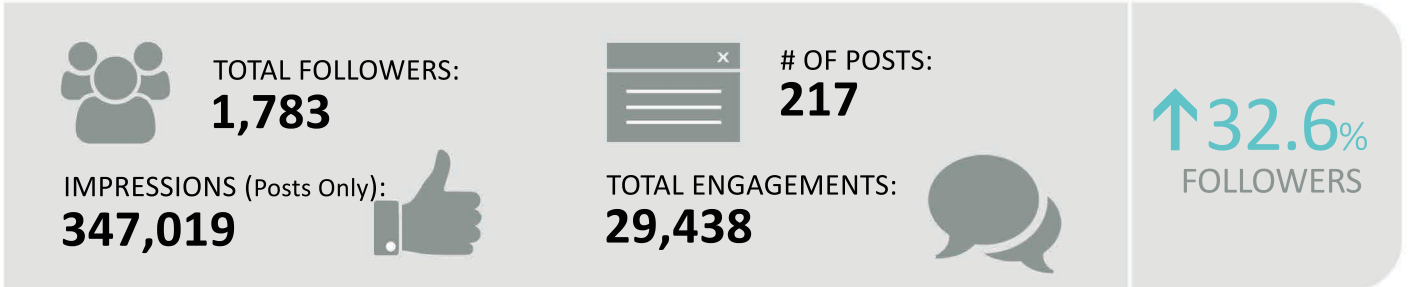
13 Teams received funding for Canadian Gymnaestrada.

**24 athletes**  
named to the  
Gymnastics  
Canada  
National  
Team.

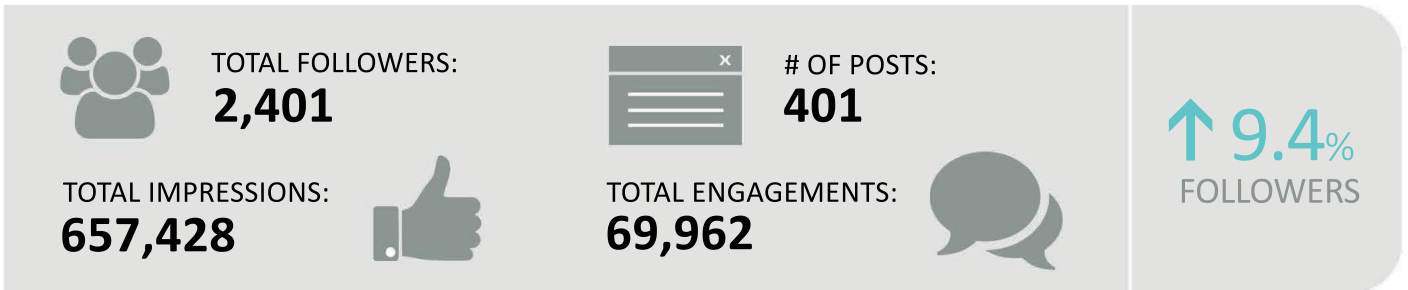
# Communication & Social Media

DATE RANGE: July 1, 2017 – June 30, 2018

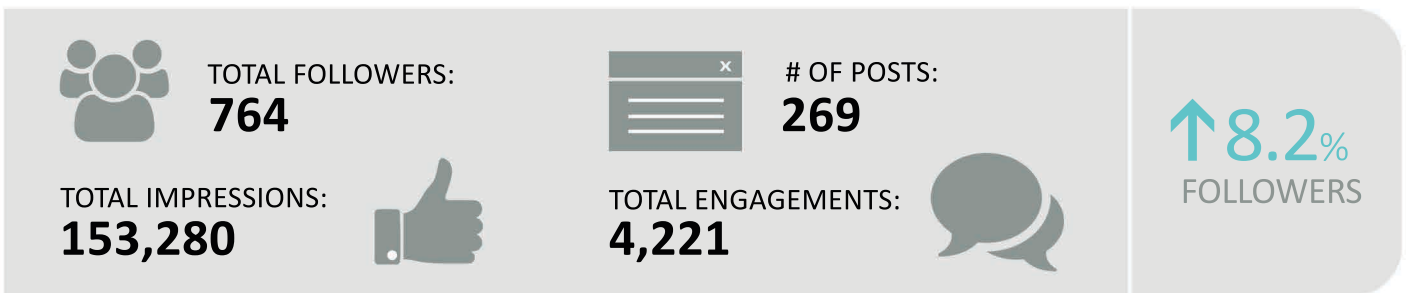
**INSTAGRAM** \*Instagram Story posts not captured in the stats below. Not available for full year.



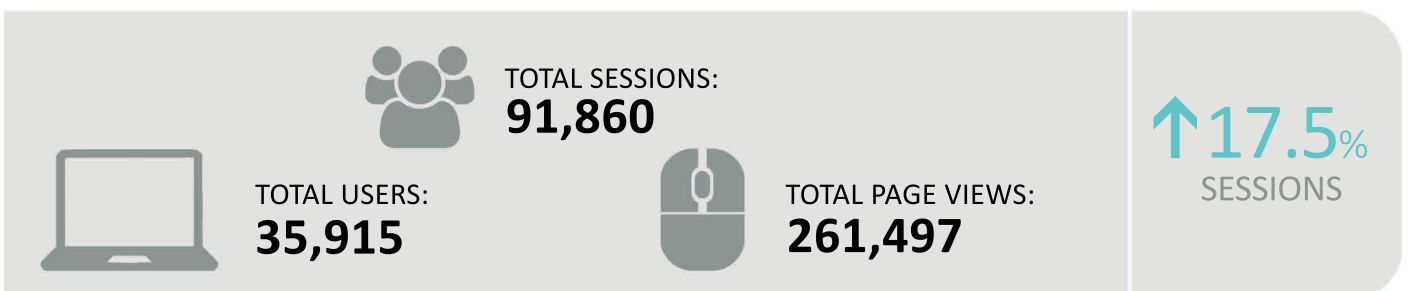
## FACEBOOK



## TWITTER



## WEBSITE | [ABGYM.AB.CA](http://ABGYM.AB.CA)





# UPDATES BY PROGRAM



# GYMNASTICS FOR ALL

Throughout the 2017-2018 season, there were many highlights in the Gymnastics For All (GFA) program from varying events and developments in our current programs.

The season kicked off with Rec Retreat. Coaches, presenters, and members of the GFA Committee met from across the province at Pine Valley to learn, laugh, and recharge over a weekend of activities and workshops. 22 coaches came together over learning opportunities in the gym that could be applied in their own programs. They also connected over social activities including a campfire under the stars.

AGF's annual Awards Gala took place on October 14, 2017 at the River Cree Resort & Casino in Edmonton. The GFA community celebrated a record number of award recipients, with 9 CANGYM Gold Badges, 7 Exceptional Athletes, 13 Outstanding Coaches, 7 Volunteers, and 3 Performance Groups.

Through the mentorship program, 2 aspiring career coaches expanded their skills in conjunction with the expertise of other coaches around Alberta. Positive reviews were shared from both mentors and mentees, as the value of learning from each other's experiences was consistently maintained.

Gymfest's theme of "Blast Into The Future" successfully launched from May 12-13 at the Saville Centre in Edmonton, where 395 athletes and 59 coaches participated in 29 performances and 8 workshops. Canadian Gymnaestrada followed from June 28-July 1 with 400 athletes and 41 coaches from Alberta celebrating their interpretations of "Diversity Through Movement" in performances that took place in Richmond, BC's Olympic Oval and outdoors during Steveston Village's Salmon Festival.

The first phase of the revitalized CANGYM program was piloted in the Spring of 2018, in which the Core Fundamentals curriculum was covered. The technical team is working to provide additional curriculum to pilot clubs and is looking to run an Active Start pilot phase in January 2019. CANJUMP has also been in the process of being updated and is set to be completed and in circulation near the end of 2018.

AGF's social media presence has continued expanding to help profile the sport and maintain ongoing communication and transparency with members. Instagram, Facebook and Twitter have all seen steady growth in followers, reach and engagement.

To all the staff, committee members, coaches, parents, and supporters, AGF would like to formally thank you for everything you do for the GFA community. The positive learning environment we provide for children would not be possible without all your efforts.



# ACROBATIC GYMNASTICS

It was another great year for Acrobatics in Alberta with growth in membership, participation and local events. Our growth was most notable at this year's Provincial Championships where we had a full judging panel. Alberta athletes from Calgary Acro were also the first Acro athletes from Canada to ever place in the top 4 at a World Championships with this year's event taking place in Belgium.

## Clubs

Alberta clubs with an astounding 121 registered athletes (an increase from 90 in 2016/17) offered competitive ACRO gymnastics programs.

## Training Opportunities

Alberta hosted an athlete training camp and coach's clinic with guest clinician Bethany Miller from England. Miller is the coach of European and World Champion Silver medalists and the youngest member of the Great Britain coaching team to attend both trips.

## Judging Courses

The Judging Technical Chair developed Alberta's first judging courses creating 5 new registered judges in the Province.

## International Competitions

Athletes from 4 Alberta clubs traveled to 4 international competitions this year; Las Vegas Acro Cup, Maia International Acro Cup (MIAC) in Portugal, World Championships in Belgium, and Pan American games in Daytona Beach, USA. Below are some highlights:

### Lauren Bligh, Camille Calvo and Emma Carlton (Calgary Acro)

- 2018 MIAC: Women's Group (12-18) – Silver
- 2018 World Championships: Women's Group (12-18) – 4<sup>th</sup>

### Ava Gokiert, Evalina Merkulov (Calgary Acro)

- 2017 Pan American Championships: Women's Pair (11-16) – Bronze

### Emma Connolly, Cassie Mann (CCGC)

- 2018 Las Vegas Acro Cup: Women's Pair (Youth) – Bronze

### Zoe Williams, Caleigh Trimming, Chloe Trimming (CCGC)

- 2018 Las Vegas Acro Cup: Women's Pair (Youth, Out of Age) – Bronze

### Janiya Ericson, Esra Erkut (CCGC)

- 2018 Las Vegas Acro Cup: Women's Pair (JO9) – Silver

### Blakely Basisty, Alejandra Sochocki (CCGC)

- 2018 Las Vegas Acro Cup: Women's Pair (Level 6) – Bronze

## Domestic Competitions

Alberta athletes competed in 7 competitions this year within Canada:

- **Gym Power Invitational** - Capital City Gymnastics Centre
- **Calgary Acro Fun Meet** - Calgary Acro
- **Strathcona Gym Challenge Acro Invitational** - Salto Gym Club
- **Provincial Championships** - 106 athletes (up from 88 in 2016/17) from 5 clubs took part at the 4<sup>th</sup> Provincial Championships held in conjunction with Artistic Provincials in Red Deer.
- **World Age Group Trials** - Airdrie Edge
- **Calgary Acro Palooza** - Calgary Acro
- **Ontario National Acro Cup** - Toronto, Ontario



# TRAMPOLINE & TUMBLING GYMNASTICS

The 2017-2018 season was a busy one for Alberta, including highlights such as hosting Canadians in addition to the usual 3 Cups and Provincials. Alberta also sent athletes, judges and coaches from Coast to Coast in Canada and around the world, including; the World Age Groups in Bulgaria, Portugal World Cup in Portugal, Pacific Rim Championships in Colombia, Indo Pacific Championships in New Zealand, Pan American Championships in Bolivia.

## Alberta Hosting for 2017 – 2018

- **2 Invitationals:** Cardston and Airborne
- **3 Provincial / National Cups:** Red Deer, Lethbridge and Grande Prairie
- **Provincial Championships:** Calgary
- **Canadian Championships:** Lethbridge

## Education/Training Camps for Athletes, Coaches and Judges in Alberta

- **Alberta Coaches & Judges Retreat:** Kananaskis
- **Tumbling Training Camp:** Airdrie Edge Gymnastics Club
- **National Trampoline and Canada Winter Games Training Camp:** Airdrie Edge Gymnastics Club
- **Western Canada Cup AB Training Camp:** Calgary Gymnastics Centre
- **Canada Winter Games Training Camp:** Thunder Country Trampoline

## Competitions and Training Opportunities

- **Canada Cup:** Montreal, QC | 9 Alberta clubs participated with athletes earning 20 medals.
- **Western Canada Cup:** Regina, SK | Team Alberta earned 9 individual medals and 4 team medals.
- **Canadian Championships:** Lethbridge, AB | 68 members attended and earned 26 individual medals and 6 team medals.

## F.A.S.T.

The F.A.S.T. (Foundational Acrobatic and Strength Testing) program is for our pre-competitive athletes. The program has seen continued growth with half of Alberta clubs participating and over 100 registered athletes. 3 F.A.S.T. events and one F.A.S.T. camp / coaching clinic were hosted.

## Judging

Alberta had 58 registered judges in 2017-2018, which is up by four from last year.



# TRAMPOLINE & TUMBLING GYMNASTICS

## 2018 Canadian Championship Highlights

### Men

<b>Zach Blakely</b>   Thunder Country			TRS (Senior)
<b>Rylan Bond</b>   Grande Prairie Gymnastics		TUM (L5 15U)	
<b>Roman Carlson</b>   Calgary Gymnastics Centre		TRA (Junior)	DMT (L6 17U)
<b>Tyler Champagne</b>   Calgary Gymnastics Centre	DMT (L6 18+)		
<b>Antonio Fernandes</b>   Calgary Gymnastics Centre	DMT (L6 17U)	TUM (Junior)	
<b>Ashton Henfrey</b>   Thunder Country Trampoline			TRS (Senior)
<b>Keegan Soehn</b>   Thunder Country Trampoline		TRA (Senior)	
<b>Kyle Soehn</b>   Thunder Country Trampoline			TRA (Senior)
<b>Adam Stannard</b>   Phoenix Gymnastics Centre	TUM (L6)		
<b>Kennedy Stepien</b>   Calgary Gymnastics Centre		TUM (L5 15U)	
<b>Callum Sundquist</b>   Ortona		DMT (Sr.)   TUM (Sr.)	
<b>Artur Troyan</b>   Exelta Gymnastics Club	TUM (L5 15U)	DMT (Junior)	
<b>TEAM</b>	TRA & TUM	DMT	

### TOTAL MEDALS

6 GOLD

9 SILVER

4 BRONZE

### Women

<b>Kailyn Arndt</b>   Ortona		TRA (L6 17U)	
<b>Alexandra Boucher</b>   Calgary Gymnastics Centre		TRS (L5)	
<b>Alexandra Forest</b>   Phoenix Gymnastics Centre			DMT (Sr.)   TUM (Sr.)
<b>Abby McCaig</b>   Calgary Gymnastics Centre	DMT (L6 17U)		TRA (L6 17U)
<b>Emma Payne</b>   Phoenix Gymnastics Centre	TUM (L6)		
<b>Loami Rautenbach</b>   Exelta Gymnastics Club		DMT (L5 16U)	
<b>Abby Thompson</b>   Calgary Gymnastics Centre	DMT (L5 16U)		
<b>TEAM</b>	TRA & DMT & TUM		

### TOTAL MEDALS

6 GOLD

3 SILVER

3 BRONZE

#### What do the acronyms stand for?

- DMT – Double Mini Trampoline
- TRA – Trampoline
- TRS – Synchronized Trampoline
- TUM – Tumbling



# WOMEN'S ARTISTIC GYMNASTICS

The 2017-2018 competitive season has been a very busy yet successful season for our WAG program. The women's program continues to grow and improve within our province and the country. Some highlights include; growing developmental and competitive numbers through the Junior Olympic (JO) Program, more coaches obtaining certification at all levels, strong representation of Alberta Teams at Westerns and Canadians, and additional judges moving into the National and Brevet Systems.

## Clubs

50 clubs are now registered in the AGF Women's Competitive Program.

## Training Camps

AGF hosted 2 JO training camps this year and the Canadians Team Training Camp. Expert Coaches from across Alberta came to present at the JO camps. The JO 1-3 Camp was an overnight camp hosted at the Pine Valley Gymnastics Centre and the JO 5-8 Camp was a day long camp hosted at Artistique Gymnastics in Lacombe. The Alberta Teams attending Canadians trained together at the Calgary Gymnastics Centre over a 2-day training camp before Canadians.

## Judge Development

Alberta registered 73 judges this season from Brevet to Compulsory judges. We offered 8 provincial level judging courses as well as a FIG course. In addition, we offered 2 Head Judging courses and 2 Ethics in Judging Courses. Another focus was on providing professional development opportunities for the judges.

## Elite Canada Highlights

**Kyra Cato** (Calgary Gymnastics Centre)

- All Around – Bronze

**Marisa DeGroot** (Calgary Gymnastics Centre)

- Balance Beam – Gold

**Ilka Juk** (Calgary Gymnastics Centre)

- Uneven Bars, Balance Beam, Floor – 3 X Bronze

**Sophia King** (Calgary Gymnastics Centre)

- Balance Beam – Silver

**Malayna Ramos** (Stampede City Gymnastics Club)

- Floor – Bronze

## Competitions

- **Elite Canada:** Quebec City, QC  
11 Alberta athletes attended.
- **Northern Zones/Trials to Westerns:** Edmonton, AB  
Hosted by Capital City Gymnastics Centre. Over 500 athletes attended in JO 3-10 and Aspire.
- **Southern Zones:** Calgary, AB  
Hosted by Altadore Gymnastics Club. Over 300 athletes attended in JO 3-7.
- **Provincial Championships:** Red Deer, AB  
Hosted by AGF in partnership with Exelta Gymnastics Club. Nearly 400 athletes from JO 5-10, Aspire, and High Performance competed.
- **Western Canadian Championships:** Spruce Grove, AB  
Hosted by AGF in partnership with Aerials Gymnastics. 45 athletes competed and won 5 Team Gold medals and 1 Team Silver medal.
- **Canadian Championships:** Waterloo, ON  
29 athletes competed and won 2 Team Gold medals.
- **Team Excel:** Paris, France  
Alberta sent 12 High Performance athletes, 5 High Performance coaches, 1 mentorship coach and 1 judge to the Coupe Internationale in Combs-La-Ville.





# WOMEN'S ARTISTIC GYMNASTICS

## Canadian Championship Highlights

### Women's Artistic Athletes

<b>Lea Atangana</b>   Stampede City Gymnastics Club   JO 10 (12-15yrs)	VT UB AA	FL
<b>Reese Grolla</b>   Calgary Gymnastics Centre   JO 9		UB
<b>Alexandra Keats</b>   Capital City Gymnastics Centre   JO 10 (12-15yrs)		UB
<b>Sophia King</b>   Calgary Gymnastics Centre   High Performance		FL
<b>Avery McCoy</b>   Norfort Gymnastics Association   JO 9		UB BB
<b>Orlia Ngomsi</b>   Champions Gymnastics   JO 9	UB BB AA	
<b>Madison Tansowny</b>   Calgary Gymnastics Centre   JO 10 (12-15yrs)	UB	AA
<b>Bryn Topham</b>   Calgary Gymnastics Centre   High Performance		BB
<b>TEAM</b>	JO 9   JO 10 (12-15yrs)	



### TOTAL MEDALS (Canadians)

9 GOLD

3 SILVER

5 BRONZE

## Western Canadian Championship Highlights

<b>Lea Atangana</b>   Stampede City Gymnastics Club   JO 10 (12-15 yrs)		FL	VT
<b>Addison Bechard</b>   Stampede City Gymnastics Club   Aspire 1		UB	
<b>Samantha Blair</b>   Champions Gymnastics   Aspire 1			BB
<b>Amelie Boudreault</b>   Pegasus Gymnastics   JO 9 (14+ yrs)	FL		VT
<b>Isabel Campbell</b>   Horizon Gymnastics Club   JO 8	BB	AA	
<b>Devyn Carter</b>   Capital City Gymnastics Centre   Aspire 2		UB	AA
<b>Abigail Diamond</b>   Calgary Gymnastics Centre   JO 10 (12-15 yrs)	FL	BB	
<b>Emmah Dorey</b>   Capital City Gymnastics Centre   JO 9 (14+ yrs)	FL		AA
<b>Amelia Gauvin</b>   Pegasus Gymnastics   JO 8	UB	FL AA	VT
<b>Delaram Ghasemi</b>   Norfort Gymnastics Association   Aspire 1	BB FL	UB AA	VT
<b>Reese Grolla</b>   Calgary Gymnastics Centre   JO 9 (11-13yrs)	AA	UB	BB
<b>Jamie Kaplan</b>   Capital City Gymnastics Centre   JO 10 (12-15 yrs)	BB	AA	
<b>Jaime Lister</b>   Calgary Gymnastics Centre   JO 10 (16+ yrs)	FL AA		BB
<b>Ricki Manahan</b>   Capital City Gymnastics Centre   JO 9 (11-13yrs)		BB	FL AA
<b>Nusha Mannani</b>   Capital City Gymnastics Centre   JO 9 (14+ yrs)		UB	
<b>Abby McCoy</b>   Norfort Gymnastics Association   JO 8			BB
<b>Zaria Olanrewaju</b>   Stampede City Gymnastics Club   Aspire 1	VT UB AA		BB FL
<b>Olivia Pfister</b>   Canmore Illusions Gymnastics Club   JO 9 (11-13yrs)	FL	AA	
<b>Teagan Rombough</b>   Precision Gymnastics Association   JO 8		FL	AA
<b>Savannah Sederski</b>   Champions Gymnastics   JO 9 (11-13yrs)	BB		UB
<b>Tatum Sholdice</b>   Stampede City Gymnastics Club   Aspire 1		BB FL	VT AA
<b>Keara Slimmon</b>   Exelta Gymnastics Club   JO 9 (14+ yrs)			UB
<b>Madison Tansowny</b>   Calgary Gymnastics Centre   JO 10 (12-15 yrs)			BB
<b>Kira Tardif</b>   Pegasus Gymnastics   JO 10 (16+ yrs)		AA	
<b>Mila Tresidder</b>   Canmore Illusions Gymnastics Club   JO 8	VT		AA
<b>Hailey White</b>   Capital City Gymnastics Centre   JO 8	UB FL AA		
<b>Callie Zacharias</b>   Mountain Shadows Gymnastics Club   JO 9 (14+ yrs)	VT		FL
<b>TEAM</b>	Aspire 1 JO 10 (12-15) JO 9 (14+) JO 9 (11-13) JO 8	JO 10 (16+)	

### TOTAL MEDALS (Westerns)

25 GOLD

19 SILVER

22 BRONZE

What do the acronyms stand for? AA - All Around BB- Balance Beam FL- Floor UB- Uneven Bars VT - Vault

# MEN'S ARTISTIC GYMNASTICS

The 2017-2018 competitive season was a busy year for the MAG program in Alberta, with athletes, coaches and judges attending many local events. The year was spent mostly on our domestic competitions and training camps. There were 319 (up approx. 59 from last year) total registered athletes; 286 in the Provincial Pathway, 33 in the Elite Pathway.

## Clubs

16 Alberta clubs are registered with AGF with a men's competitive gymnastics program.

## Judging Courses

Alberta had a total of 23 active judges in the province including 5 FIG judges. 2 webinar-based courses – developed by Jamie Ellacott – were offered this year; one entry level course with 8 participants, and one regional level course with 5 participants.

## Provincial Pathway

The provincial program was busy with 6 invitational meets across the province, as well as Provincial Championships in Red Deer and Western Canadian Championships in Spruce Grove, Alberta. A Provincial and Elite level training camp was hosted at Gymtastics in Calgary with 67 participants. A Canada Winter Games training camp was also hosted at the Calgary Gymnastics Centre for prospective Alberta athletes of the 2019 Games.

## National Team

Alberta had 2 athletes on the Senior National Team.

## International Competitions

**Jackson Payne** (Calgary Gymnastics Centre)

- Senior National Team Member
- Canadian Championships
  - All Around – Silver
  - Parallel Bars – Silver
  - Horizontal Bar – Bronze
- Elite Canada
  - All Around – Silver
  - Parallel Bars – Silver
  - Pommel Horse – Bronze
- World Cup Tokyo
- Commonwealth Games
  - Team – Silver
- World Championships Montreal
- UCIC – Team Member

## Elite Pathway

There were approximately 33 athletes in the Elite Stream Pathway; many participated in invitational's, training camps and provincial trials ranging from GymPower in Edmonton and the U of C International Cup in Calgary to Canadians, Westerns and Provincial Championships.

## Domestic Competitions

- **Elite Canada:** Quebec City, QC  
11 Seniors from 2 different clubs attended.
- **Provincial Championships:** Red Deer, AB  
Hosted by AGF in partnership with Exelta Gymnastics Club. 208 Provincial and Elite stream athletes took part (up by 48 compared to last year).
- **Western Canadian Championships:** Spruce Grove, AB  
Hosted by AGF in partnership with Aerials Gymnastics. 34 athletes competed and won 2 Gold medals in the Team events, 2 Gold and 3 Silver in the All Around, and 27 medals in event finals.
- **Canadian Championships:** Waterloo, ON  
18 athletes competed and won 3 Gold and 4 Silver medals.



# MEN'S ARTISTIC GYMNASTICS

## Canadian Championship Highlights

### Men's Artistic Athletes



<b>Addyson Cheladyn</b>   Capital City Gymnastics Gymnastics Centre   Open	AA FL PB	PH	
<b>Jackson Payne</b>   Calgary Gymnastics Centre   Senior		AA PB HB	
<b>Elijah Thompson</b>   Calgary Gymnastics Centre   Junior			VT
<b>TOTAL MEDALS (Canadians)</b>	<b>3 GOLD</b>	<b>4 SILVER</b>	<b>1 BRONZE</b>

## Western Canadian Championship Highlights

<b>Ernest Braitenbach</b>   U of C Gymnastics Club   Elite 3	PB	HB	AA
<b>Nathan Broughton</b>   Gymtastics Gym Club   Elite 4	FX		VT
<b>Michael Caulfield</b>   Capital City Gymnastics Centre   Provincial 4	VT	HB AA	
<b>Theo Freeman</b>   Calgary Gymnastics Centre   Elite 3		PH	
<b>Parker Gawryletz</b>   U of C Gymnastics Club   Provincial 4	FX		AA
<b>Isaac Gosine</b>   Ortona Gymnastics Club   Provincial 4		PH	
<b>Evan Hachey</b>   U of C Gymnastics Club   Elite 4			FX
<b>Ryan Houser</b>   Gymtastics Gym Club   Elite 3	SR VT		PH
<b>Jackson Lowe</b>   West Wind Gymnastics Club   Open	PB		PH AA
<b>Joshua Mah</b>   Capital City Gymnastics Centre   Provincial 5		SR	VT
<b>Brendan Ng</b>   Gymtastics Gym Club   Elite 4	SR	AA	HB
<b>Mattias Radke</b>   Calgary Gymnastics Centre   Elite 3	AA PH HB	VT PB	
<b>Gabriele Romano</b>   Calgary Gymnastics Centre   Provincial 5	VT	AA	SR
<b>Aidan Sawatzky</b>   Calgary Gymnastics Centre   Provincial 5	PH		
<b>Tomas Scaber</b>   Capital City Gymnastics Centre   Provincial 5	FX		AA HB
<b>Kolton Schwietz</b>   Calgary Gymnastics Centre   Provincial 4		PB	
<b>William Tamura</b>   Ortona Gymnastics Club   Provincial 5		PH VT	
<b>Juan Trujillo</b>   Capital City Gymnastics Centre   Provincial 5	AA SR PB		FX
<b>Rylan Wagner</b>   Pine Valley Gymnastics Centre   Provincial 4	SR	VT	
<b>Team</b>	Elite 3   Provincial 5		

<b>TOTAL MEDALS (Westerns)</b>	<b>20 GOLD</b>	<b>14 SILVER</b>	<b>13 BRONZE</b>
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### What do the acronyms stand for?

- AA – All Around
- SR- Still Rings
- VT - Vault
- FX- Floor Exercise
- PB- Parallel Bars
- HB- Horizontal Bar
- PH- Pommel Horse



# FINANCIALS

Revenue				
	2017 – 2018		2016 – 2017	
Administration	\$15,888.79	0.5%	\$13,652.61	0.5%
Fund Development	\$2,068,629.40	64.8%	\$2,022,987.39	66.9%
Recreation Development	\$52,498.71	1.6%	\$2,870.71	0.1%
Acrobatic Program	\$6,745.27	0.2%	\$12,996.42	0.4%
Trampoline & Tumbling Program	\$178,050.34	5.6%	\$47,220.01	1.6%
Women's Program	\$98,879.91	3.1%	\$103,451.35	3.4%
Men's Program	\$40,334.04	1.3%	\$53,804.67	1.8%
NCCP	\$158,855.35	5.0%	\$169,251.22	5.6%
Events	\$161,298.95	5.1%	\$215,051.27	7.1%
Games	\$37,479.11	1.2%	\$9,703.60	0.3%
Other (Comms/Insurance/Enhancement)	\$375,316.63	11.8%	\$371,102.96	12.3%
<b>TOTAL</b>	<b>\$3,193,976.50</b>	<b>100%</b>	<b>\$3,022,092.21</b>	<b>100%</b>

Expenses				
	2017 – 2018		2016 – 2017	
Administration	\$1,025,214.10	32.7%	\$922,411.39	33.1%
Fund Development	\$422,885.23	13.5%	\$404,405.82	14.5%
Recreation Development	\$76,574.19	2.4%	\$30,343.23	1.1%
Acrobatic Program	\$24,003.62	0.8%	\$25,881.61	0.9%
Trampoline & Tumbling Program	\$276,575.63	8.8%	\$90,123.96	3.2%
Women's Program	\$208,169.70	6.6%	\$209,841.01	7.5%
Men's Program	\$91,055.29	2.9%	\$103,600.61	3.7%
NCCP	\$159,466.09	5.1%	\$126,814.16	4.6%
Events	\$256,082.52	8.2%	\$344,543.98	12.4%
Games	\$42,415.27	1.4%	\$13,414.26	0.5%
Other (Comms/Insurance/Enhancement)	\$555,489.37	17.7%	\$514,500.45	18.5%
<b>TOTAL</b>	<b>\$3,137,931.01</b>	<b>100%</b>	<b>\$2,785,880.48</b>	<b>100%</b>

# OUR TEAM

## BOARD OF DIRECTORS

**KATIE BIBERDORF**, Chairperson  
**MAYA PATRIE**, Director and Interim Vice-Chair  
**MARTHE DESMARAIS-MOEN**, Director  
**INGRID MEGER**, Director  
**JACK PAYNE**, Director  
**KIM SHORE**, Director  
**CASSIE ALLEN**, Acrobatics Technical Chairperson  
**TRAVIS OXLEY**, Men's Technical Chairperson  
**BRADY SPENCER**, Women's Technical Chairperson  
**ERAN SILBERG**, T&T Technical Chairperson  
**KELLY WILLS**, Gymnastics For All Chairperson

## STAFF

**SCOTT HAYES**, President & CEO  
**KAREN BERESNAK**, Assistant, Women's Artistic Program  
**CASSIE CROOK**, Program Support  
**JACQUELINE ESCOBAR**, Manager Online Systems  
**CAROLYN FOSTER**, Coordinator, Women's Artistic Program  
**BOBBY KRIANGKUM**, Manager, Membership Engagement & Gymnastics For All  
**JOANNA LOW**, Manager, Membership & Finance  
**ROBIN MCDOUGALL**, Manager, Special Events & Partnerships  
**GINA PEAKE**, Manager, Education  
**KEVIN QUON**, Coordinator, Men's Artistic Program, Trampoline & Tumbling Program, and Sport Acrobatics Program  
**ANNA ROGERS**, Manager, Communications & Marketing



## COMMITTEE MEMBERS

### Acrobatic Technical Assembly

**CASSIE ALLEN**, Technical Chair  
**STEVIE PEARSON**, Judging Chair

### Gymnastics For All

**KELLY WILLS**, Chair  
**KAYLA BONNELL**, Coordinator  
**BRANDI HOWE**, Coordinator  
**BRENDA KROSSA**, Coordinator  
**CAITLYN REID**, Coordinator

### Men's Technical Assembly

**TRAVIS OXLEY**, Technical Chair  
**MARK HEIDERICH**, Judging Chair  
**JONG PARK**, Provincial Stream Representative

### Trampoline & Tumbling Technical Committee

**ERAN SILBERG**, Chair  
**JANELLE DESMARAIS-MOEN**, Coaching Chair  
**JESSICA WALPER**, Judging Chair  
**TRISH QUINNEY**, Member at Large  
**ALLISON LOCKHART**, Member at Large

### Women's Program Committee

**BRADY SPENCER**, Chair  
**SHERI WILSON**, WJC Chair  
**AMY MILLER**, Developmental Representative  
**NANCY LUTTRELL**, Provincials Representative  
**KELLY KELSO**, Westerns Representative  
**KATIE CASTLE**, Canadians Representative  
**DAVID HOLMES**, High Performance Representative

### Women's Program Judging Committee

**SHERI WILSON**, Chair  
**DEANNA CRITCHLEY**, Provincial Representative  
 **AISLINN MCVITTIE**, Provincials Representative  
**MARAE JUSKA**, National Representative  
**KATY YOUNGER**, National Representative

# CALENDAR OF EVENTS

## 2018

Date	Event	Location	Discipline
Oct. 21	Training Camp for Junior Olympic Levels 1- 5	Wetaskiwin, AB	WAG
Oct. 21	Training Camp for Junior Olympic Levels 1- 5	Canmore, AB	WAG
Oct. 27 – 28	Training Camp for Junior Olympic Levels 6- 8	Tawatinaw, AB	WAG
Nov. 2 – 4	Training Camp for Junior Olympic Levels 5 – 7 Training Camp for Provincial Level	Calgary, AB Airdrie, AB	ACRO T&T
Nov. 11 – 19	Elite Gym Massilia (AB Team Excel Event)	Marseille, France	WAG
Nov. 23 – 25	Training Camp for Junior Olympic Levels 8+	Calgary, AB	ACRO
Dec. 2	Selection Event for Canada Winter Games & Team Excel	Red Deer, AB	T&T
Dec. 8 – 9	Trials to Canada Winter Games	Calgary, AB	MAG
Dec. 14 – 16	Trials to Canada Winter Games	Calgary, AB	WAG

## 2019

Date	Event	Location	Discipline
Jan. 17 – 20	Dallas Cup (AB Team Excel Event)	Dallas, USA	T&T
Jan. 18 – 20	CWG Trampoline Camp & National Level DMT Camp	Tawatinaw, AB	T&T
Jan. 30 – Feb. 3	Elite Canada	Gatineau, QC	WAG
Feb. 15 – 28	Canada Winter Games	Red Deer, AB	WAG   T&T   MAG
Feb. 16 – 17	Spruce Moose Invitational / Trials to Westerns	Spruce Grove, AB	MAG
Feb. 28 – Mar.3	Strathcona Gym Challenge / Trials to Westerns & Canadians	Sherwood Park, AB	MAG
Mar. 14 – 17	U of C International Cup / Trials to Westerns & Canadians	Calgary, AB	MAG
Mar. 22 – 24	Southern Zones / Trials to Westerns	Wetaskiwin, AB	WAG
Mar. 29 – 31	Northern Zones	Edmonton, AB	WAG
Apr. 5 – 7	Junior Olympic Levels 3- 5 Compulsory Championships	Medicine Hat, AB	WAG
Apr. 12 – 14	Artistic Provincial Championships / Trials to Canadians Acro Provincial Championships	Edmonton, AB	WAG   MAG ACRO
Apr. 25 – 28	Western Canadian Championships	Saskatoon, SK	WAG   MAG
May 2 – 5	Canada Cup	Calgary, AB	T&T
May 10 – 12	Trampoline & Tumbling Provincial Championships	Calgary, AB	T&T
May 21 – 26	Canadian Championships	Ottawa, ON	WAG   MAG
June 13 – 16	Western Canada Cup	Grande Prairie, AB	T&T

**ACRO** – Acrobatic Gymnastics

**GFA** – Gymnastics For All

**T&T** – Trampoline & Tumbling

**MAG** – Men’s Artistic Gymnastics

**WAG** – Women’s Artistic Gymnastics

**Note:** The events listed above only include those that will be hosted by the Alberta Gymnastics Federation and/or Gymnastics Canada and had dates and locations confirmed on or before Sept. 30, 2018.

# SPECIAL THANKS TO OUR PARTNERS



