



ALBERTA GYMNASTICS FEDERATION
**MEMBERSHIP & INSURANCE
HANDBOOK**
2020 - 2021



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Overview: Alberta Gymnastics Federation

The Alberta Gymnastics Federation (AGF) is an organization comprised of Gymnastics For All and Competitive clubs throughout Alberta. AGF exists to provide support and services to the member clubs. The member clubs “are” AGF.

Mission Statement

AGF is dedicated to developing gymnastics and its values by encouraging participation, growth, and personal success for everyone.

Business Statement

The business of AGF is to bring together the resources required to achieve its mission, in affiliation with its partners. This includes, but is not limited to, human resources, financial resources, programs and facilities.

Values and Belief Statements

AGF believes that gymnastics should be a positive experience for all and that every member is entitled to a safe and respectful sporting environment.

AGF values honesty and integrity as demonstrated through:

- Teamwork and cooperation, and the fostering of respect for and compliance with guidelines, regulations and rules.
- Mutual respect among athletes, coaches, judges, clubs, programs, administrators and volunteers.

The AGF values equitable access to opportunities for personal success and development. AGF values the fun, fitness and fundamentals of gymnastics and the pursuit of excellence.

Goal Statement

1. More people participating in and enjoying gymnastics.
2. To achieve Olympic podium performances.
3. Inspire athletes to achieve personal success.
4. More partners building gymnastics.

Mandate

As a not-for-profit, volunteer-directed agency, AGF functions on behalf of its member clubs to coordinate activities and programs that contribute to the development of gymnastics.

The primary activities of AGF include:

- **Participation Development**
Enhancing and expanding membership by encouraging more people to participate in gymnastics.
- **Athlete/Leadership Development: Acro, Gymnastics for All, Men's Artistic, Trampoline & Tumbling, and Women's Artistic**
 - Enhancing the level of athlete and coaching development programs to allow all levels of athletes to reach their personal best.
 - Expanding the coaching development to produce a higher number of certified/skilled coaches.
 - Expanding the judging development to produce highly skilled judges.
- **Membership Development**
Continue to be leaders of a safe and enjoyable sport that benefits everyone.
- **Services & Resources**
 - Expanding the market thrust of AGF to meet the challenges of greater self-sufficiency in developing the growth of the sport.
 - Continue to develop communication with our members through social media, email, website, town halls, workshops, brochures, and committee/assembly meetings.
 - Maintain strong organizational and financial controls to ensure the longevity of the organization.
- **Operations**
As a volunteer-directed, Not-for-Profit agency, AGF functions under the guidance of an elected Board of Directors. The Board is responsible for determining the strategic priorities of the Federation and identifying primary organizational objectives that arise from those priorities. Responsibility for achieving objectives and conducting the day-to-day business of the Federation is assigned to the staff.

Membership Benefits

The primary role of AGF is to provide administrative support in the development and delivery of programs and competitions in Acrobatic Gymnastics, Gymnastics For All, Men's Artistic Gymnastics, Women's Artistic Gymnastics, Trampoline and Tumbling, National Coaching Certification Programs, National Judging Programs and event hosting.

AGF is comprised of member clubs throughout the province, and its office has two general areas of responsibility. The first is the coordination of gymnastics activities that are provincial in nature such as leadership development, Gymnastics For All and competitive programs. The second is providing services and support to clubs that particularly would not otherwise be available.

The following is a list of some of the advantages that a club receives from being a member of AGF.

Joining Alberta's Gymnastics Community: Becoming a member of AGF places you within a community of over 65 clubs across Alberta. Our members are what creates AGF, and in doing so, are empowered to provide input on operation and policy development, vote at Annual General Meetings, or become a member of AGF's Board of Directors.

Club Support: AGF is staffed with a team of individuals who take pride in the development of the sport of gymnastics and providing support to clubs and their programs. With the options for clubs to contact the AGF office online, over the phone or in-person, club support can be received in a variety of ways.

Safe Sport: Participant safety is one of AGF's top priorities. Policy and process creation, comprehensive coach and volunteer screening processes, member education, and community engagement are the ways that AGF strives to create a safe and positive learning environment.

Insurance Coverage: AGF provides an insurance policy to protect its members and clubs via a general liability (\$5M), sports accident, and errors and omissions liability (\$1M) policy.

Coach Development: The standards AGF sets for its coaches provide a baseline component for clubs to strive towards quality programming. AGF hosts a variety of NCCP training courses for each of our programs and provides member pricing to all AGF members who participate in these courses. AGF's Education Manager is also available to assist with providing support for your club's education needs.

Athlete Development: As a member of AGF, you will be granted access to resources and events for both Gymnastics For All and Competitive Programs, ranging from an invitational to a national level. AGF's Program Managers are also available to assist with providing support to each of AGF's programs. AGF also subsidizes travel expenses and training opportunities for athletes, coaches, and officials for sanctioned events.

Online Service Support: AGF has partnered with Amilia, which is an online registration software, to streamline and simplify data processing within your organization. In conjunction with Amilia's online support, AGF's Online Systems Manager is also available to provide in-person initial training and ongoing support for your club and users upon request. AGF has also partnered with Document Genius, which is a program that clubs may use to securely store documents such as Release of Liability or PIPA forms online.

Community Engagement: As an AGF member, you are entitled to share your club's information on AGF's website, as well as post any positions or equipment listings you may want to seek or sell. You will also have access to various grants and fundraising initiatives (including AGF's sponsored Casino) and the opportunity to request letters of support for third-party fundraising/grant opportunities, which can provide direct benefit to your club. To access these services or for more information, please contact the AGF office.

Events: AGF hosts a variety of events that caters to those who are involved in the sport from a participant, coach, administrator, or parent perspective. These events include sanctioned competitions, performances, conferences, and seminars, which contribute to the development and celebration of gymnastics.

Event Coverage: Recognizing the time and effort that participants and their coaches put into their training, AGF's Communications and Marketing Manager facilitates on-site social media coverage at AGF sanctioned events to highlight the successes of all participants and their coaches.

Note: Due to Covid restrictions, this will look different for the 2020-2021 season.

Business Consultation Resources: AGF has partnered with 3rd Level Consulting to further enhance the services that our member clubs can provide by granting access to 3rd Level Consulting's online platform. Benefits include access to online resources, webinars, RiskAssure (risk management application), and consultation opportunities.

Membership Format Summary

The AGF membership format has been designed to ensure that equity exists in the fees that are presented to member clubs. In order to achieve fairness, the fees owed by clubs are determined by:

1. The number of programs offered by the club.
2. The total number of participants registered by the club.

It is mandatory for clubs to register all participants and coaches in the appropriate category for each season, as failure to register participants places a participant and the club at risk of not receiving insurance coverage if an unregistered participant is injured. Please note that participants registered as Gymnastics For All, but training under competitive guidelines is NOT permitted.

It is also the responsibility of the club to ensure that all participants and coaches are also required to complete a Release of Liability and PIPA form, which can be stored either via hard copy, digitally on software that meets all requirements stated in the online waiver requirements document, or by being scanned into Document Genius.

Categories for Club Registration

1. Club Registration
 - Gym Club with GFA Only
 - Gym Club with GFA + Developmental Only
 - Gym Club with GFA + 1 Competitive Discipline
 - Gym Club with GFA + 2 Competitive Disciplines
 - Gym Club with GFA + 3 Competitive Disciplines
 - Gym Club with GFA + 4 Competitive Disciplines

2. Competitive Disciplines: the following categories are considered as one discipline:
 - Women's Artistic Gymnastics (WAG)
 - Men's Artistic Gymnastics (MAG)
 - Acrobatic Gymnastics (ACRO)
 - Trampoline & Tumbling (T&T)

3. Coach Categories
 - Competitive Coaches (COMP)
 - Gymnastics For All Coaches (GFA)
 - Pre-Coaches in Training 13 – 14 years (Pre-CIT)

4. Athlete Categories
 - Competitive Athletes
 - Developmental Athletes
 - Gymnastics For All Athletes

5. Additional Registrants
 - Drop In Participants
 - Birthday Party Participants

REMINDER: For insurance purposes, all participant names, ages and genders must be recorded and submitted to the AGF office (upon completion of the program). AGF recommends that clubs retain a copy of all participant information, Release of Liability, and PIPA forms for all participants in the event it is required to be produced.

Categories for Participant Registration

ALBERTA GYMNASTICS FEDERATION STREAMS			
Gymnastics For All	Developmental	Provincial	National
FOUNDATION	ACRO	ACRO	ACRO
Active Start	JO 2 – 5	Level 6 – Level 10	FIG Age Group 1, 2
CanGym	Participating in Gymfest/Gymaestrada/Club Meets	Youth	Junior
CANJUMP			Senior
ACRO		MAG	MAG
JO 1 – 4		Level 1 – Level 5	Elite 3 – Elite 4
Not participating in Gymfest/Gymaestrada	PERFORMANCE	Elite 1 – Elite 2	Open
	Demo		Junior
	Gymaestrada/Gymfest	WAG	Senior
		JO 3 – 9 (14+yrs)	
	WAG	Aspire 1 – 2	WAG
	JO 1 – 2		JO 9 (11-13 yrs), JO 10
	Interclub	T&T	Novice
		Level 1 – Level 4	Junior
	T&T		Senior
	F.A.S.T		
			T&T
			Level 5 – Level 6
			Junior
			Senior

Upgrading Information

Athlete Upgrade

Any athlete may upgrade into any category. Upgrade forms must be submitted to the AGF office with applicable fees.

Athletes upgrading into developmental or competitive levels wanting to participate in AGF sanctioned events may by the deadline indicated on the meet/event entry form and submitting an athlete upgrade form to AGF. Upgrade forms **must** be submitted to the AGF office with applicable fees a minimum of 2 weeks prior to the competition/event deadline. Also required are the registration fees for the competition/event, upgrade fee for the athlete(s) and the upgrading fee for the club if it is not already registered as competitive or developmental for that program.

Coach Upgrade

Any coach may upgrade into the next category if all NCCP requirements have been acquired. Upgrade forms must be submitted to the AGF office with applicable fees.

Coaches upgrading to competitive and wanting to participate in AGF sanction events may if all NCCP requirements are met by the deadline indicated on the meet/event entry form and submitting a coach upgrade form to AGF. Upgrade forms must be submitted to the AGF office with applicable fees a minimum of 2 weeks prior to the competition/event deadline. Also required are any registration fees for the competition/event, upgrade fee for the coach(s) and the upgrading fee for the club if it is not already registered as competitive for that program.

Insurance Program

AGF provides a comprehensive insurance package for its members which grants coverage to each club's registered directors, athletes, and coaches.

Please note:

- If there is more than one location within a club (i.e. satellite location), each address **must** be registered on the club application.
- If there are separate incorporations for each club, each club **must** be registered separately under the different incorporation names.
- If a non-profit club and a for-profit club are in the same location, each club **must** be registered separately.
- Each time a change in status occurs (i.e. new satellite, new location, or incorporation change) AGF **must** be informed to ensure the club's file is updated to grant the appropriate insurance coverage.

Comprehensive General Liability Policy

The primary purpose of this insurance is to protect member clubs against the consequences of their negligence, alleged or otherwise, resulting in either or both bodily injury or property damage to a third party both, in terms of litigation costs and the potential of damages awarded. The cost to defend liability claims can be costly, and the AGF insurance program will defend liability lawsuits in which your club is named.

This liability policy is intended to provide coverage for gymnastics programs and activities that are sanctioned by AGF. Any questions your club may have regarding insurance should be directed to the AGF office.

The current insurance program provides a total of \$5 million worth of protection for litigation and settlement costs and is broken down as follows.

- General Aggregate Limit: \$5,000,000
- Personal and Advertising Injury Limit (Bodily Injury): \$3,000,000
- Each Occurrence Limit: \$3,000,000
- Sexual Abuse and Molestation Limit: \$1,000,000
- Errors and Omissions/Directors and Officers Wrongful Acts Limit: \$1,000,000

The concept of negligence is what determines the degree to which a member club can be held liable, which can be determined by answering the following questions:

- Was there a duty of care owed by the member club?
 - Duty of care can be defined as "a legal obligation which is imposed on an individual requiring adherence to a standard of reasonable care while performing any acts that could foreseeably harm other"
- Was there a failure on behalf of the member club to provide that duty of care?
- Was consideration given to the fact that minors are owed a greater duty of care than adults?
- Did that failure lead to bodily injury or property damage to a third party?
- Was there a lack of supervisor, demonstration instructions, training, or a breakdown in the release of liability procedure?

Errors and Omissions/Directors and Officers Wrongful Acts

A total of \$1,000,000 of coverage is available for claims made against a board member of an AGF member club for wrongful acts related to corporate governance activities while serving in their capacity as a board member.

NOTE: This policy does not provide coverage for Employment Practices Liability. It is recommended that all clubs obtain additional Directors and Officers coverage to provide defence coverage for wrongful dismissal or labour board issues.

Deductibles

\$5,000 – each and every occurrence inclusive of supplementary payments, but

\$50,000 – each and every occurrence inclusive of supplementary payments in respect of Bodily Injury claims and Sexual Abuse/Molestation claims

Individual Member Insurance

Member clubs **must** register all participants and coaches with AGF as well as complete the Release of Liability and PIPA forms to be able to utilize AGF's services and insurance. Failure to register all members will be considered an act of misrepresentation and may have adverse effects on the club's membership status. AGF will **not** provide insurance coverage for any unregistered individuals.

All gymnastics activities **must** be done under the direct supervision* of a coach who is actively registered with AGF and possesses the NCCP Certification required by AGF for the type and level of activity.

**Direct Supervision:*

- *an "in-training" coach cannot have sole responsibility for a group of athletes*
- *maximum (2) "in-training" coaches allowed under one supervising certified coach*
- *the supervising coach **must** be certified in the same discipline they are supervising and be a minimum of 18 years old.*

Sport Accident Policy

In conjunction with the comprehensive general liability policy, AGF provides a sports accident package to pay benefits in the event of accidents or injuries sustained by any of the participating members or any member club in the Alberta Gymnastics Federation while involved in a practice session or competition.

The primary purpose of this policy is to provide reimbursement for medical expenses for specific types of injuries and would be applied after the participant's primary benefit package/Alberta Health Care coverage is consumed. Costs such as ambulance charges and immediate "out of pocket" expenses related to an injury may also be provided through this coverage.

It must also be noted that regardless of whether the individual member club is at fault, an injured participant will be indemnified by this insurance coverage for a variety of injuries if the claim is made within 365 days of the date of injury.

To claim an injury, please complete the following process:

- Prepare the participant's already completed release of liability form to be submitted to AGF's insurance provider.
- Complete an incident report form. If your club does not have one, AGF has a sample form that can be found on the AGF "File an Insurance Claim" page.
- Download and complete the SSQ Consent Form and applicable accident/dental form that can be found on the AGF "File an Insurance Claim" page.

All receipts and descriptions must be submitted to AGF's insurance provider, along with the Incident Report Form, Consent Form, and Accidental Medical/Accidental Dental Form.

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For more information on how to submit a claim, please visit the AGF website:
<https://abgym.ab.ca/Membership/File-an-Insurance-Claim>

Ambulance Reimbursement Process

An additional service that AGF provides for its registered members is reimbursement to the club/athlete when an accident occurs during an AGF sanctioned activity, and an ambulance is required to be called. The following steps will outline how to complete this process:

- Following an incident where an ambulance was required to be called, complete an Incident Report Form.
- Contact AGF as soon as possible so both parties are notified that an incident has occurred.
- Maintain contact with the injured individual's parent/guardian and record notes as required.
- Following payment for the ambulance (whether it was by the club or the parent/guardian), scan and submit a copy of the invoice to AGF's Finance and Membership Manager (membership@abgym.ab.ca)

After confirming that the injured party is a member of AGF, a cheque will be mailed out to the payee to reimburse the expense of the ambulance.

Release of Liability Forms (Waiver)

AGF has developed a Release of Liability waiver that **must** be completed by every participant going into the gym. It is recommended that all waivers be kept on file a minimum of 10 years if the participant is over 18 years of age, and 10 years after the date they turn 18 years old if the participant is a minor.

Optional Insurance Program

The insurer quotes details and premiums to clubs on an individual basis for additional types of insurance, for example:

- Property
- Business Interruption
- Crime – employee dishonesty
- Excess Medical
- Travel

AGF's insurance provider has a special provision for Directors and Officers Liability Insurance that can be provided on an individual basis, as well as other coverage such as travel insurance, property and equipment coverage, and various types of commercial policies.

Member Clubs are under no obligation to purchase optional/supplementary insurance through AGF's insurer; however, when obtaining such insurance elsewhere, clubs are advised to name "Alberta Gymnastics Federation" as additional insured on the policy.

Sanctioned Activities

AGF's Insurance Policy includes as 'Insured Persons' all registered members including athletes, coaches, officials, employees, coach developers, and volunteers as well as non-registered members such as spectators and parents while working within the scope of their duties on behalf of AGF or a Member Club.

Sanctioned activities will include those authorized activities considered to be core to the operations of the various gymnastics programs governed by AGF. The specific activities that AGF will consider to be sanctioned include:

Competitions

A gymnastic activity is defined as a competition if one or more of the following characteristics exist:

- Formalized competitive requirement, format and protocol like the one in place for the sport, provincially, nationally and internationally.
- The gymnasts' performance is judged, scored and compared to the other participants.
- The gymnasts are ranked and recognition (i.e. awards) is given based on ranking.

Invitational Events/Competitions

Please note that AGF sets specific registration requirements based on the type of event, and it is on the onus of clubs that host invitational events to ensure that all participants are appropriately registered members of AGF and that all participants act within the scope they are registered in¹.

Training

Training is defined as an organized and structured regimen of exercise and physical activity geared to enhance a participant's skill level and overall abilities towards an end (i.e. improvement, competition, new skill acquisition). The definition of training activities extends to daily training, gymnastics training camps, NCCP training, and other courses hosted by Alberta Gymnastics. All participants of the training **must** be registered members of Alberta Gymnastics and act within the scope they are registered in¹.

Demonstrations

Demonstrations are defined as an organized, structured exhibition of gymnastics skills or routines intended to display the positive attributes of the sport. Purposes of demonstrations may be to attract interest and/or increase membership for participating clubs, showcase and promote athletes or highlight gymnastics as part of a larger event or competition. All participants of the demonstration **must** be registered members of Alberta Gymnastics and act within the scope they are registered in¹.

When demonstrations are performed outside of the Member Club's facility, the Member Club **must** provide details of the demonstration to AGF.

¹ Acting within the scope of a participant's registration category ensures that the participant does not exceed the Gymnastics/NCCP level that they are registered in.

Birthday Parties

- Birthday Parties are expected to maintain structured gymnastics activities within the definition of sanctioned activities as defined by AGF with the possible consumption of “party food” in a supervised environment within the member club facility. Please be aware of potential food allergies and take steps to ensure participant safety.
- Birthday Party participants are only eligible for AGF’s General Liability coverage.
- Clubs **must** ensure that all participants that are going into the gym (children, parents, etc.) have signed the Release of Liability and PIPA forms.
- AGF will collect participant information from clubs on a quarterly basis and then remit to Arthur J. Gallagher at the end of each policy term and adjustments will be made accordingly.
- The first two birthday party visits for a participant can be considered as a “Promotional Activity”, meaning the participant does not have to pay a “Birthday Party AGF Fee” until their third visit.
- Coaching, training and certification standards apply to Birthday Parties. Coaches facilitating Birthday Parties **must** be NCCP Level 1 Gymnastics or Gymnastics Foundations certified.
- Ensure that all participants and coaches are aware that trampolines may only be utilized if a Gymnastics Foundations Trampoline Certified coach or higher is actively supervising the trampoline at all times that it is being used, and that no inversions may be performed.

Drop-In

- Drop-In sessions allow participants to freely move about the gym and choose what gymnastics exercises are to be performed. Although there is no formal class structure, it is expected that the gym space always maintains a controlled environment with at least one coach on the floor, and all activities are within AGF’s definition of sanctioned activities.
- Drop-in participants are only eligible for AGF’s General Liability coverage.
- Clubs **must** ensure that all participants that are going into the gym (children, parents, etc.) have signed the Release of Liability and PIPA forms.
- AGF will collect participant information from clubs on a quarterly basis and then remit to Arthur J. Gallagher at the end of each policy term and adjustments will be made accordingly.
- The first two drop-in visits for a participant can be considered as a “Promotional Activity”, meaning the participant does not have to pay a “Drop-In AGF Fee” until their third visit.
- Drop-In participants are required to pay a Drop-In AGF fee.
- Coaching, training and certification standards apply to Drop-In. Coaches facilitating Drop-In **must** be NCCP Level 1 Gymnastics or Gymnastics Foundations certified.
- Ensure that all participants and coaches are aware that trampolines may only be utilized if a Gymnastics Foundations Trampoline Certified coach or higher is present at the trampoline at all times that it is being used. Inversions may only be performed if a certified Level 2 Trampoline coach is present and actively supervising the trampoline.

Promotional Activities

Activities such as “Bring a Friend Day, Drop-In, and Birthday Parties” are covered under AGF’s Master Insurance Policy if appropriate safety standards are met for coaching and equipment. There **must** be a structured component and it is understood that the Club is trying to promote its gymnastics programs and generate new members. The number of promotional visits permitted per individual is two (2) in a season. This coverage is for promotional activities only and not for participation in any form of regularly scheduled programs. A list of all names **must** be kept on file for insurance purposes. If a participant comes to any form of ongoing programming more than two (2) times, then he/she **must** be registered with Alberta Gymnastics. During promotional activities, it is mandatory that all participants that are going into the gym (children, parents, etc.) have signed the Release of Liability and PIPA forms.

*NOTE: The number of allowable promotional visits is two (2) per individual in a season. This coverage is for promotional activities only and not for participation in any form of regularly scheduled programs. A list of all names **must** be kept on file for insurance purposes.*

Parent and Tot Programs

Any parent or caregiver involved in a non-coaching/teaching role during a Parent and Tot class does not need to be registered with AGF but is required to complete a Release of Liability and PIPA form.

Cross-training

Gymnastics coaches may train, condition and teach gymnastics skills to athletes of other sports programs (E.g. Cheerleading, Parkour, Circus, Martial Arts, Dance) provided the individuals are appropriately registered by an AGF member club. Athletes are permitted to train any skills that fall within a recognized gymnastics program (E.g. Artistic, Acrobatic, Rhythmic) under the instruction of a coach who is NCCP certified to the appropriate level as per the NCCP Minimum Coaching Requirements document and in accordance to any insurance policies and limitations. During cross-training activities, it is mandatory that all participants that are going into the gym (children, parents, etc.) have signed the Release of Liability and PIPA forms. Trampolines may only be utilized if a Gymnastics Foundations Trampoline Certified coach or higher is present at the trampoline at all times that it is being used. Inversions may only be performed if a certified Level 2 Trampoline coach is present and actively supervising the trampoline.

Sports Groups

Gymnastics conditioning programs offered to sports groups (i.e. hockey teams, soccer teams, etc.) will be covered under the Master Insurance Policy provided the participants register as individual Gymnastics For All members. The club can only teach gymnastics-related conditioning skills such as those normally performed in a gymnastics setting. Appropriate safety standards **must** be adhered to for coaching and equipment. Member Clubs operate many programs and activities, most of which clearly fall within the sport of gymnastics and hence would be covered under AGF’s Master Insurance Policy. Inclusion under the Policy is directly related to the degree to which AGF rules, regulations and risk management can be applied.

Facility Rentals

Registered member clubs can provide their facility to any individuals or groups (this includes cheerleading squads, school groups, sports groups and others) provided the group or individuals have their own insurance and add both the club and AGF as additional insured on their policy. The insurance certificate **must** have a minimum of \$2,000,000 liability prior to the rental taking place. A list of all names **must** be kept on record for insurance purposes. A copy of the insurance certificate **must** be on file at the club and AGF may request a copy when required.

NOTE: Any accidents and/or other insurance-related incidents that may occur during the billeting of athletes/coaches/judges will not be covered under this policy.

International Events Insurance Coverage

AGF poses no restrictions for members participating in the USA. As members of AGF, you are entitled to the identical coverage as Canadian participants where claims are defended, even if brought in the United States.

AGF currently possesses an accident policy with SSQ and contained within this policy is \$20,000 for additional medical expenses provided to the participants, even if the event or competition occurs outside of Canada.

To obtain coverage for *Sickness* while incurred outside of Canada a separate travel medical policy should also be purchased.

AGF encourages all teams travelling abroad and inquiring about travel medical coverage to contact Arthur J. Gallagher to answer preliminary questions, to obtain a thorough quote, as pricing for this coverage would depend on the number of participants travelling and ages of these participants.

Any athletes from abroad (outside of Alberta) training at an AGF Member Club **must** provide AGF with appropriate proof of insurance or register with AGF as a member. AGF has the right to request an athlete register as an AGF member if their provided insurance does not meet a reasonable level of coverage.

Non-Gymnastics Activities

AGF identifies activities to be non-gymnastic (and therefore non-sanctioned) when skills, movements, progressions, and techniques cannot be recognized and categorized to a specific gymnastics program (GFA, MAG, WAG, T&T, Acrobatic).

Activities that AGF will not consider sanctioned (requiring additional insurance coverage) include: Baby Slings

- The use of baby slings to hold a child while a parent is on the floor during a parented class is not a permitted AGF activity. The safety issue this poses by potentially interfering with the training of the child, as well as the risk of a fall the infant sibling is exposed to will not be covered by AGF should an incident occur, as it is the parent's responsibility to provide their child with their undivided attention.
- Member clubs should also be advised that children in strollers or car seats on the sidelines or in the viewing area are considered to be unattended and as such pose a great risk to the organization. Providing any form of childcare or supervision for these children by the club whether it be expressed or implied is an unsanctioned AGF activity and therefore **NOT** covered by the AGF insurance policy.

Certain/Offsite Camp Activities

- Camps are an additional way for clubs to earn income and present a different program within their club. Camp activities that are non-gymnastic may require additional insurance coverage, and it is recommended when planning a camp to contact AGF to ensure all the activities the camp will include are covered. It **must** also be noted that all off-site activities are not covered.
- An example of activities that would **not** be covered include:
 - Going off-site to a swimming pool, training gymnastics in a playground, doing a bike ride through town, etc.

Aerial Silks/Hoops

- Although there are components of Aerial Silks/Hoops that relate to gymnastics, the skills that are learned cannot be categorized into a specific gymnastics program, nor is there a formal NCCP program for Aerial Silks/Hoops.

Cheerleading

- Although there are components of Cheerleading that relate to gymnastics, there is no formal NCCP program for Cheerleading, therefore AGF cannot recognize Cheerleading as a sanctioned activity.

Circus

- There are components of Circus that are recognizable and relatable to gymnastics; however, there is no formal NCCP program for Circus, and the addition of Circus apparatus or skills that are done outside of the context of gymnastics cannot be recognized as a sanctioned activity.
 - E.g. Jumping on a trampoline is a sanctioned activity but changing the apparatus to a teeterboard would not be sanctioned.
 - E.g. Walking on a balance beam is a sanctioned activity but changing the apparatus to a high wire would not be sanctioned.

Pre-school Programs

- When operating pre-school programs with gymnastics components, please note that any formal educational programs outside of gymnastics are not considered a sanctioned activity and would require additional insurance coverage.
 - E.g. The gymnastics portion of the program would be covered, but the classroom portion of the program would not.

Parkour/Free-running/Tricking/Ninja/Urban Gymnastics

- Programs, where equipment or skills fall outside of the scope or context of gymnastics, will not be covered by the AGF Insurance Policy.
 - E.g. A standing back tuck off a trapezoid onto a mat is a gymnastics element but a standing back tuck off a building onto a mat is not.
 - E.g. Jumping off a trampoline into a pit is a gymnastics element but jumping off a trampoline to run on a wall into the pit is not.

Gym Sleepovers

- Gym sleepovers may contain a component of gymnastics during the event; however, AGF discourages sleepovers due to the associated risks involved and does not consider sleepovers to be a sanctioned activity.

For more information and bulletins regarding sanctioned activities and insurance, please visit the AGF website at <https://www.abgym.ab.ca/Membership/Insurance>

Coaching Certification (NCCP) Requirements

Coaching Certification – Club

As AGF continues to move toward Competency-Based training please see the following documents to see the future of NCCP training for our sport. Remember, this is a long-term plan that will take years to pilot and implement.

Please visit the AGF website to view the most current NCCP documents:

<https://www.abgym.ab.ca/Courses/NCCP>

QUESTIONS?

Please contact AGF's Education Manager at the AGF office at 1-800-665-1010 or by emailing education@abgym.ab.ca.

NCCP (National Coaching Certification Program)

Coaches may start their NCCP Gymnastics Foundations training at age 15 (no pre-requisite required), however, they may not apply for certification or access Level 2/Competition 1 training until 16 years of age. To be considered a certified Gymnastics Foundations Artistic Gymnastics Coach, coaches **must** have successfully completed all four components of the Gymnastics Foundations Artistic certification (Introduction, Theory, Artistic-*sport specific* and Evaluation) OR all three components of the (old) NCCP Level 1 program (Theory, Artistic Technical, and Practical). Artistic Gymnastics coaches can lead classes for children ages 6 years and up.

To be considered a certified Gymnastics Foundations Trampoline Gymnastics Coach, coaches **must** have successfully completed all four components of the Gymnastics Foundations Trampoline certification (Introduction, Theory, Trampoline-*sport specific* and Evaluation) OR all three components of the (old) NCCP Level 1 program (Theory, Trampoline Technical, and Practical). Gym clubs using trampolines **must** have at minimum a Level 1 or Gymnastics Foundations Trampoline **CERTIFIED** coach supervising who is at least 18 years old.

To be considered an Active Start coach, coaches **must** have a minimum of Gymnastics Foundations Introduction, Theory, and Active Start OR (old) PCCP training/certification to coach children under the age of 6 years old.

To coach Acrobatic Gymnastics at the Gymnastics For All Level, coaches **must** either be Artistic Level 1 or Gymnastics Foundations certified or be trained and under the supervision of a certified coach.

PLEASE NOTE: Recreational trampoline use is permitted if a minimum Gymnastics Foundations Trampoline **CERTIFIED** coach who is at least 18 years old is supervising. Please note that coaches **must** coach within the scope of what they have been formally trained. (E.g. A coach must be C1 Artistic/Level 2 Trampoline Certified to independently coach inversions on the trampoline).

TRAINED Coaches versus CERTIFIED Coaches

INTRO+THEORY+SPORT SPECIFIC (Artistic, Trampoline, Active Start) = TRAINED

“TRAINED” coaches may independently coach their own group as long as there is a “Certified” coach of at least the same or higher level in the gym at all times. Coaches **must** only coach participants at their present level of training or below.

“TRAINED” coaches may proceed through the coaching pathway and are eligible to take the Level 2/Competition 1 course in their specified discipline.

INTRO +THEORY+SPORT SPECIFIC+ EVALUATION= CERTIFIED

“CERTIFIED” coaches may independently coach their own group AND may supervise and mentor other coaches at or below their present certification level. **Certified coaches that have mentorship or supervisory responsibilities must be a minimum of 18 years of age.**

Coaches may start their NCCP Gymnastics Foundations training at age 15 (no pre-requisite required), however, they may not apply for certification or access Level 2 / Competition 1 training until 16 years of age.

ADDITIONAL TRAINING COMPONENTS – APPLICABLE TO ALL COACHES

All coaches **must become Respect in Sport certified** within **60 days** from their date of employment. There will be no ‘grandfathering’ of this course. Any coach not Respect in Sport certified within the time limit is subject to sanction by the AGF upon receipt of a complaint in accordance with the AGF Discipline Policy.

Any clubs with coaches other than coaches in training found to be missing RIS Certification will be fined \$25.00 per coach. Please ensure your club adheres to the policy mentioned above.

After Respect in Sport certification is obtained, no re-certification is required.

To complete Respect in Sport training, visit: www.gymnasticscanada.respectgroupinc.com/secure/

Making Ethical Decisions

All coaches **must** complete the Make Ethical Decisions (MED) module and the MED online evaluation available through the Coaching Association of Canada. (www.coach.ca)

Gymnastics Foundations Coaches **must** complete the module and online evaluation as part of their certification (the module is covered in the GF Theory course, and the online requirement is to be completed afterwards). Coaches will need their Coaching Certification number (NCCP#) to access the online evaluation, and if a coach does not have an NCCP #, they will be required to create an account at thelocker.coach.ca.

Coaches who were certified with the old NCCP Level 1 Theory (not Part A) course needed to have completed the MED module and/or evaluation prior to December 31, 2014. If they failed to complete the MED requirements, they have been reassigned to “Trained” status.

AGF recommends that all coaches are to be certified in Standard First-Aid and CPR and that all club coaches undergo proper screening practices.

More information regarding the checks that AGF requires of its Team Alberta coaches can be found on the AGF website: <https://www.abgym.ab.ca/Safe-Sport/Requirements-for-Team-Alberta-Events>

Any clubs with concerns regarding the certification of their coaches are encouraged to contact the AGF Education Program Manager at education@abgym.ab.ca.

Pre-Coaches in Training Program (Pre-CIT)

Coaches who are 13 and 14 years of age can enroll in the Gymnastics Canada Pre-CIT Program. If the individual is 13 years of age the program is 2 years in duration, 1 year if they are 14 years old. AGF encourages enrollment in this program, as it introduces aspiring coaches to the various aspects of coaching gymnastics. This is a club-based program. It involves individual study, mentorship and hands-on coaching experience under the **direct*** supervision of a mentor coach. Mentor coaches **must** be a minimum of 18 years of age, certified Gymnastics Foundations or Level 1 coach, and have sound knowledge of the Acti Start and Gymnastics for All programs in their club. Only coaches enrolled in the GymCan Pre-CIT program can be registered members of Alberta Gymnastics. Those clubs using unapproved mentorship programs will not be able to utilize the AGF membership program for those coaches. AGF strongly recommends that all clubs use the GymCan Pre-CIT program when working with aspiring coaches 13-14 years of age. To download a copy of the Pre-CIT Workbook and Mentor’s Guide please visit the AGF website: www.abgym.ab.ca/Courses/NCCP

Coaches in Training

Coaches “IN TRAINING” refers to coaches that have started taking some Gymnastics Foundations courses but are not yet considered “TRAINED”. These coaches have only completed Gymnastics Introduction and/or Theory course(s). These coaches are referred to be “IN TRAINING”. Coaches “IN TRAINING” **must** be under the **direct*** supervision of a **certified coach**.

**Direct Supervision:*

- *an “in-training” coach cannot have sole responsibility for a group of athletes*
- *maximum (2) “in-training” coaches allowed under one supervising certified coach*
- *the supervising coach **must** be certified in the same discipline they are supervising and be a minimum of 18 years old*

Head Coach/Program Directors

Competitive Clubs

In competitive clubs, the Head Coach or the Program Director **must** be CERTIFIED NCCP Level 2 /Competition 1 (C1) in your gym sport. If trampolines are used, the head coach **must** also be minimum Gymnastics Foundations Trampoline Certified. Please note that coaches **must** coach within the scope of what they have been formally trained. (E.g. A coach must be C1 Artistic/Level 2 Trampoline Certified to independently coach inversions on the trampoline).

Gymnastics For All Clubs

In Gymnastics For All clubs, the Head Coach or the gymnastics Program Director must be certified NCCP Level 1 Gymnastics/Gymnastics Foundations CERTIFIED. If trampolines are used, the Head Coach **must** also be minimum Gymnastics Foundations Trampoline CERTIFIED.

Active Start Programs

To coach children ages 5 years and under (Active Start), coaches **must** be NCCP Active Start trained. For coaching children 6 years and over in a Gymnastics For All program, the instructor **must** be Artistic Gymnastics trained. Please note: NCCP suggests that Trampolines are not a developmentally age-appropriate activity for children under 3 years of age, and caution should be exercised by using more appropriate springing devices.

IMPORTANT: To be a supervisor or to work independently coaches **must** be 18 years of age AND certified. “Trained” coaches **must** be indirectly supervised by a certified coach.

Coaching Certification – Discipline

MAG – Qualifications for AGF sanctioned events

Any competitive coaches wishing to be on the training and/or competition floor at any AGF sanctioned event that possesses their NCCP Level 1 Gymnastics Certification (Theory, Technical and Practical) OR Gymnastics Foundations Artistic Gymnastics Certification (Intro, Theory, Artistic and Evaluation) **must** be under the supervision of an NCCP Competition Introduction (C1) MAG/ Level 2 MAG Certified coach. If a coach has completed their NCCP Competition Introduction (C1) MAG Certification, they may coach up to P3 and/or Elite ½ independently.

For additional clarification, please refer to Appendix A.

Under any circumstance that trampoline is used, a minimum Gymnastics Foundations Trampoline Certified coach **must** be present, and all coaches **must** coach within the scope of what they have been formally trained.

All provincial Team Coaches for Western and Canadian Championships are required to have NCCP Level 3 Men's Artistic Gymnastics Certification.

WAG – Qualifications for AGF sanctioned events

For all AGF sanctioned events, at least one coach listed on the official registration form **must** be certified with NCCP to the level required for the competition. All other registered coaches for the event may be trained at the required level for the competition but **must** be supervised by the higher certified coach.

For additional clarification, please refer to Appendix A.

Under any circumstance that trampoline is used, a minimum Gymnastics Foundations Trampoline Certified coach **must** be present, and all coaches **must** coach within the scope of what they have been formally trained.

T&T – Qualifications for AGF sanctioned events

A. FAST LEVEL COACHES

Coaches that are Level 1 Trained or higher in trampoline and/or Foundations Trampoline Gymnastics can coach athletes on trampolines and double mini-trampolines. Coaches **must** be Level 1 Trained in Artistic Gymnastics and or Gymnastics Foundations Artistic Gymnastics Certified to coach athletes in tumbling. A Certified Gymnastics Foundations Trampoline coach **must** be indirectly supervising for Trampoline and DMT. A Certified GF Artistic Supervisor **must** be present for Tumbling.

B. PRE-NATIONAL LEVEL COACHES

Pre-national coaches (athletes at levels 1-4) **must** be NCCP Level 2 Trampoline Certified to coach athletes on trampoline and DMT. Coaches **must** be certified NCCP Level 2 Artistic Gymnastics/Competition 1 and/or Trampoline to coach athletes in tumbling. A coach **must** be present when an athlete is warming up or competing.

C. NATIONAL LEVEL COACHES

All National coaches (athletes at Levels 5+) **must** be Level 3 Trampoline trained to coach athletes on Trampoline and DMT and be either trained/certified in Level 3 Artistic Gymnastics or Trampoline to coach athletes on tumbling. In a competition setting the coach **must** be Level 3 Trampoline Certified to be allowed on the competition floor. A coach **must** be present when an athlete is warming up and competing.

Acro – Qualifications for AGF sanctioned events

In order to qualify to be on the training or competition floor at AGF sanctioned events, all coaches **must** be certified in accordance with the most recent technical regulations as determined by the Acrobatic Gymnastics Technical Program.

GymCan recommends that coaches coaching Acrobatic Gymnastics at **Gymnastics For All** levels **must** be either Level 1 trained or Gymnastics Foundations Artistic trained coaches.

Minimum NCCP requirements for **National Level** Competitions – All coaches who require access to the training, warm-up and competition floors at National level competitions **must** be Competition 1/Level 2 Certified in Men’s Artistic Gymnastics, Women’s Artistic Gymnastics or Trampoline.

Gymnastics For All Coaches – Qualifications for Canadian and World Gymnaestrada

Any coach participating in Canadian or World Gymnaestrada **must** be Level 2/Competition 1 certified in at least one discipline (men's/women's artistic, trampoline or rhythmic) to have access to training and performance gyms.

Team Coach

The Coach(es), Chef de Mission and Manager(s) named to an Alberta Team **must** be certified in the Respect in Sport program.

Any Coach, Chef de Mission, or Manager on an Alberta Team should possess certification in Standard First Aid and CPR.

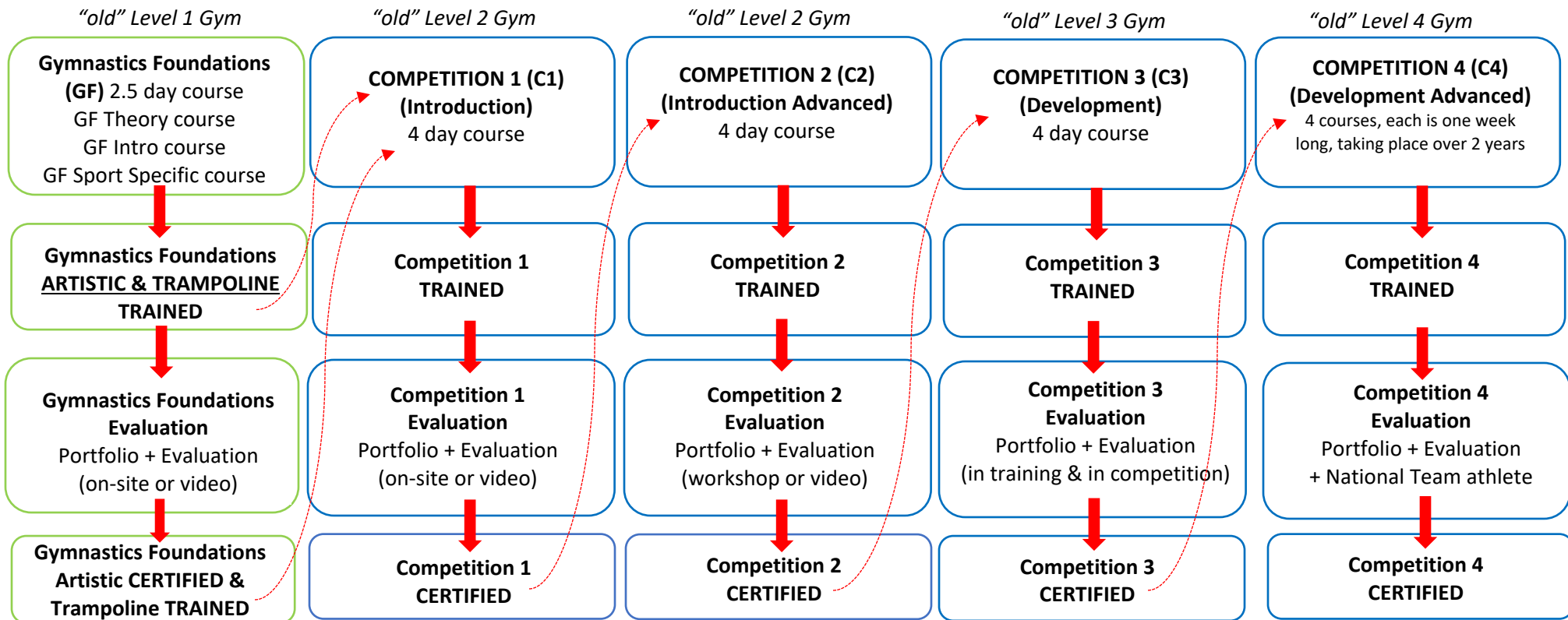
Any Coach (Team or Independent), Chef de Mission, or Manager on an Alberta Team **must** complete and submit a Police Record Check and an Intervention Record Check that will be securely stored at the AGF office. For a full breakdown of the requirements for Team Alberta events, please visit the AGF website: <https://www.abgym.ab.ca/Safe-Sport/Requirements-for-Team-Alberta-Events>

An Alberta named Team Coach can only be appointed to one discipline at any given event.

NOTE: GymCan's requirements for background checks are different than AGF's and are outlined in the link above.

APPENDICES

NCCP Artistic Gymnastics | Coaching Summary



GF Trained:
WAG JO 1-2*
MAG P1*
*(under indirect supervision of Level 2/C1 WAG/MAG certified coach – sport specific)

CANGYM:
Burgundy – Purple (under indirect supervision of GF certified Artistic coach)

GF Certified/L1 Artistic Gym:
WAG JO 1-2 (independently)
MAG P1*
*(under indirect supervision of Level 2/C1 MAG certified coach)
CANGYM: Burgundy-Purple (can supervise and mentor GF Trained coaches in these badges)
Blue - Silver (under direct supervision of Level 2/C1 certified coach)

C1 Trained:
WAG JO 3-6*
MAG P2- 3, Elite 1-2*
*(under indirect supervision of Level 2/C1 certified WAG/MAG coach – sport specific)
Pre-competitive

CANGYM:
Blue – Yellow (under indirect supervision of Level 2/C1 certified coach)

C1 Certified/L2 WAG Certified:
WAG JO 3-6 (independently)
MAG P2- 3, Elite 1-2 (independently)
Pre-competitive

CANGYM: Blue – Yellow (can supervise and mentor C1 Trained coaches in these badges)
Pre-requisite to access floor at Western & Canadian Gymnaestrada

C2 Trained:
WAG JO 7 & 8 + Aspire*
MAG Elite 3, 4, P4, P5 & Open Levels*
*(under indirect supervision of Level 2/C2 certified coach)
CANGYM:
Green – Gold (under indirect supervision of Level 2/C2 certified coach)

C2 Certified/L2 WAG Certified*:
WAG JO 7&8 + Aspire (independently)
MAG Elite 3, 4, P4, P5 & Open (independently)

CANGYM: Green – Gold (can supervise and mentor C2 Trained coaches in these badges)

C3 Trained:
WAG JO 9 & 10 + HP*
MAG Jr & Sr Levels*
*(under indirect supervision of Level 3/C3 certified coach)

C3 Certified/L3 WAG Certified:
WAG JO 9 & 10 + HP (independently)
MAG Jr & Sr Levels (independently)

C4 Certified/L4 Certified:
Requirement for International Competitions

*We are anticipating GYM CAN to complete the NCCP Transfer of Qualifications during 2020-2021. When the transfer occurs, Level 2 MAG/WAG CERTIFIED coaches will be considered **C2 TRAINED** in the new system. If you coach the level of athletes listed in this section independently, or supervise this level, you will be required to be **C2 CERTIFIED**.
Please visit: abgym.ab.ca/Courses/NCCP/Evaluation-for-Certification to complete the C2 Evaluation and garner your C2 CERTIFICATION.

Minimum coaching requirements for **Artistic Gymnastics** (applicable for all training and competitive environments)

Coaching status	Minimum Training requirements	Role and responsibilities	Athlete levels they can coach
Pre-CIT	<ul style="list-style-type: none"> • 13 years+ • Club directed program using the GCG Pre-CIT Mentorship Manual and Workbook as a program guide • Mentorship program can take 1-2 years • Electronic copies of Pre-CIT Manuals can be obtained by visiting www.abgym.ab.ca (NCCP page) 	<ul style="list-style-type: none"> • May act as an assistant coach under one-on-one direct supervision of a certified coach (supervisor must be Gymnastics Foundations certified in the appropriate age and level of class; Level 2 technical is highly recommended). • Supervisor must be 18 years+ • May NOT supervise a group or spot any skill • Follow direction provided by their supervising coach 	<ul style="list-style-type: none"> • GFA programming • Public Access Programs • Athletes 3-10 years of age
Gymnastics Foundations coach IN TRAINING (CIT)	<ul style="list-style-type: none"> • 15 years+ • Refers to coaches who have only completed Gymnastics Introduction and/or Theory course(s). 	<ul style="list-style-type: none"> • May act as an assistant coach under direct supervision of a certified coach (minimum Gymnastics Foundations certified and 18 years +). • May NOT supervise a group or spot any skill • Follow direction provided by their supervising coach 	<p>Levels as listed above</p> <ul style="list-style-type: none"> • Athletes 6+ years of age
Gymnastics Foundations ARTISTIC GYMNASTICS TRAINED	<ul style="list-style-type: none"> • Refers to coaches who have completed: GF THEORY + GF INTRODUCTION + GF SPORT SPECIFIC (Artistic Gymnastics and/or Active Start) 	<ul style="list-style-type: none"> • May act as a coach or assistant coach under indirect supervision (within reasonable proximity - within eye-sight) of a certified coach (minimum Gymnastics Foundations certified, Level 2 technical highly recommended) • May NOT teach Level 2 NCCP skills or inverted skills with flight • Gymnastics Foundations coaches are required to follow the guidelines as per the relevant NCCP Gymnastics Foundations discipline manual 	<p>Levels as listed above</p> <p>Gym for ALL:</p> <ul style="list-style-type: none"> • CANGYM Burgundy – Purple • Only Active Start Trained coaches can work with athletes 0-5 years of age. * <p>Pre-Competitive:</p> <ul style="list-style-type: none"> • WAG: JO Level 1-2 • MAG: P1
Gymnastics Foundations ARTISTIC GYMNASTICS CERTIFIED	<ul style="list-style-type: none"> • 16 years+ to certify • Refers to coaches who have completed: GF THEORY + GF INTRODUCTION + GF SPORT SPECIFIC + EVALUATION= CERTIFIED 	<ul style="list-style-type: none"> • May supervise their own group • May act as a supervising coach to Pre-CIT or GF coach in training/trained. • May NOT teach Level 2 NCCP skills or inverted skills with flight (flipping) • Gymnastics Foundations coaches are required to follow the guidelines as per the relevant NCCP Gymnastics Foundations discipline manual 	<p>Levels as listed above</p>
L2 or Comp 1 ARTISTIC TRAINED	<ul style="list-style-type: none"> • Competition Introduction THEORY + L2/C1 TECHNICAL 	<ul style="list-style-type: none"> • May act as a coach or assistant coach under supervision (within reasonable proximity - within eye-sight) of a Level 2/Comp 1 certified coach. • May spot athletes performing NCCP COMP 1 skills • May NOT spot or teach Level 3 NCCP skills • May NOT coach beyond scope of training • May NOT supervise Gymnastics Foundations trained coaches, unless GF CERTIFIED. • May coach under indirect supervision of a certified coach (minimum L2/C1 certified and 18 years +). 	<p>Levels as listed above</p> <p>Gym for ALL:</p> <ul style="list-style-type: none"> • CANGYM Blue - Yellow <p>Competitive:</p> <ul style="list-style-type: none"> • WAG - JO Level 3-6 • MAG - P2, P3, Elite 1-2

L2 or Comp 1 ARTISTIC CERTIFIED	<ul style="list-style-type: none"> • C1 THEORY + TECHNICAL + EVALUATION=CERTIFIED 	<ul style="list-style-type: none"> • May act as a supervising coach to C1 coaches in training/trained. • MAG/WAG: Required to access floor at Provincial & Western Championships 	<p>Levels as listed above Gym for ALL:</p> <ul style="list-style-type: none"> • Required to access floor at Canadian and Western Gymnaestrada
Comp 2 ARTISTIC TRAINED	<ul style="list-style-type: none"> • C2 THEORY + TECHNICAL 	<ul style="list-style-type: none"> • May act as a coach or assistant coach under supervision (within reasonable proximity - within eye-sight) of a Level 3/Comp 2 certified coach. • May spot athletes performing NCCP COMP 2 skills 	<p>Levels as listed above Gym for ALL:</p> <ul style="list-style-type: none"> • CANGYM Green – Gold <p>Competitive:</p> <ul style="list-style-type: none"> • WAG JO 7 & 8 & Aspire • MAG Elite 3, 4, P4, P5 & Open
Comp 2 ARTISTIC CERTIFIED	<ul style="list-style-type: none"> • C2 THEORY + TECHNICAL + EVALUATION 	<ul style="list-style-type: none"> • May act as a supervising coach to C1 & C2 coaches in training/trained. 	<p>Levels as listed above</p>
Level 3/Comp ARTISTIC 3 TRAINED	<ul style="list-style-type: none"> • C3/L3 THEORY + TECHNICAL 	<ul style="list-style-type: none"> • May act as a coach or assistant coach under supervision (within reasonable proximity - within eye-sight) of a Level 3/Comp 3 certified coach. • May spot athletes performing NCCP COMP 3 skills 	<p>Levels as listed above</p> <ul style="list-style-type: none"> • WAG JO 9 & 10 & HP • MAG Jr & Sr • Required to coach MAG & WAG Nationalstream (and higher) athletes
L3/Comp 3 ARTISTIC CERTIFIED	<ul style="list-style-type: none"> • C3/L3 THEORY + TECHNICAL + EVALUATION 	<ul style="list-style-type: none"> • May act as a supervising coach to C1 -C3 coaches in training/trained. 	<ul style="list-style-type: none"> • All levels
L4/Comp 4 ARTISTIC CERTIFIED	<ul style="list-style-type: none"> • C4/L4 THEORY + TECHNICAL + EVALUATION 	<ul style="list-style-type: none"> • May act as a supervising coach to C1 -C4 coaches in training/trained. • Requirement for International Competitions • May spot athletes performing NCCP COMP 4 skills 	<ul style="list-style-type: none"> • All levels

- Pre-Coach-in-Training (Pre-CIT) = a 13-15-year-old who is not yet eligible to start NCCP Gymnastics Foundations (GF) training
- WAG = Women's Artistic Gymnastics, MAG= Men's Artistic Gymnastics, GFA= Gymnastics For ALL
- Trained = a coach who has completed the three GF training courses (intro, theory & discipline specific)
- Certified = a coach who has completed the three GF courses + GF evaluation, OR the technical, theory and practical components for Level 2 or 3
- If your club is offering a gymnastics sport, you need to have at least one CERTIFIED coach in that sport in the gym during the programming of that class
- Head Coaches of Competitive Clubs: **Must** be NCCP L2/C1 CERTIFIED
- Drop in's & Birthday Parties: Trampoline cannot be utilized during these times under any circumstances
- All coaches **must** be Respect in Sport Certified and are encouraged to obtain Police and Child Welfare Checks
- For information regarding the temporary amendment of NCCP requirements for coaching Level 3 trampoline skills, please see the memo at abgym.ab.ca

(Revised October 19,, 2020)

Minimum coaching requirements for **Trampoline/DMT/Tumbling** (applicable for all training and competitive environments)

Coaching status	Minimum Training requirements	Role and responsibilities	Athlete levels they can coach
Gymnastics Foundations TRAMPOLINE (TG) and/or Artistic Gymnastics (AG) TRAINED	<ul style="list-style-type: none"> Refers to coaches who have completed: GF THEORY + GF INTRODUCTION + GF SPORT SPECIFIC (Artistic Gymnastics (AG) and Trampoline (TG)) 	<ul style="list-style-type: none"> Minimum NCCP Training: Gymnastics Foundations (GF) Trampoline for Trampoline (TRA) & Double Mini Trampoline (DMT). When TRA and DMT are utilized at this level a GF Trampoline TRAINED coach must be supervised by GF Trampoline CERTIFIED coach that is 18+ years of age. Coaches must be Gymnastics Foundations Artistic Gymnastics TRAINED for Tumbling (TUM) and must be supervised by a certified GF Artistic CERTIFIED coach that is 18+ years of age. May NOT teach C1/Level 2 NCCP skills or inverted skills with flight. Gymnastics Foundations coaches are required to follow the guidelines as per the relevant NCCP Gymnastics Foundations discipline manual. 	<p><i>Athletes 6+ years of age</i></p> <p>Learn to Train (Developmental):</p> <p>TG TRAINED:</p> <ul style="list-style-type: none"> CANJUMP 1-4 TRA & DMT & TUM FAST TRA & DMT & TUM <p>AG TRAINED:</p> <ul style="list-style-type: none"> CANJUMP 1-4 TUM FAST TUM <p>TG/AG TRAINED:</p> <ul style="list-style-type: none"> Interclub & Demo Groups <p>Non-inversion elements only</p> <p>Must be under indirect supervision GF TG CERTIFIED coach who is 18 years+ for TRA & DMT. GF AG CERTIFIED supervisor for TUM.</p>
Gymnastics Foundations TRAMPOLINE (TG) and/or Artistic Gymnastics (AG) CERTIFIED	<ul style="list-style-type: none"> 16 years+ to certify Refers to coaches who have completed: GF THEORY + GF INTRODUCTION + GF SPORT SPECIFIC + EVALUATION= CERTIFIED 	<ul style="list-style-type: none"> May NOT teach Level 2 NCCP skills or inverted skills with flight (flipping). Gymnastics Foundations coaches are required to follow the guidelines as per the relevant NCCP Gymnastics Foundations discipline manual. 	<p><i>Levels as listed above</i></p> <p>Learn to Train (Developmental):</p> <p>TG CERTIFIED:</p> <ul style="list-style-type: none"> CANJUMP 1-4 TRA & DMT & TUM FAST TRA & DMT & TUM <p>AG CERTIFIED:</p> <ul style="list-style-type: none"> CANJUMP 1-4 TUM FAST TUM <p>TG/AG CERTIFIED:</p> <ul style="list-style-type: none"> Interclub & Demo Groups <p>Non-inversion elements only</p> <p>Must be under indirect supervision GF TG CERTIFIED coach who is 18 years+ for TRA & DMT. GF AG CERTIFIED supervisor for TUM.</p>
L2/C1 TG or L2/C1 AG TRAINED	<ul style="list-style-type: none"> Competition Introduction THEORY + L2/C1 TECHNICAL 	<ul style="list-style-type: none"> May spot athletes performing NCCP COMP 1/L2 skills. May NOT spot or teach Level 3 NCCP skills. May NOT coach beyond scope of training. May NOT supervise Gymnastics Foundations trained coaches. May coach under indirect supervision of a certified coach (minimum L2/C1 certified and 18 years +). 	<p><i>Levels as listed above</i></p> <p>Training to Train (Provincial Stream):</p> <p>L2 TG TRAINED:</p> <ul style="list-style-type: none"> CANJUMP 5-12 TRA & DMT & TUM L1-L4 TRA & DMT & TUM <p>C1/L2 AG TRAINED:</p> <ul style="list-style-type: none"> CANJUMP 5-12 TUM L1-L4 TUM <p>L2TG/C1 AG TRAINED:</p> <ul style="list-style-type: none"> Interclub & Demo Groups <p>Must be under indirect supervision L2/C1 CERTIFIED coach in respective discipline.</p>

L2/C1 TG or L2/C1 AG CERTIFIED	<ul style="list-style-type: none"> C1/L2 Theory + Technical + Evaluation=CERTIFIED 	<ul style="list-style-type: none"> May act as a supervising coach to C1 coaches in training/trained. Required to access floor at Provincial & Western Championships. 	<p>Levels as listed above</p> <p><u>Training to Train (Provincial Stream):</u></p> <p>L2 TG CERTIFIED:</p> <ul style="list-style-type: none"> CANJUMP 5-12 TRA & DMT & TUM L1-L4 TRA & DMT & TUM <p>C1/L2 AG CERTIFIED:</p> <ul style="list-style-type: none"> CANJUMP 5-12 TUM L1-L4 TUM <p>L2TG/C1 AG CERTIFIED:</p> <ul style="list-style-type: none"> Interclub & Demo Groups
L3 TG & L3/C3 AG TRAINED	<ul style="list-style-type: none"> C3/L3 THEORY + TECHNICAL 	<ul style="list-style-type: none"> May act as a coach or assistant coach under supervision (within reasonable proximity - within eye-sight) of a Level 3/Comp 3 certified coach. Required to coach MAG/WAG/TG National stream (and higher) athletes. May spot athletes performing NCCP L3/ COMP 3 skills. 	<p>Levels as listed above</p> <p><u>Train to Compete (National Stream):</u></p> <p>L3 TG TRAINED:</p> <ul style="list-style-type: none"> Pre-Novice & National Stream TRA & DMT & TUM <p>L3 AG TRAINED:</p> <ul style="list-style-type: none"> Pre-Novice & National Stream TUM <p>Must be under indirect supervision L3/C3 CERTIFIED coach in respective discipline.</p>
L3 TG & L3/C3 CERTIFIED	<ul style="list-style-type: none"> C3/L3 THEORY + TECHNICAL + EVALUATION 	<ul style="list-style-type: none"> May act as a supervising coach to C1-C3/L1-L3 coaches in training/trained. 	<p>Levels as listed above</p> <p><u>Train to Win (National Stream):</u></p> <p>L3 TG CERTIFIED:</p> <ul style="list-style-type: none"> High Performance TRA & DMT & TUM <p>L3 AG CERTIFIED:</p> <ul style="list-style-type: none"> High Performance TUM
L4 TG & L4/C4 AG CERTIFIED	<ul style="list-style-type: none"> C4/L4 THEORY + TECHNICAL + EVALUATION 	<ul style="list-style-type: none"> May act as a supervising coach to C1-C4/L1-L4 coaches in training/trained. Requirement for International Competitions May spot athletes performing NCCP L4/COMP 4 skills. 	<p>All levels</p> <p><u>Winning at all Levels/International Excellence (International Stream)</u></p>

- TG = Trampoline Gymnastics, AG= Artistic Gymnastics, TRA= Trampoline, DMT= Double Mini Trampoline, TUM= Tumbling, FAST= Foundational & Acrobatic Strength Testing.
- Trained = a coach who has completed the three GF training courses (intro, theory & discipline specific)
- Certified = a coach who has completed the three GF courses + GF evaluation, OR the technical, theory and practical components for Level 2 or 3
- If your club is offering a gymnastics sport, you need to have at least one CERTIFIED coach in that sport in the gym during the programming of that class
- Head Coaches of Competitive Clubs: **Must** be NCCP L2/C1 CERTIFIED
- Drop in's & Birthday Parties: Trampoline cannot be utilized during these times under any circumstances
- All coaches **must** be Respect in Sport Certified and are encouraged to obtain Police and Child Welfare Checks
- For information regarding the temporary amendment of NCCP requirements for coaching Level 3 trampoline skills, please see the memo at abgym.ab.ca

