

Alberta Compulsory and Xcel Championships

Where:

Servus Credit Union Place
400 Campbell Rd
St. Albert, AB

Dates:

May 9-12, 2024

Eligibility

- All Xcel athletes: Bronze, Silver, Gold, Platinum, and Diamond
- All Compulsory level 1-5 athletes

Rules and Regulations:

- Current Women's Xcel Code of Points
- Current Women's Development Compulsory Code of Points
- Current Women's Program Technical Handbook

Registration:

- Registration Opens: Friday, March 1st
- Registration Deadline: Friday, March 29th
- Late Registration Deadline: Tuesday, April 30th with a \$35 late fee
- Cost: \$150/athlete
- Cheque made payable to St. Albert Gymnastics or e-transfer to accounts@stalbertgymnastics.com

Registration Link:

<https://www.sportzsoft.com/meet/meetWeb.dll/MeetLogin?Id=6E5E6A38E251305C9AF4804EB776C7FD>

Awards (Silver+ and CCP 3-5):

All-Around	1st – 3rd place	A.G.F. Large Medals
Events	1st – 3rd place	A.G.F. Small Medals
All-Around & Events	4th – 8th place	A.G.F. Ribbons
Team Awards	1st – 8th place	Plaques

Awards (Bronze and CCP 1-2):

All-Around	All gymnasts	A.G.F. Small Medals
Events	At event	A.G.F. Ribbons
Team Awards	None for these levels	

Equipment:

- Two sets of SA equipment
- If you need to raise the bar height, please fill out the request to raise bar height form and send into the AGF office before the start of the competition.

Compulsory and Xcel Championships Souvenir Bodysuit

AGF and Sylvia P have teamed up to create an Xcel and Compulsory Championships bodysuit. Picture of the bodysuit on order page.

Cost: \$70

Order by **March 15th to receive bodysuit by May/June.**

Link to order: <https://abgym.uplifterinc.com/pages/merchandise/bodysuits/>

Entry Fee Refund requests:

Entry Fee Refund requests must be completed on the Entry Fee Refund Form (Appendix 9) and submitted to the A.G.F. Women's Program Coordinator (c/o the A.G.F. office).

- If Entry Fee refund form is submitted 9 business days prior to the event, a full refund will be issued minus a \$25 administration fee
- If Entry Fee refund form is between 5 and 8 days prior to the event, a full refund will be given minus a \$35 late administration fee
- If Entry Fee refund form is submitted less than 5 business days prior to the event, no refund will be issued
 - Exception: Full entry fee will be refunded for medical reasons at any time prior to the start of the event- a medical note may be required upon request.

Draws:

- Athlete List Out: Wednesday, April 3rd with final schedule
- First Draws Out: Wednesday, May 1st
- No Changes After: Friday, May 3rd
- Final Draws Out: Monday, May 6th

Tentative Schedule

Thursday, May 9th – Compulsory Levels 4 and 5

Friday, May 10th – Compulsory Level 1-3

Saturday, May 11th – Xcel Gold, platinum, and Diamond

Sunday, May 12th – Xcel Bronze and Silver

Please note, schedule may change due to registration numbers. Final schedule with times and age groupings will be sent after the first registration deadline.

Accommodations

Best Western Plus the Inn at St. Albert

2 Queen - \$129 + tax

King - \$139 + tax

In order to receive the group rate, please follow and/or forward the **website link below** to your guests as they have the ability to book their room and get the group rate online:

https://www.bestwestern.com/en_US/book/hotel-rooms.61082.html?groupid=5A7GE4H4

(Link may take up to 24 hours to activate)

Or, please kindly ask your guests to contact the hotel directly at (780) 470-3800 to make their reservation and reference **group code: SAGC24** **Please note our front desk agents will not book under a group name, group code is needed to book in the block**

A credit card is required in order to guarantee all reservations.

Guests will have until **Monday, April 1, 2024** to book their rooms. Any reservations made after the cut-off date are scheduled to flexible rates and hotel availability.

Holiday Inn Express and Suites St. Albert

587-290-1837

Two Queens or Two Queens with a pull out couch - \$134 + tax

Link to

Book: <https://www.hiexpress.com/redirect?path=hd&brandCode=EX&localeCode=en®ionCode=1&hotelCode=YEGSA&PMID=99801505&GPC=XCP&cn=no&viewfullsite=true>

Block Code: XCP

Book by April 8th 2024 to get discounted rates.