

SUGGESTED COACH TO PARTICIPANT / ATHLETE RATIO

Participant Age Group	Competitive Programs 1 Coach to:	Recreational Class 1 Coach to:	Birthday Parties 1 Coach to:	School Programs (includes Daycares) 1 Coach to:	Performance Groups 1 Coach to:	Gymnastics Drop-In 1 Coach to:
3 mths - 18 mths	N/A	8-12 participants + parents			N/A	Parent & Child Drop-In (Ages 0-5) 15-20 participants + parents/guardian (parent/guardian directed)
18 mths - 3 yrs		8-10 participants + parents			N/A	
3 yrs - 5 yrs		6-8 participants			6-8 participants	
6 & older	Max: 6-12 participants	8-10 participants	10-15 participants	12-15 participants Full class if teacher is active and participating.	8-10 participants	Parent & Child Drop-In (Ages: 6+) 12-15 participants + parents/guardian (parent/guardian directed)
12+	The more advanced the skills, the lower the ratio should be. Higher level competitive may reduce the ratio lower than 1 to 6 .	8-10 participants	10-15 participants	12-15 Participants Full class if teacher is active and participating	8-10 participants	Teen/Adult Drop In 8-10 participants

AGF highly recommends the above ratios be followed when planning your classes and programs.

Please review the New AGF Coaches Certification and Eligibility Policy within the AGF Policies and Procedures for all specific coaching requirements.

