



# GYMFEST 2025 SATURDAY MORNING CARTOONS

**Bulletin #1**

December 2024

Host	<p>Alberta Gymnastics Federation Suite 170 – 500 71 Ave SE Calgary, AB T2H 0S6403.259.5500 <a href="http://www.abgym.ab.ca">www.abgym.ab.ca</a></p> <p>Kate Webster – Event Chair sportdev@abgym.ab.ca</p>																						
Event Dates	May 02-04, 2025																						
Venue	University of Alberta																						
Theme	Saturday Morning Cartoons																						
Organizing Committee	<p>The Alberta Gymnastics Federation (AGF) and the Sport Development Committee (SDC) are excited to host Gymfest 2025!</p> <table data-bbox="402 1037 1365 1388"> <tr> <td>Kate Webster</td> <td>AGF Event Organizer</td> </tr> <tr> <td>Kelly Wills</td> <td>SDC Chairperson</td> </tr> <tr> <td>Vicky Hodgson</td> <td>SDC Committee Member</td> </tr> <tr> <td>Peggy Schumann</td> <td>SDC Committee Member</td> </tr> <tr> <td>Kari Binder</td> <td>SDC Committee Member</td> </tr> <tr> <td>Hayley Silberg</td> <td>SDC Committee Member</td> </tr> <tr> <td>Robert Light</td> <td>SDC Committee Member</td> </tr> <tr> <td>Karen MacDonald</td> <td>SDC Committee Member</td> </tr> <tr> <td>Brie Banks</td> <td>SDC Committee Member</td> </tr> <tr> <td>Kade Bowie</td> <td>SDC Committee Member</td> </tr> <tr> <td>Brody Atkin</td> <td>SDC Committee Member</td> </tr> </table>	Kate Webster	AGF Event Organizer	Kelly Wills	SDC Chairperson	Vicky Hodgson	SDC Committee Member	Peggy Schumann	SDC Committee Member	Kari Binder	SDC Committee Member	Hayley Silberg	SDC Committee Member	Robert Light	SDC Committee Member	Karen MacDonald	SDC Committee Member	Brie Banks	SDC Committee Member	Kade Bowie	SDC Committee Member	Brody Atkin	SDC Committee Member
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Schedule	<p><b>Friday, May 2, 2025</b> 11:00 AM – 4:30 PM – Coaches Educational Workshops (TBC) 5:00 PM – 6:00 PM – Coaches Gymfest Meeting 6:30 PM – 8:30 PM – Coaches Social TBC</p> <p><b>Saturday, May 3, 2025 *schedule subject to change based on registrations*</b> Morning Session Workshops &amp; Performance Rehearsals Afternoon Session Workshops &amp; Performance Rehearsals</p> <p><b>Sunday, May 4, 2025 *schedule subject to change based on registrations*</b> 9:00 AM – 11:00 AM – Morning Performances 12:00 PM – 2:00 PM – Afternoon Performances</p>																						

Event Information	Gymfest is an annual event hosted by the Alberta Gymnastics Federation (AGF) and the Sport Development Committee (SDC). The purpose of this event is to provide an opportunity for gymnasts, acrobats, dancers, or any combination to showcase their performance to the Alberta Gymnastics Community.
Event Objectives	<p>The core objectives of Gymfest are to provide participants with an opportunity to:</p> <ul style="list-style-type: none"> <li>• Showcase their performances to their families/other teams.</li> <li>• Engage in workshops/activities.</li> <li>• Celebrate the accomplishments of the season.</li> <li>• Display and celebrate the sport of gymnastics in a creative and fun way.</li> </ul>
AGF Registration	To participate in Gymfest 2025, all participants must be registered with AGF in the <b>Developmental</b> registration category (or equivalent from other PSOs).
Release of Liability & PIPA Forms	<p>All participants (coaches &amp; athletes) must have already completed an AGF Release of Liability and PIPA form with their club.</p> <p>Teams who are registered to a PSO/NSO that is not the Alberta Gymnastics Federation are also required to declare that all participants/coaches have completed the AGF Release of Liability and PIPA Forms.</p>
Event Registration	<p>Registration for Gymfest will be opened when Bulletin #2 is released and will include the following options:</p> <p><b>Full Weekend Package - \$95.00 per performer</b></p> <ul style="list-style-type: none"> <li>• Includes workshop access, a rehearsal timeslot, a performance timeslot and a t-shirt.</li> </ul> <p><b>Performance Only - \$40.00 per performer</b></p> <ul style="list-style-type: none"> <li>• Includes an option for a rehearsal timeslot, a performance timeslot, and a t-shirt.</li> </ul> <p><b>Coach/Chaperone - \$35.00 per coach/chaperone</b></p> <ul style="list-style-type: none"> <li>• Includes access to all areas and benefits that your team has registered for and a t-shirt.</li> </ul> <p><b>Registration Deadline: 11:59 PM on March 14, 2025</b></p> <p>NOTE: Registration fees are subject to service fees and applicable taxes.</p> <p>If you have a participant who wishes to perform on more than one team i.e. a medley, please request an exception from the Event Chair (<a href="mailto:sportdev@abgym.ab.ca">sportdev@abgym.ab.ca</a>). If you have received an exception, the participant will only need to pay one registration fee, however, please ensure that these participants are highlighted on the participant registration form and that their additional performance group is notified.</p>

Admissions	More information about Admissions will be shared in Bulletin #2!															
Host Hotel Information	<p>Wyndham Edmonton Hotel &amp; Conference Centre 4440 Gateway Blvd. Edmonton, AB T6H 5C2</p> <p><b>For Reservations Please Call:</b> Tel: 780-437-6010 Toll Free: 1-877-999-3223 Or Use Booking Link: <a href="https://www.wyndhamhotels.com/wyndham/edmonton-alberta/wyndham-edmonton-hotel-and-conference-centre/overview?checkInDate=05/02/2025&amp;checkOutDate=05/05/2025&amp;groupCode=050225GYM">https://www.wyndhamhotels.com/wyndham/edmonton-alberta/wyndham-edmonton-hotel-and-conference-centre/overview?checkInDate=05/02/2025&amp;checkOutDate=05/05/2025&amp;groupCode=050225GYM</a></p> <p>Group Name: Gym Fest Booking Code: 050225GYM</p> <p><b>Rooms not reserved are automatically released on: April 11, 2025 After this date rooms are based on availability.</b></p> <p>Guestroom Rates:</p> <table border="1" data-bbox="313 1014 1107 1119"> <thead> <tr> <th>ROOM TYPE</th> <th>Single</th> <th>Double</th> <th>Triple</th> <th>Quad</th> </tr> </thead> <tbody> <tr> <td>2 Queen</td> <td>139.00</td> <td>139.00</td> <td>154.00</td> <td>154.00</td> </tr> <tr> <td>1 King w/pullout</td> <td>139.00</td> <td>139.00</td> <td>154.00</td> <td>154.00</td> </tr> </tbody> </table> <p><b>Notes: Rates Include Hot Breakfast Buffet – Please ensure to advise how many guests are in the room to receive the correct amount of Breakfast Vouchers</b></p>	ROOM TYPE	Single	Double	Triple	Quad	2 Queen	139.00	139.00	154.00	154.00	1 King w/pullout	139.00	139.00	154.00	154.00
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AGF Refund Policy	<p>If the entry fee refund form is submitted 9 business days prior to the event, a full refund will be issued minus a \$25 administration fee.</p> <p>If the entry fee refund form is submitted between 5 and 8 business days prior to the event, a full refund will be issued minus a \$35 administration fee.</p> <p>If the entry fee refund form is submitted less than 5 business days prior to the event, no refund will be issued.</p> <p>Exception: Full entry fee will be refunded for medical reasons at any time prior to the start of the event. Please note that the Event Chair may request additional information up to and including a medical doctor’s note for an exception to be granted.</p> <p>NOTE: All service fees are non-refundable. In the case where AGF cancels the event, the full fee including the service fee will be refunded.</p>
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<p>Rehearsals</p>	<p>Rehearsals will be held on the main floor at the University of Alberta Saville Centre on May 3rd, 2025 with a maximum of 15 minutes per group. An exception may be made for larger groups but must be arranged prior to the event with the Event Chair.</p> <p>Rehearsal time provides an opportunity for each group to get accustomed to the floor, the entrance and exit for performances, and time to run through your performance. Performances will be monitored during rehearsal to ensure that they adhere to the time limits as outlined in the “Performance Regulations” section. If your performance runs long, the GFAC will request that your performance be shortened to adhere to the guidelines.</p> <p>If you are a performance-only group and would like some rehearsal time on Saturday, please note this in your registration.</p>
<p>Workshops</p>	<p>More information about workshops will be shared in Bulletin #2!</p>
<p>Social Media</p>	<p>Gymfest will be active on Facebook and Instagram. Use the official event hashtags and tag us with the following social media handles for a chance to be featured on the AGF social media platforms!</p> <p>Facebook facebook.com/AlbertaGymnastics/</p> <p>Instagram: @albertagymnastics</p> <p>Twitter: @ABGymnastics</p> <p>Official Event Hashtag: <b>#abgymfest</b></p>
<p>Gymfest Travel Fund</p>	<p>The Gymfest Travel Fund assists in providing financial support for teams who travel to Gymfest within Alberta.</p> <p>More information and the application form will be shared in Bulletin #2!</p>

Equipment	<p>The Saville where all rehearsals and performances will be occurring will be on a non-sprung floor.</p> <p>The equipment listed below will also be available for both rehearsals and performances:</p> <ul style="list-style-type: none"><li>• Landing Mats (4): 5'x10'x8"</li><li>• Springboards (2)</li><li>• Trapezoid Boxes (2): 4 sections</li><li>• Wedge Mats (2)</li><li>• Spotting Blocks: 4 Large (60"LX24"W X20"H); 2 Small (30"LX24"WX20"H)</li><li>• Mini Tramp (1)</li></ul> <p>NOTE: Your team is responsible for bringing any extra equipment (beyond the above list); please ensure that any equipment that your team brings is labelled with your team's name and club.</p>
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Event Objectives	<ol style="list-style-type: none"><li>1. Have fun! The most important aspect of Gymfest is that everyone has a great time!</li><li>2. Performances can be 5, 10, or 15 minutes in length depending on the number of participants in the group:<ul style="list-style-type: none"><li>• Groups with 8-19 participants are limited to a maximum of 5 minutes.</li><li>• Groups with 20-35 participants are limited to a maximum of 10 minutes.</li><li>• Groups with 36 or more participants are limited to a maximum of 15 minutes.</li></ul></li><li>3. Groups should consist of a minimum of eight (8) participants but can be as large as what can be safely performed on the floor. Should you be looking for an exception or clarification, please contact the Event Chair (<a href="mailto:sportdev@abgym.ab.ca">sportdev@abgym.ab.ca</a>)</li><li>4. Each participant is permitted to participate in one display. If a participant is looking to perform in more than one display, please contact the Event Chair (<a href="mailto:sportdev@abgym.ab.ca">sportdev@abgym.ab.ca</a>) for an exemption.</li><li>5. Each group will have an opportunity to choose their own music. Groups will be responsible for providing a copy of their music to the Event Chair (information in bulletin 2). A master playlist will be created for rehearsals and performances, and it is recommended to have a backup version via a phone. During registration, you will be asked to indicate what song your team will be using and notified if any other teams have chosen that song. There is no ruling on duplicate songs should your team happen to have the same music as another.</li><li>6. Your team's registration must comply with the AGF's suggested coach/participant ratios, which can be found on the AGF website. <a href="https://www.abgym.ab.ca/Programs/Gymnastics-for-All">https://www.abgym.ab.ca/Programs/Gymnastics-for-All</a></li><li>7. All performing participants must be registered with AGF at minimum as a Developmental Category Participant, or equivalent registration category if your team is registered with a PSO/NSO that is not Alberta Gymnastics Federation.</li></ol>
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<p>Gymfest Skill Regulations</p>	<p>1. At least one coach on your team must be NCCP C1 Certified (or equivalent) in at least one gymnastics discipline (MAG, WAG, RG, TG) for your team to be able to participate at Gymfest. If your team has a C1 Certified (or equivalent) coach on the team, you are welcome to have additional coaches who may be Foundations trained/certified to assist your team. Coaches in Training who have not received any formal NCCP training will not be permitted to assist your team during the event.</p> <p>2. AGF will be requiring the following items completed in alignment with the coaching requirements:</p> <ul style="list-style-type: none"><li>• A coach must hold a valid Back/Police Check, valid within three (3) years of the event</li><li>• All coaches must have completed Respect in Sport</li><li>• More information on the appropriate checks can be found on the AGF website</li></ul> <p><a href="https://www.abgym.ab.ca/Safe-Sport/Requirements-for-Team-Alberta-Events">https://www.abgym.ab.ca/Safe-Sport/Requirements-for-Team-Alberta-Events</a></p> <p>3. Participants are permitted to do any skills that the coach is qualified to coach (NCCP Certification dependent), the participants are registered in the appropriate AGF Registration Category, and the skills relate back to a gymnastics discipline.</p> <p>4. Trampolines may only be used in a routine if the Coach that is directly supervising the participants is minimum NCCP Trampoline Level 1 Certified and the skills that are being performed do not exceed the NCCP training of the coach.</p> <p>It is the expectation that skills being performed in routines can be quantified back to a recognized program (Artistic, Trampoline, Acrobatic, Rhythmic, Parkour).</p> <p>Coaches are responsible to have the appropriate certification and training in teaching skills. If a skill exceeds what a coach has been formally trained (NCCP), it may not be performed.</p> <p>Due to the nature of Gymnaestrada being a gymnastics performance, there may be some discrepancies for skills that do not fit in any one category. Because of this, some skills may be reviewed/requested to be changed by the Event Chair and Sport Development Committee to ensure the safety of all participants.</p> <p>If you are unsure, please submit a video of your routine to the Event Chair (<a href="mailto:sportdev@abgym.ab.ca">sportdev@abgym.ab.ca</a>) for a review by the Sport Development Committee.</p>
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