Minimum coaching requirements for Trampoline Gymnastics (applicable for all training and competitive environments)

- Gymnastics Foundations: GF, Competition Introduction: C1, Competition Introduction Advanced: C2, Competition Developmental: C3, Making Ethical Decisions: MED
- Gymnastics for All: GFA, Women's Artistic Gymnastics: WAG, Men's Artistic Gymnastics: MAG, Trampoline Gymnastics: TG, Artistic Gymnastics: AG,
- All coaches must be Respect in Sport Certified and are encouraged to obtain Police and Child Welfare Checks.

| Coaching Status | GF TG TRAINED | GF TG CERTIFIED | C1 TG TRAINED | C1 TG CERTIFIED | C2 TG TRAINED | C2 TG CERTIFIED | C3 TG TRAINED | C3 TG CERTIFIED |
|----------------------------------|--|---|---|---|---|--|--|--|
| Minimum Training Requirements | 15 yrs. + Coaches who have COMPLETED: GF Theory + MED + GF Introduction + GF Sport Specific (Artistic and Trampoline) | 16 yrs. + Coaches who have COMPLETED: GF Theory + MED + GF Introduction + GF Sport Specific + GF Sport Specific Evaluation = CERTIFIED | • 16 yrs. + • C1 Theory + MED + C1 Technical | • 16 yrs. + • C1 Theory + MED + C1 Technical + Evaluation = CERTIFIED | • 16 yrs. + • C2 Theory + MED + C2 Technical | • 16 yrs. + • C2 Theory + MED + C2 Technical + Evaluation = CERTIFIED | 16 yrs. + Competition Developmental Multi- Sport Theory + MED + C3 Technical | 16 yrs. + Competition Developmental Multi- Sport Theory + MED + C3 Technical + Evaluation = CERTIFIED |
| Roles and Responsibilities | When trampoline (TRA) & double mini trampoline (DMT) are utilized a GF TG Trained coach must be supervisor by 18 yrs. +, be GF Trampoline Certified coach. And if doing tumbling (TUM) skills coach must be supervised by 18yrs. + GF Artistic Certified coach. May NOT teach C1/Level 2 NCCP skills or inverted skills with flight | May supervise their own group May act as a supervising coach to Pre-CIT or GF coach in training/trained. CANNOT teach C1 skills or inverted skills with flight (flipping) | May act as a coach or assistant under indirect supervision (within reasonable proximity — within eyesight of C1 TG Certified coach and is 18 yrs. +) May spot athletes performing NCCP C1 skills NO coaching beyond scope of training CANNOT supervise GF TG Trained coaches unless is GF TG Certified. | May act as a supervising coach to C1 coaches in training/trained. | May act as a coach or assistant under indirect supervision (within reasonable proximity – within eyesight of C2 Certified coach) May spot athletes performing NCCP C2 skills | May act as a supervising coach to C1 & C2 coaches in training/trained. | May act as a coach or assistant under indirect supervision (within reasonable proximity — within eyesight of C3 Certified coach) May spot athletes performing NCCP C3 skills | May act as a supervising coach to C1 C3 coaches in training/trained. |
| Athlete Levels | Athletes 6 yrs. + Learn to Train GFTG Trained CANJUMP 1-4 TRA & DMT & TUM FAST TRA & DMT & TUM GF AG Trained CANJUM 1 -4 TUM FAST TUM GF TG/GF AG Trained: Interclub & Demo Groups Non-inversion elements only MUST be under indirect supervision GF TG Certified coach who is 18 yrs. + for TRA & DMT. GF AG Certified supervisor for TUM | Athletes 6 yrs. + Learn to Train GF TG Certified CANJUMP 1-4 TRA & DMT & TUM FAST TRA & DMT & TUM GF AG Certified CANJUM 1 -4 TUM FAST TUM GF TG/GF AG Trained: Interclub & Demo Groups Non-inversion elements only MUST be under indirect supervision GF TG Certified coach who is 18 yrs. + for TRA & DMT. GF AG Certified supervisor for TUM | Athletes 6 yrs. + Learn to Train Skills as per previous levels Train to Train C1 TG Trained CANJUMP 5-12 TRA & DMT & TUM L1-L4 TRA & DMT &TUM C1 TG/C1 AG Trained CANJUMP 5-12 TUM C1 TG/C1 AG Trained CANJUMP 5-12 TUM L1-L4 TUM C1 TG/C1 AG Trained Interclub & Demo Groups | Athletes 6 yrs. + Learn to Train Skills as per previous levels Train to Train C1 TG Certified CANJUMP 5-12 TRA & DMT & TUM L1-L4 TRA & DMT &TUM C1 TG/C1 AG Certified CANJUMP 5-12 TUM L1-L4 TUM C1 TG/C1 AG Certified CANJUMP 5-12 TUM L1-L4 TUM C1 TG/C1 AG Certified Interclub & Demo Groups | Athletes 6 yrs. + Learn to Train Skills and Train to Train as per previous levels Train to Compete C 2 TG Trained Pre-Novice & National Stream TRA & DMT & TUM C 2 AG Trained Pre-Novice & National Stream TUM MUST be under indirect supervision of a C2 Certified coach | Athletes 6 yrs. + Learn to Train Skills and Train to Train as per previous levels Train to Compete C2 TG Certified Pre-Novice & National Stream TRA & DMT & TUM C2 AG Certified Pre-Novice & National Stream TUM | Athletes 6 yrs. + Learn to Train Skills, Train to Train and Train to Compete as per previous levels Train to Win C3 TG Trained High Performance TRA & DMT & TUM C3 AG Trained High Performance TUM | Athletes 6 yrs. + Learn to Train Skills, Train to Train and Train to Compete as per previous levels Train to Win C3 TG Certified High Performance TRA & DMT & TUM C3 AG Certified High Performance TUM |