

2025 Alberta T&T Provincial Championships



LEDUC FIELDHOUSE

Version: March 25



Thursday, April 3		DMT	TRAMPOLINE	TUMBLING
OPEN TRAINING 16:00 to 17:30 (ONLY for athletes who help with set-up, exact time pending completion of set-up)				
BLOCK 1	17:30 - 18:00	General Warm-Up for Block 1		
	18:00 - 18:30		L1X F1 SYNCHRO (8)	
	18:30 - 19:00		L1X F2 SYNCHRO (8)	
	19:00 - 19:30		L1X F3 SYNCHRO (8)	
	19:30 - 20:00		L2X F1 SYNCHRO (8)	
	20:00 - 20:30		L2X F2 SYNCHRO (8)	
Friday, April 4		DMT	TRAMPOLINE	TUMBLING
BLOCK 2	8:00 - 8:10	Judges and Coaches meeting		
	8:00 - 8:20	General Warm-up for Block 2		
	8:20 - 8:30	MARCH-IN / O-CANADA		
	8:30 - 9:00	L1 12 Women F1 (10)	L1 11U Women F1 (9)	L2 Women F1 (9)
	9:00 - 9:30	L1 12 Women F2 (10)	L1 11U Women F2 (9)	L2 Women F2 (8)
	9:30 - 9:55	L2 Men F1 (7)	L1 11U Women F3 (9)	L1 12 Women F1 (10)
	9:55 - 10:20	L2 Men F2 (7)	L2 14+ Women F1 (10)	L1 12 Women F2 (9)
	10:20 - 10:50	L1 Men (11)	L2 14+ Women F1 (9)	L1 13+ Women F1 (13)
	10:50 - 11:20	L2 14+ Women F1 (11)	L1 Men F1 (8)	L1 13+ Women F2 (12)
	11:20 - 11:45	L2 14+ Women F2 (10)	L1 Men F2 (8)	
BLOCK 3	11:45 - 12:15	General Warm-up for Block 3		
	12:15 - 12:45	L1 13+ Women F1 (9)	L2 Men (10)	L1 11U Women F1 (12)
	12:45 - 13:15	L1 13+ Women F2 (9)	L1 12 Women F1 (12)	L1 11U Women F2 (12)
	13:15 - 13:45	L1 11U Women F1 (9)	L1 12 Women F2 (12)	L1 Men F1 (10)
	13:45 - 14:15	L1 11U Women F2 (9)	L2 13U Women F1 (9)	L1 Men F2 (9)
	14:15 - 14:40	L1 11U Women F3 (8)	L2 13U Women F2 (9)	L2 Men (10)
	14:40 - 15:10	L2 13U Women F1 (12)	L1 13+ Women F1 (11)	
	15:10 - 15:40	L2 13U Women F2 (11)	L1 13+ Women F2 (11)	
BLOCK 4	ATTSA ANNUAL GENERAL MEETING - 15:45 - 16:30			
	16:30 - 17:00	General Warm-Up for Block 4		
	17:00 - 17:45	L5 14U Women & Men (6+1)	L3X F1 SYNCHRO (10)	
	17:45 - 18:30	L5 17+ Women & Men (9+1)	L3X F2 & L4X SYNCHRO (3+6)	
	18:30 - 19:15	L5 15-16 Women & Men (7+4)	L6W, L6M, SRM SYNCRHO (5+1+3)	
	19:15 - 19:50	Junior Men, L6 Men (3+4)	L5W & L5X SYNCHRO (4+1)	
Saturday, April 5		DMT	TRAMPOLINE	TUMBLING
BLOCK 5	8:00AM	Judges and Coaches meeting		
	8:00 - 8:30	General Warm-up for Block 5		
	8:30 - 9:10	L3 Women F1 (9)	L5 14U, 15-16 Women (3+5)	
	9:10 - 9:50	L3 Women F2 (9)	L5 15-16, 17+ & L6 & JR Men (1+4+3+1)	
	9:50 - 10:25	L3 Women F3 (9)	L5 17+ Women (8)	L3 Men (3) & L4 Men (4)
	10:25 - 11:10	L4 Women (11)	Junior, L6, Senior Women (2+7+1)	L3 Women (11)
	11:10 - 12:00	L4 Men (8)	L7 & Senior Men (1+7)	L4 Women (7)
BLOCK 6	12:00 - 12:30	General Warm-up for Block 6		
	12:30 - 13:10	L3 Men (9)	L3 Women F1 (13)	L5 17+ Women (12)
	13:10 - 14:00	Senior Men (12)	L3 Women F2 (13)	Junior, L6 & Senior Women (1+4+4)
	14:00 - 14:35	Junior & Senior Women (5+5)	L3 Men (8)	L5 15-16, 17+ Men & L5 14U & 15-16 Women (1+2+3+2)
	14:35 - 15:15	L6 Women (11)	L4 Women F1 (7)	L6 & Senior Men (3+5)
	15:15 - 15:55	L5 17+ Women & Men (9+1)	L4 Women F2 (7)	
	15:55 - 16:30	L5 14U Women & Men (6+1)	L4 Men (11)	
		16:30 - 16:55	General Warm-up for Block 7	

BLOCK 7	16:55 - 17:00	March-In First Group of Finalists		
	17:00 - 17:25	L1 Men (10)	L1 12 Women (10)	L2 Men (10)
	17:25 - 17:50	L2 Men (10)	L1 13+ Women (10)	L1 12 Women (10)
	17:50 - 18:15	L2 14+ Women (10)	L1 Men (10)	L1 11U Women (10)
	18:15 - 18:40	L2 13U Women (10)	L2 Men (10)	L2 Women (10)
	18:40 - 19:05	L1 11U Women (10)	L2 14+ Women (10)	L1 Men (10)
	19:05 - 19:30	L1 12 Women (10)	L1 11U Women (10)	L1 13+ Women (10)
	19:30 - 19:55	L1 13+ Women (10)	L2 13U Women (10)	
ALL AWARDS FOR L1 & L2 FINALS (Including Synchro L1 & L2) 20:00 to 20:30				
Names for Team Finals must be in by Saturday Night (By the end of Awards)				
Sunday, April 6		DMT	TRAMPOLINE	TUMBLING
BLOCK 8	8:00 - 8:30	General Warm-up for Block 8		
	8:25 - 8:30	March-in First Group of Finalists		
	8:30 - 9:05	L4 Men (8)	L5 14U, 15-16 Women (3+5)	L3 Women (10)
	9:05 - 9:40	L3 Men (9)	L5 15-16, 17+ & L6 & JR Men (1+4+3+1)	L4 Women (7)
	9:40 - 10:10	L3 Women (10)	L5 17+ Women (8)	L3 Men (3) & L4 Men (4)
	10:10 - 10:50	L4 Women (10)	Junior, L6, Senior Women (2+7+1)	
	10:50 - 11:30	L5 15-16 Women & Men (7+4)	L7 & Senior Men (1+7)	
BLOCK 9	11:30 - 11:55	General Warm-up for Block 9		
	11:55 - 12:00	March-in First Group of Finalists		
	12:00 - 12:40	Senior Men (10)	L3 Women (10)	L5 15-16, 17+ Men & L5 14U & 15-16 Women (1+2+3+2)
	12:40 - 13:20	Junior Men, L6 Men (3+4)	L4 Women (10)	Junior, L6, & Senior Women (1+4+4)
	13:20 - 14:00	L6 Women (10)	L3 Men (8)	L6 & Senior Men (3+5)
	14:00 - 14:40	Junior & Senior Women (5+5)	L4 Men (10)	L5 17+ Women (10)
AWARDS FOR ALL SUNDAY FINALS (Including L3+ Synchro) - 14:45 to 15:15				
BLOCK 10	15:30 - 15:55	General Warm-up for Block 10		
	15:55 - 16:00	March-In		
	16:00 - 16:30	Group 2 (12) PHO, EXE, WW	Group 1 (12) EDG, INF, CAR	Group 4 (12) AIR, CGC, ALT
	16:30 - 16:35	March-In		
	16:35 - 17:10	Group 4 (12) AIR, CGC, ALT	Group 3 (12) THU, ORT, PEG	Group 2 (12) PHO, EXE, WW
	17:10 - 17:15	March-In		
	17:15 - 17:45	Group 1 (12) EDG, INF, CAR	Group 4 (12) AIR, CGC, ALT	Group 3 (12) THU, ORT, PEG
	17:45 - 17:50	March-In		
	17:50 - 18:20	Group 3 (12) THU, ORT, PEG	Group 2 (12) PHO, EXE, WW	Group 1 (12) EDG, INF, CAR
NAMING OF AB TEAM TO WESTERNS + CANADIANS & TEAM FINAL AWARDS - 18:30 to 19:00				