



OFF THE EDGE 4.0 & 1ST ALBERTA PARKOUR CUP

Sat-Sun, April 26th-27th, 2025

Obstacle Challenge Invitational!

What is This?

Jump around some fun challenges and race through obstacle courses with us!

The event is designed to be a great intro to moving through obstacles. Whether you're just starting out in the sport of Parkour, or a seasoned athlete.

Registration is open to anyone!
Age groups: 6-8, 9-11, 12-15, 16-29 and 30+

Schedule

April 26: **Skill Invitational (Parkour Skills Testing)**
10:00AM-11:15PM - Ages 6-8 & 9-11 Skill Prelims
11:15PM-12:30PM - Ages 12-15, 16-29, & 30+ Skill Prelims
12:30PM-1:45PM - All Ages Skill Finals
1:45PM-2:15PM - Awards for all (Women's and Open Categories)

April 26: **Soft Surface Style Invitational (Parkour Routines)**
Note: To register for this contact Brody Atkin below.)
2:00PM-3:30PM - Beginner Style
3:30PM-5:00PM - Intermediate Style
5:00PM-6:30PM - Advanced Style
6:45PM-7:15PM - Awards for all (Women's and Open Categories)

April 27: **Alberta Parkour Cup, Speed (Obstacle Course Racing)**
10:30AM-12:00PM - Ages 6-8 & 9-11 Speed
12:15PM-1:45PM - Ages 12-15, 16-29, & 30+ Speed
2:00PM-2:30PM - Awards for all (Women's and Open Categories)

Registration

25\$/event to compete
\$5/day to view

[Register Here](#)

To Register in Style or if you have Questions Email
brodyatkin@gmail.com

