



Trampoline Gymnastics

# 2026 TG CANADIAN PATHWAYS

December 14, 2025

Updates for 2026



## TABLE OF CONTENTS

<b>1.0 INTRODUCTION</b>	<b>3</b>
<b>2.0 MOBILITY</b>	<b>3</b>
2.1 MOBILITY OPPORTUNITIES	3
2.2 MOBILITY SCORES	4
<b>3.0 COMPETITION ELIGIBILITY</b>	<b>5</b>
3.1 PROVINCIAL CHAMPIONSHIPS	5
3.2 OUT OF PROVINCE CUPS	5
3.3 ELITE CANADA	5
3.4 CANADIAN CHAMPIONSHIPS	5
3.5 INTERNATIONAL COMPETITIONS	5
<b>4.0 GENERAL RULES FOR ALL EVENTS</b>	<b>7</b>
<b>5.0 COMPETITION FORMAT</b>	<b>7</b>
<b>6.0 INDIVIDUAL TRAMPOLINE (TRI)</b>	<b>9</b>
6.1 GENERAL TRI RULES	9
6.2 TRI LEVEL REQUIREMENTS	10
<b>7.0 SYNCHRONIZED TRAMPOLINE (TRS)</b>	<b>12</b>
7.1 TRS LEVEL REQUIREMENTS	13
<b>8.0 TUMBLING (TUM)</b>	<b>14</b>
8.1 TUM GENERAL RULES	14
8.2 TUM LEVEL REQUIREMENTS	15
<b>9.0 DOUBLE MINI TRAMPOLINE (DMT)</b>	<b>18</b>
9.1 DMT GENERAL RULES	18
9.2 DMT LEVEL REQUIREMENTS	19



## 1.0 INTRODUCTION

The TG Canadian Pathways are designed to help athletes progress in all TG disciplines: Trampoline, Synchronized Trampoline, Tumbling and Double Mini Trampoline.

If you have any questions concerning this document, please contact:

Karen Cockburn  
Director Trampoline Gymnastics  
kcockburn@gymcan.org

Or

Niki Lavoie  
Program Manager (PM), World Games Disciplines  
nlavoie@gymcan.org

## 2.0 MOBILITY

Any athlete may enter the sport in levels 1-4. In order to register in a higher category, athletes must meet a mobility standard in the previous category. Once an athlete has competed in a level they ordinarily may not move down to a lower level. Petitions to enter the sport at a higher level or to move to a lower level must be made to GymCan via the athlete's Provincial TG Technical Committee.

### 2.1 MOBILITY OPPORTUNITIES

Athletes may mobilize at the following competitions, with Level 4 athletes being limited to the first 5 competitions they participate in each season.

Competition	Level 4	Novice, Level 5	Levels 6, 7, Junior, Senior
Provincial Cups (maximum 3)	✓	✓	✓
Provincial Championships	✓	✓	✓
Out-of-Province Cups (maximum 1)	✓	✓	✓
Western or Eastern Canadian Championships	✓		
Elite Canada		✓	✓
Canadian Championships		✓	✓
International Events Recognized by GymCan		✓	✓

Provinces are responsible for providing GymCan with the list of athletes who have met mobility after each Provincial Cup. Not providing this information to GymCan will render the athlete not eligible to compete in the new category.

## 2.2 MOBILITY SCORES

The mobility requirements are detailed in the charts below, but may consist of a total score, a difficulty standard, and/or required skills. All of the mobility requirements for a level must be met at the same time. If any rules are changed or not followed, mobility will not be granted.

**TRI**

From Level	To Level	Based On	Women		Men		Requirement
			Score	DD	Score	DD	
4	5	Prelim (including bonus)	89.6	7.7	89.6	7.7	Double Salto
5	Junior or 6	Prelim	85.8	9.2	87.2	10.1	–
Junior	6	By Age (17+)	–	–	–	–	–
Junior or 6	7	2 <sup>nd</sup> Voluntary or Final	49.0	10.8	51.0	12.3	–
Junior	Senior	2 <sup>nd</sup> Voluntary or Final	50.9	12.7	53.7	14.5	–
7	Senior	Any Routine					–

**TUM**

From Level	To Level	Based On	Women		Men		Requirement
			Score	DD	Score	DD	
4	Novice or 5	Prelim	34.9	2.1	34.9	2.1	Skill of 1.1 DD+
5	Junior or 6	Prelim	39.2	6.0	41.0	7.8	Skill of 2.0 DD+
Junior	6	By Age (17+)	–	–	–	–	–
Junior or 6	Senior	Prelim	41.5	7.5	43.6	10.6	Double Salto in each Prelim Pass Men: Double Salto in Transition in One Prelim Pass

**DMT**

From Level	To Level	Based On	Women		Men		Requirement
			Score	DD	Score	DD	
4	Novice or 5	Prelim or Final	42.2	5.4	42.2	5.4	Double Salto
5	Junior or 6	Prelim or Final	43.8	7.0	45.6	8.8	–
Junior	6	By Age (17+)	–	–	–	–	–
Junior or 6	Senior	Prelim or Final	46.8	10.0	51.2	14.4	–

## 3.0 COMPETITION ELIGIBILITY

### 3.1 PROVINCIAL CHAMPIONSHIPS

- Provinces may set qualification scores as desired

### 3.2 OUT OF PROVINCE CUPS

- Athletes must inform GymCan before attending any out-of-province cups, and declare whether it will be the one counting for mobility.
  - Host provinces must send results of visiting athletes directly to GymCan.

### 3.3 ELITE CANADA

- Athletes must have met mobility for the category they wish to compete in.

### 3.4 CANADIAN CHAMPIONSHIPS

- Athletes must have met the standards in the chart below (see next page) for the category they wish to compete in within the competition season. An athlete who switches category (for example from L6 to L7) within the season does not need to re-qualify in the new category (does not need to re-qualify in L7 in this example). The only exception is the mobility from L4 to L5 (athletes need to qualify again once in L5).
- Athletes who competed at Worlds/WAGC the year before will automatically qualify for Canadian Championships for that event (and only in the category in which they were selected).
- National Team members can also submit petitions directly to GymCan.
- Provinces may not set additional qualification scores to attend Canadian Championships but may set additional scores to receive provincial funding as desired.

### 3.5 INTERNATIONAL COMPETITIONS

- FIG sanctioned events may only be attended by National Team members. See the National Team Selection Procedure for details how to qualify.
- GymCan may identify one international age group event per year for selected Age Group athletes.
- Travel sanction to all other competitions will be managed by the provinces, but GymCan recommends the following standards:
  - Athletes should be competing at National level competitions as well.
  - Athletes should have competed domestically in at least level 3 to attend events in the USA or level 5 to attend events in other countries.



QUALIFICATION STANDARDS						
LEVEL	GENDER	TRI	TRS	TUM	DMT	
Novice and L5	All	80.9 with 7.7 DD compulsory + any optional from same competition	37.9 with 7.2 DD any routine	34.9 with requirements and 2.1 DD in each pass any round	42.2 with 5.4 DD and requirements any round	OR mobilize to L6 or Junior (with or without switching level)
	L6 and Junior	Women	81.4 with 9.2 DD compulsory + any optional from same competition	39.8 with 8.5 any routine	39.2 with 6.0 DD and requirements any round	43.8 with 7.0 DD any round
Men		82.8 with 10.1 DD compulsory + any optional from same competition	40.5 with 9.2 any routine	41.0 with 7.8 DD and requirements any round	45.6 with 8.8 DD any round	
L7	Women	47.4 with 10.8 DD any routine	N/A	N/A	N/A	OR mobilize to Senior (with or without switching level)
	Men	49.4 with 12.3 DD any routine				
Senior	Women	49.3 with 12.7 DD any routine	42.0 with 10.2 DD (same for Mixed Synchro) any routine	41.5 with 7.5 DD and requirements any round	46.8 with 10.0 DD any round	
	Men	52.1 with 14.5 DD any routine	43.8 with 12.0 DD any routine	43.6 with 10.6 DD and requirements any round	51.2 with 14.4 DD any round	

## 4.0 GENERAL RULES FOR ALL EVENTS

- The Canadian Pathways only lists additional rules or deviations from the FIG Code of Points. For complete rules this document should be read in conjunction with the FIG Code of Points and the Canadian Competition Regulations.
- Canadian tie breaking rules are published in the Canadian Competition Regulations, but provinces can add additional tie breaking rules for Levels 1-4 if desired.
- Age splits for Level 1-7 may be set by the provinces based on registration numbers, with the exception of the Junior and Senior categories. Age splits for National events will use the values in the charts below, and will be updated every year based on registration numbers from the previous season.
- Age is determined by the participant's age as of December 31 of the competition year.
- Canadian bonus values must be entered in a separate field, while FIG bonus values are combined with DD. Elements must receive DD (not be a repetition) to be eligible for a bonus.
- The penalty for a missing requirement is 2.0 per missed requirement (taken by the DD judges). Requirements may be combined into one element where applicable.
- Minimum DD Penalties
  - Minimum DD is expected to be adhered to in Levels 1-4, although no penalty will be applied if it is not met.
  - There will be a penalty for Levels 5, 6, 7, Junior, and Senior for failing to meet minimum DD in a complete routine/pass. This penalty will be 0.1 per 0.1 below minimum DD, applied by the DD judges. On DMT/TUM, this penalty will be a maximum of 1.0, but on TRI/TRS there will be no maximum penalty.

## 5.0 COMPETITION FORMAT

Competitions will consist of the following routines in the preliminary and final rounds. Provinces may decide to hold finals at Provincial Cups and Provincial Championships as noted.

### TRI

Level	Round	Provincial Cups	Provincial Championships	National Events
1, 2, 3, 4	Preliminary	Compulsory + Voluntary	Compulsory + Voluntary	–
	Final	Voluntary (may be omitted)	Voluntary (recommended)	–
Novice, 5	Preliminary	Voluntary 1 + Voluntary 2	Voluntary 1 + Voluntary 2	Voluntary 1 + Voluntary 2
	Final	Voluntary (may be omitted)	Voluntary (recommended)	Voluntary
6, Junior	Preliminary	Voluntary 1 + Voluntary 2	Voluntary 1 + Voluntary 2	Voluntary 1 + Voluntary 2
	Final	Voluntary (recommended)	Voluntary (recommended)	Voluntary
7, Senior	Preliminary	Best of 2 Voluntaries	Best of 2 Voluntaries	Best of 2 Voluntaries
	Final	Voluntary (recommended)	Voluntary (recommended)	Voluntary

## TRS

Level	Round	Provincial Cups	Provincial Championships	National Events
1, 2, 3, 4	Preliminary	–	–	–
	Final	Voluntary	Voluntary	–
Novice, 5	Preliminary	Voluntary	Voluntary	Voluntary
	Final	Voluntary (may be omitted)	Voluntary (recommended)	Voluntary
6	Preliminary	Voluntary	Voluntary	Voluntary
	Final	Voluntary (recommended)	Voluntary (recommended)	Voluntary
Senior	Preliminary	Best of 2 Voluntaries	Best of 2 Voluntaries	Best of 2 Voluntaries
	Final	Voluntary (recommended)	Voluntary (recommended)	Voluntary

## TUM

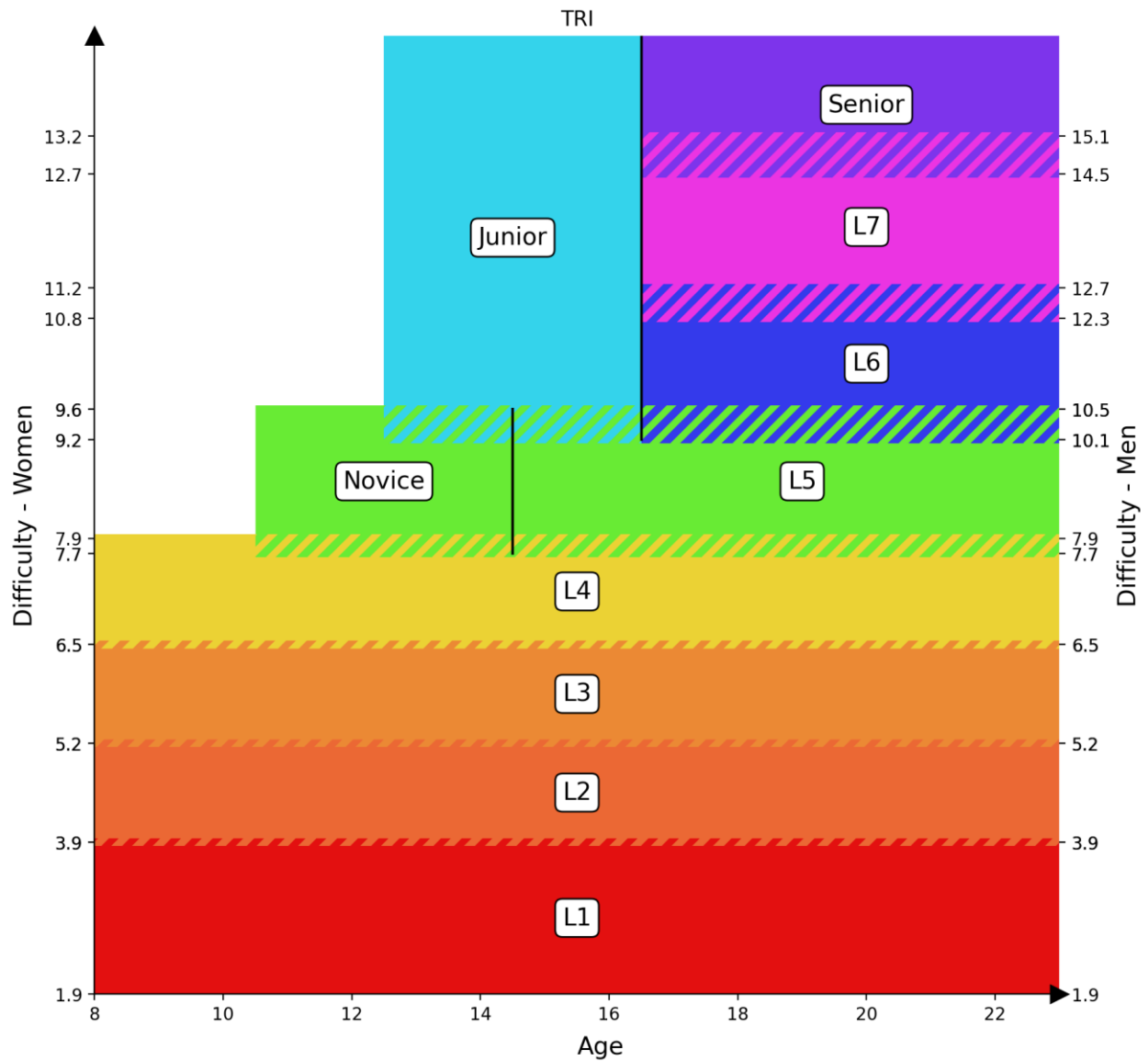
Level	Round	Provincial Cups	Provincial Championships	National Events
1, 2	Preliminary	Compulsory (5) + Voluntary (5)	Compulsory (5) + Voluntary (5)	–
	Final	Voluntary (5) (may be omitted)	Voluntary (5)	–
3, 4	Preliminary	Compulsory (8) + Voluntary (8)	Compulsory (8) + Voluntary (8)	–
	Final	1 Voluntary (3)	2 Voluntaries (8+3)	–
Novice, 5	Preliminary	2 Voluntaries (8+8)	2 Voluntaries (8+8)	2 Voluntaries (8+8)
	Final	1 Voluntary (3)	2 Voluntaries (8+8)	2 Voluntaries (8+8)
Junior, 6, Senior	Preliminary	2 Voluntaries (8+8)	2 Voluntaries (8+8)	2 Voluntaries (8+8)
	Final	2 Voluntaries (8+8)	2 Voluntaries (8+8)	2 Voluntaries (8+8)

## DMT

Level	Round	Provincial Cups	Provincial Championships	National Events
1, 2, 3	Preliminary	2 Passes	2 Passes	–
	Final	2 Passes (may be omitted)	2 Passes	–
4, Novice, 5, Junior, 6, Senior	Preliminary	2 Passes	2 Passes	2 Passes
	Final	2 Passes	2 Passes	2 Passes

## 6.0 INDIVIDUAL TRAMPOLINE (TRI)

The general level structure for Individual Trampoline (TRI) is shown below



### 6.1 GENERAL TRI RULES

- Levels 1-4 have compulsory first routines, which must be performed as written. No DD will be given for these routines, and they will be considered interrupted if a different skill is performed.
- Time of Flight (TOF) is part of all score calculations.
  - Provinces may elect to reduce or eliminate TOF for levels 1-3 to compensate for large age ranges, however GymCan recommends instead to keep TOF as is and instead split the levels by age.



## 6.2 TRI LEVEL REQUIREMENTS

Age Range	Level 1 8+	Level 2 8+	Level 3 8+	Level 4 8+
<b>Preliminary Routine 1 (Compulsory)</b>	4 – o Back Tuck	4 – / Back Straight	4 1 / Barani Straight	-- o Tuck Jump
	-- o Tuck Jump	4 – o Back Tuck	4 – < Back Pike	3 – / ¾ Back Straight
	-- L Seat Drop	4 1 o Barani Tuck	4 – / Back Straight	5 – o Cody Tuck
	- 1 L ½ Twist To Seat	-- o Tuck Jump	-- o Tuck Jump	4 – o Back Tuck
	- 1 ↑ ½ Twist To Feet	4 1 < Barani Pike	4 1 o Barani Tuck	4 1 < Barani Pike
	-- < Pike Jump	4 – < Back Pike	4 – o Back Tuck	4 – < Back Pike
	1 – F Front Drop	-- L Seat Drop	4 1 < Barani Pike	4 – / Back Straight
	1 – ↑ To Feet	- 1 ↑ ½ Twist To Feet	-- < Pike Jump	4 1 / Barani Straight
	-- v Pike Straddle Jump	-- < Pike Jump	3 – / ¾ Front Straight	4 2 Back Full
	4 – < Front Pike OR 4 1 o Barani Tuck	4 1 / Barani Straight	5 1 o Barani Ballout Tuck	4 3 Rudi
<b>Preliminary Routine 2 and Final Routine</b>	Voluntary routine of 10 elements Bonus equal to the DD			
<b>DD Range</b>	1.9 – 3.9	3.9 – 5.2	5.2 – 6.5	6.5 – 7.9

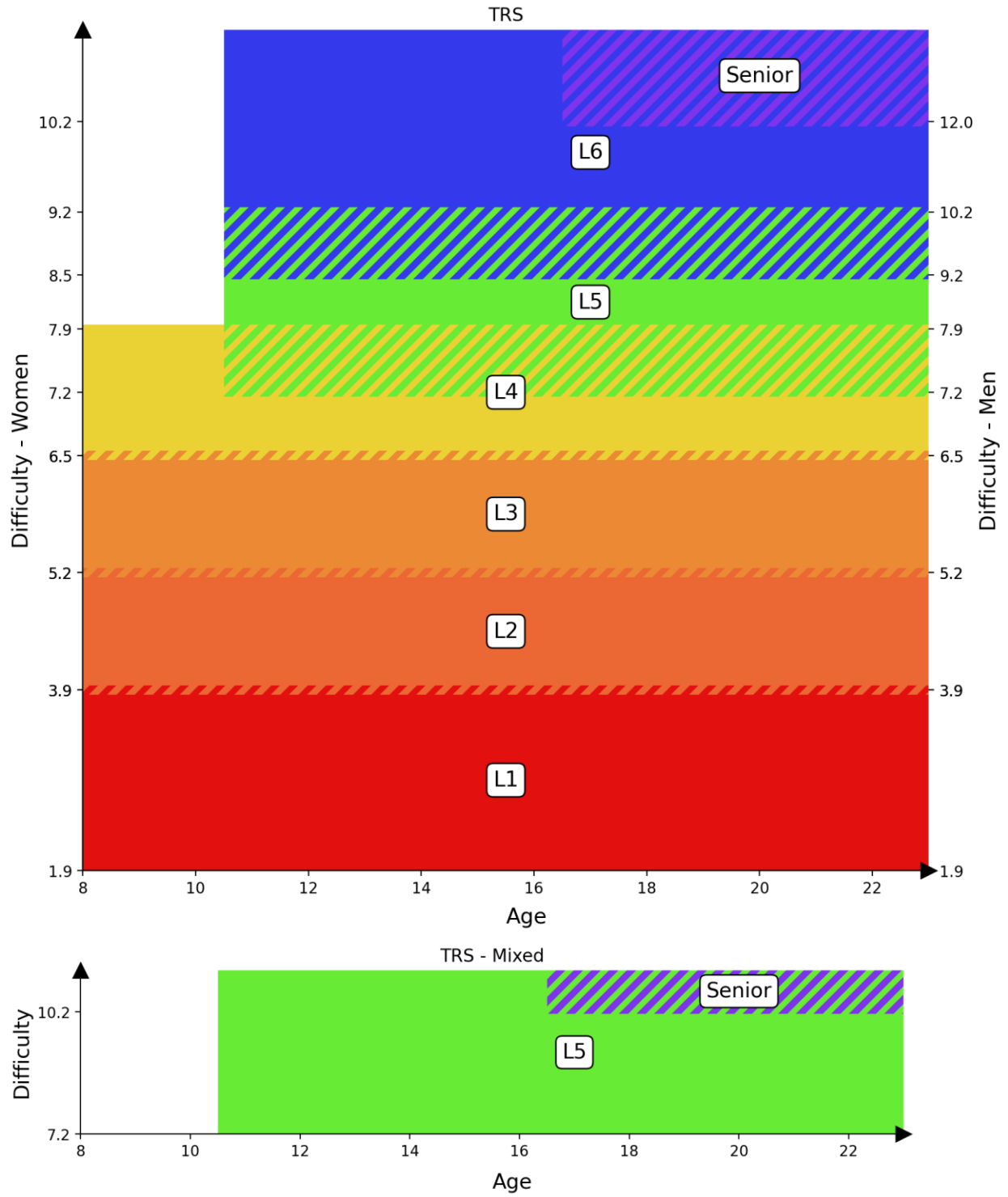


		Novice / Level 5		Junior	Level 6
<b>Age Range</b>		11+		13-16	17+
<b>National Event Age Split</b>		Novice (14U), 15-16, 17+		-	-
<b>Preliminary Routine 1</b>		Voluntary routine of 10 different elements with requirements These requirements must be performed as separate elements. <ul style="list-style-type: none"> <li>• 9 elements must contain at least 270° somersault</li> <li>• One element landing on the front or back</li> <li>• One element from the front or back</li> <li>• One double somersault</li> <li>• One element with minimum 540° twist and maximum 450° somersault</li> </ul> No DD will be given			
<b>Preliminary Routine 2</b>		Voluntary routine of 10 elements with requirements: <ul style="list-style-type: none"> <li>• One element with at least 720° somersault</li> </ul>	Voluntary routine of 10 elements		Voluntary routine of 10 elements
<b>Final Routine</b>		Voluntary routine of 10 elements			
<b>DD Range</b>	<b>Women</b>	7.7 – 9.6	9.2+		9.2 – 11.2
	<b>Men</b>	7.7 – 10.5	10.1+		10.1 – 12.7

		Level 7		Senior
<b>Age Range</b>		17+		17+
<b>National Event Age Split</b>		-		-
<b>All Routines</b>		2 voluntary routines of 10 elements in Q1, best one counts.		
<b>DD Range</b>	<b>Women</b>	10.8 – 13.2	12.7+	
	<b>Men</b>	12.3 – 15.1	14.5+	

## 7.0 SYNCHRONIZED TRAMPOLINE (TRS)

The general level structure for Synchronized Trampoline (TRS) is shown below.





### 7.1 TRS LEVEL REQUIREMENTS

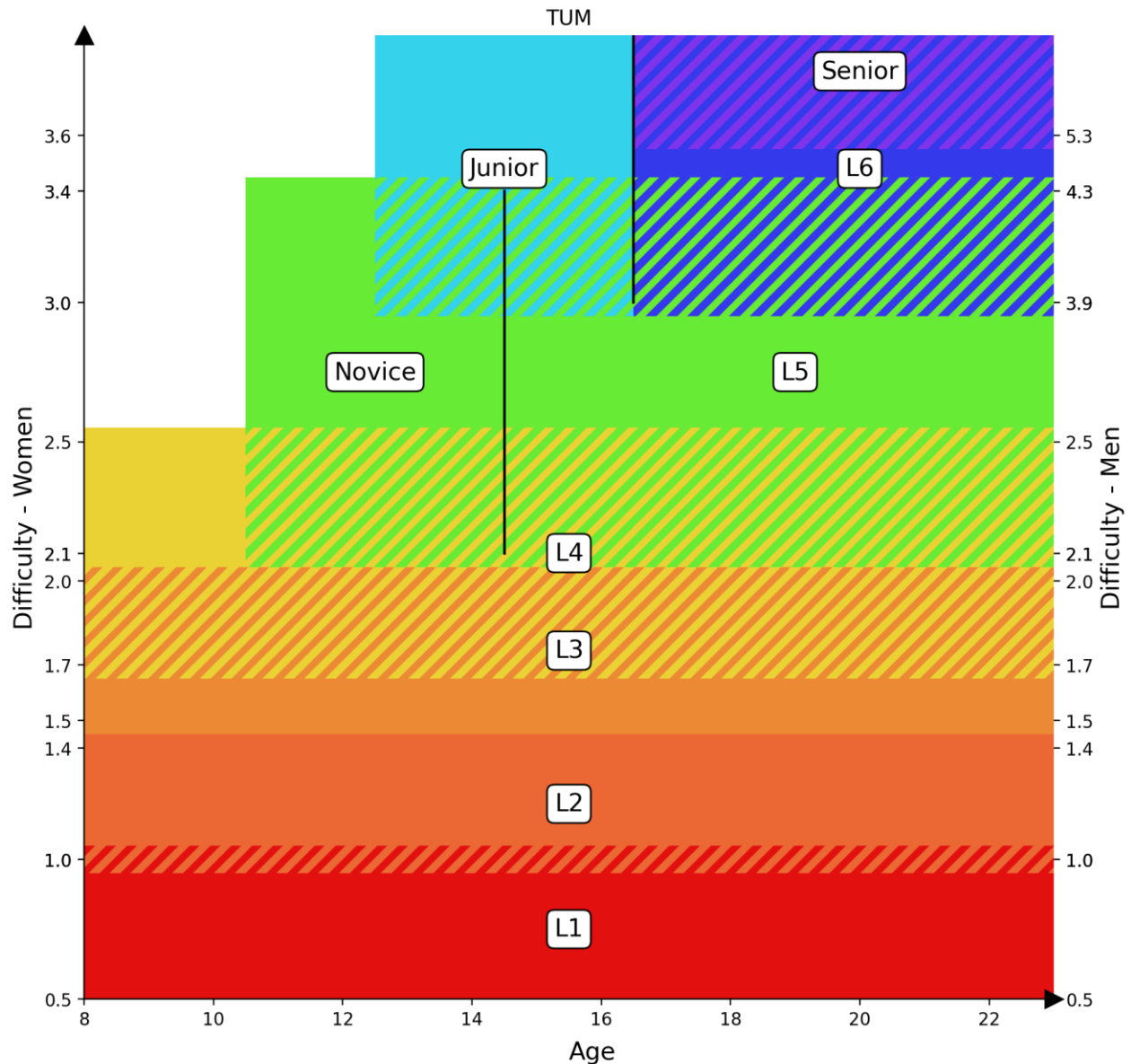
	Level 1	Level 2	Level 3	Level 4
<b>Age Range</b>	8+	8+	8+	8+
<b>All Routines</b>	Voluntary routine of 10 elements Bonus equal to the DD			
<b>DD Range</b>	1.9 – 3.9	3.9 – 5.2	5.2 – 6.5	6.5 – 7.9

	Level 5	Level 6	Senior
<b>Age Range</b>	11+	11+ (Recommended 13+)	17+
<b>National Event Age Split</b>	–	–	–
<b>Eligibility</b>	<ul style="list-style-type: none"> <li>Both athletes must be Level 5 in TRI</li> </ul>	<ul style="list-style-type: none"> <li>At least one athlete must be Level 6, 7, or Junior in TRI</li> <li>The other athlete can be Level 5, 6, 7, or Junior in TRI</li> </ul>	<ul style="list-style-type: none"> <li>Both athletes must be Level 7 or Senior in TRI</li> </ul>
<b>All Routines</b>	1 voluntary routine of 10 elements	1 voluntary routine of 10 elements	2 voluntary routines of 10 elements in Q1, best one counts.
<b>DD Range</b>	Women 7.2 – 9.2 Men 7.2 – 10.2	8.5+ 9.2+	10.2+ 12.0+

	Mixed Level 5	Mixed Senior
<b>Age Range</b>	11+	17+
<b>National Event Age Split</b>	–	–
<b>Eligibility</b>	<ul style="list-style-type: none"> <li>Neither athlete can be Senior in TRI</li> <li>Neither athlete can compete in any other TRS event</li> </ul>	<ul style="list-style-type: none"> <li>Both athletes must be Senior in TRI</li> <li>Athletes may compete in both Mixed Senior and Senior TRS</li> </ul>
<b>All Routines</b>	1 voluntary routine of 10 elements	2 voluntary routines of 10 elements in Q1, best one counts.
<b>DD Range</b>	7.2+	10.2+

## 8.0 TUMBLING (TUM)

The general level structure for Tumbling (TUM) is shown below.



### 8.1 TUM GENERAL RULES

- Levels 1-4 have compulsory first passes, which must be performed as written. No DD will be given for these routines, and they will be considered interrupted if a different skill is performed.
- In Levels 1-4, the FIG rule that any skill below shoulder height will be considered a whip back (TUM CoP §12.2) will not apply.

## 8.2 TUM LEVEL REQUIREMENTS

	Level 1	Level 2	Level 3	Level 4
Age Range	8+	8+	8+	8+
<b>Compulsory Pass</b>	( Round off	( Round off	( Round off	( Round off
	f Spring	^ Whip	^ Whip	^ Whip
	f Spring	f Spring	^ Whip	^ Whip
	f Spring	f Spring	f Spring	^ Whip
	f Spring Requirement: end with a straight jump	– o Back Tuck	f Spring f Spring f Spring – o Back Tuck	f Spring f Spring f Spring – / Back Straight
<b>Voluntary Pass 1</b>	Voluntary pass of 5 elements with requirements <ul style="list-style-type: none"> <li>• End with a salto or straight jump</li> <li>• Maximum 1 salto</li> <li>• No twisting skills</li> </ul>	Voluntary pass of 5 elements with requirements <ul style="list-style-type: none"> <li>• Minimum 1 salto</li> <li>• Maximum 2 saltos</li> <li>• Maximum element 0.9 DD</li> <li>• Must end with a salto</li> </ul>	Voluntary pass of 8 elements with requirements <ul style="list-style-type: none"> <li>• Minimum 3 saltos</li> <li>• Maximum 5 saltos</li> <li>• Maximum element 0.9 DD</li> </ul>	Voluntary pass of 8 elements with requirements <ul style="list-style-type: none"> <li>• Minimum 4 saltos</li> <li>• Maximum element 2.0 DD</li> </ul>
<b>DD Range</b>	0.5 – 1.0	1.0 – 1.4	1.5 – 2.0	1.7 – 2.5
<b>Voluntary Pass 2 / Finals Pass</b>	–	–	Voluntary pass of 3 elements with requirements <ul style="list-style-type: none"> <li>• Minimum 1 salto</li> <li>• Maximum element 1.3 DD</li> </ul> Repetitions are allowed	Voluntary pass of 3 elements with requirements <ul style="list-style-type: none"> <li>• Minimum 1 salto</li> <li>• Maximum element 2.2 DD</li> </ul> Repetitions are allowed
<b>DD Range</b>	–	–	1.1 – 1.5	1.3 – 2.4
<b>Penalties/Bonuses</b>	<ul style="list-style-type: none"> <li>• Bonus 0.5 for ending with a backwards salto</li> </ul> For each pass: <ul style="list-style-type: none"> <li>• One-foot landing will be judged as a 0.3 instability, not an interruption</li> <li>• Straight Jump is judged as an element (execution – max 0.3) in addition to landing</li> <li>• No deduction for landing on the track</li> </ul>	<ul style="list-style-type: none"> <li>• No deduction for landing on the track (each pass)</li> <li>• Bonus 0.5 for competing max DD</li> </ul>	<ul style="list-style-type: none"> <li>• Bonus 0.5 for competing max DD (each pass)</li> </ul>	<ul style="list-style-type: none"> <li>• Bonus 0.5 for competing max DD (each pass)</li> </ul>



		Novice / Level 5 (Provincial Cups)	Novice / Level 5 (Provincial Championships and National Events)	Junior
<b>Age Range</b>		11+		13-16
<b>National Event Age Split</b>		14U, 15-16, 17+		–
<b>Preliminary – 2 Passes</b>		Voluntary pass of 8 elements with requirements <ul style="list-style-type: none"> <li>• Element with 360° or more twist (one prelim pass)</li> <li>• Element of 1.1 DD+ (one prelim pass)</li> </ul>		Voluntary pass of 8 elements with requirements <ul style="list-style-type: none"> <li>• Element with 360° or more twist (one prelim pass)</li> <li>• Double salto (one prelim pass)</li> </ul>
<b>DD Range</b>	<b>Women</b> <b>Men</b>	2.1 – 3.4 2.1 – 4.3		3.0+ 3.9+
<b>Finals Pass 1</b>		Voluntary pass of 3 elements with requirements <ul style="list-style-type: none"> <li>• Element of 1.1 DD+ (one final pass)</li> </ul>	Voluntary pass of 8 elements with requirements <ul style="list-style-type: none"> <li>• Element of 1.1 DD+ (one final pass)</li> </ul>	Voluntary pass of 8 elements
<b>DD Range</b>	<b>Women</b> <b>Men</b>	2.1 – 3.4 2.1 – 4.3		
<b>Finals Pass 2</b>		N/A	Voluntary pass of 8 elements with requirements <ul style="list-style-type: none"> <li>• Element of 1.1 DD+ (one final pass)</li> </ul>	
<b>DD Range</b>	<b>Women</b> <b>Men</b>	1.3 – 2.6 1.3 – 2.6	2.1 – 3.4 2.1 – 4.3	3.0+ 3.9+
<b>Bonuses</b>		<ul style="list-style-type: none"> <li>• Bonus 0.5 for a double salto (all four passes)</li> </ul>		<ul style="list-style-type: none"> <li>• Bonus 0.5 for double salto in transition (all four passes)</li> <li>• Bonus 0.5 for elements 2.4 DD+ (all four passes)</li> </ul>



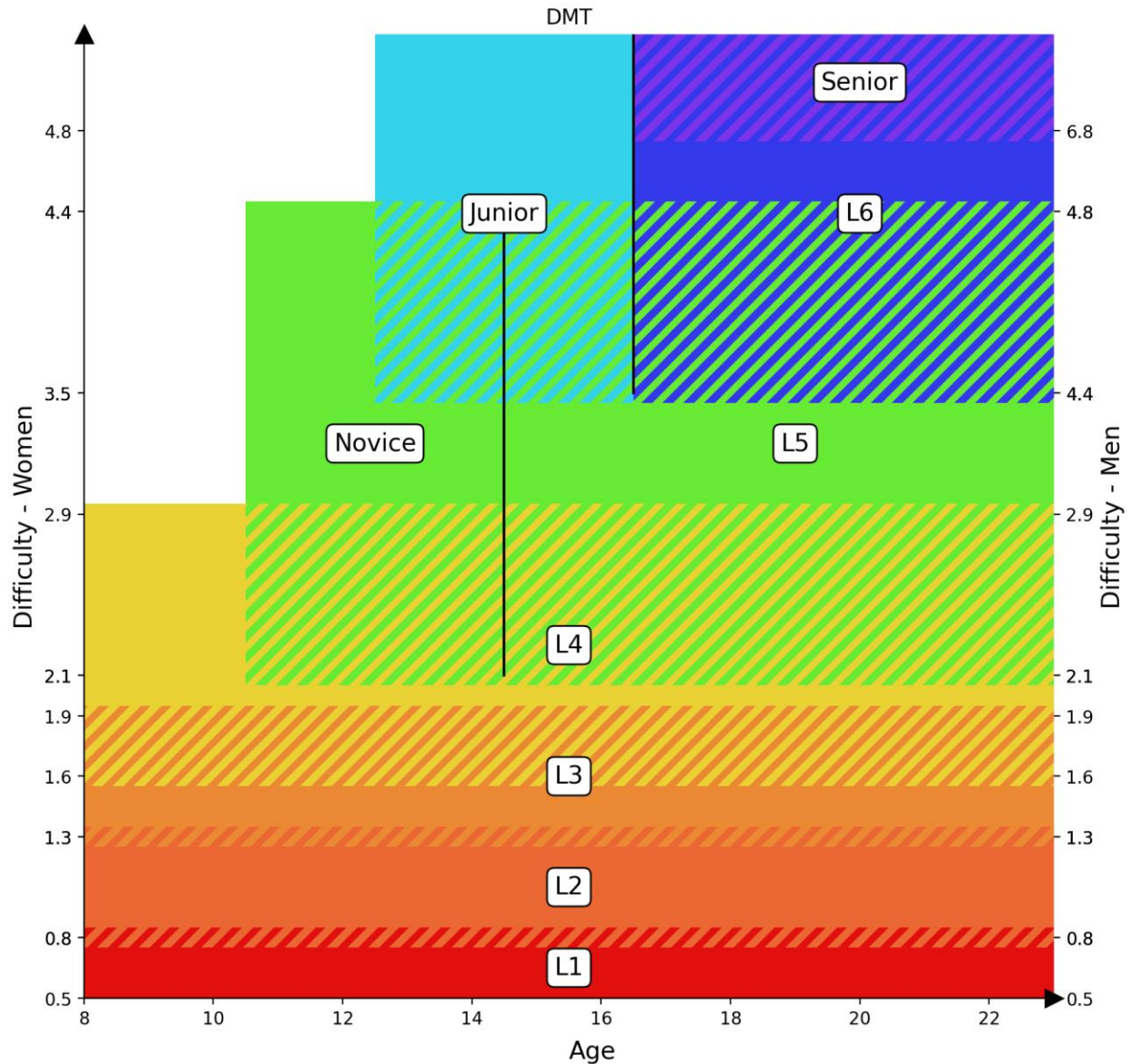
	Level 6	Senior
<b>Age Range</b>	17+	17+
<b>National Event Age Split</b>	–	–
<b>Preliminary – 2 Passes</b>	Voluntary pass of 8 elements with requirements <ul style="list-style-type: none"> <li>• Element with 360° or more twist (one prelim pass)</li> <li>• Double salto (one prelim pass)</li> </ul>	Voluntary pass of 8 elements with requirements <ul style="list-style-type: none"> <li>• Women: double salto in both prelim passes</li> <li>• Men: double in transition in one prelim pass</li> </ul>
<b>DD Range</b>		
<b>Women</b>	3.0+	3.6+
<b>Men</b>	3.9+	5.3+
<b>Finals – 2 Passes</b>	Voluntary pass of 8 elements	Voluntary pass of 8 elements
<b>DD Range</b>		
<b>Women</b>	3.0+	3.6+
<b>Men</b>	3.9+	5.3+
<b>Bonuses</b>	<ul style="list-style-type: none"> <li>• Bonus 0.5 for double salto in transition</li> <li>• Bonus 0.5 for elements 2.4 DD+</li> </ul>	Women: <ul style="list-style-type: none"> <li>• Bonus 0.5 for double salto in transition</li> <li>• Bonus 0.5 for elements 2.4 DD+</li> </ul>

- Bonus will be added to Ranking lists for international events (after Canadian FIG Judge Verification).  
(Will be included in NT Selection Document.)

- In the case where a skill does not receive DD, as in a repeated element, it cannot meet the criteria of a Special Requirement and will result in a 2.0 Penalty.

## 9.0 DOUBLE MINI TRAMPOLINE (DMT)

The general level structure for Double Mini Trampoline (DMT) is shown below.



### 9.1 DMT GENERAL RULES

- FIG Repetition rules will only be used for Levels 6, Junior, and Senior. Levels 1 - Novice/5 will use Zone Repetition rules, previously used in the 2017-2020 FIG Code of Points. The repetition rule sets are listed next to the respective levels for clarity.

## 9.2 DMT LEVEL REQUIREMENTS

	Level 1	Level 2	Level 3	Level 4
<b>Age Range</b>	8+	8+	8+	8+
<b>Repetition Rules</b>	Zone Repetition	Zone Repetition	Zone Repetition	Zone Repetition
<b>All Passes</b>	Voluntary pass of 2 elements with requirements <ul style="list-style-type: none"> <li>• Element of 0.5 DD+ (each pass)</li> </ul>	Voluntary pass of 2 elements with requirements <ul style="list-style-type: none"> <li>• Element of 0.7 DD+ (each pass)</li> <li>• Two saltos (one prelim and one final pass)</li> </ul>	Voluntary pass of 2 elements with requirements <ul style="list-style-type: none"> <li>• Element of 0.9 DD+ (one prelim and one final pass)</li> <li>• Two saltos or one double (each pass)</li> </ul>	Voluntary pass of 2 elements with requirements <ul style="list-style-type: none"> <li>• Element of 0.9 DD+ (each pass)</li> <li>• Two saltos or one double (each pass)</li> </ul>
<b>DD Range</b>	0.5 – 0.8	0.8 – 1.3	1.3 – 1.9	1.6 – 2.9
<b>Bonus</b>	–	• Bonus 0.5 for barani mount (each pass)	–	–

Novice / Level 5					
<b>Age Range</b>	11+				
<b>National Event Age Split</b>	14-, 15-16, 17+				
<b>Repetition Rules</b>	Zone Repetition				
<b>Preliminary – 2 Passes</b>	Voluntary pass of 2 elements with requirements <ul style="list-style-type: none"> <li>• Element of 2.0 DD+ (one prelim pass)</li> </ul> Every element must have at least 360° somersault or will be considered an interruption				
<b>Finals – 2 Passes</b>	Voluntary pass of 2 elements with requirements <ul style="list-style-type: none"> <li>• Element of 1.2 DD+ (each pass)</li> </ul> Every element must have at least 360° somersault or will be considered an interruption				
<b>DD Range</b>	<table border="0"> <tr> <td><b>Women</b></td> <td>2.1 – 4.4</td> </tr> <tr> <td><b>Men</b></td> <td>2.1 – 4.8</td> </tr> </table>	<b>Women</b>	2.1 – 4.4	<b>Men</b>	2.1 – 4.8
<b>Women</b>	2.1 – 4.4				
<b>Men</b>	2.1 – 4.8				

### Zone Repetition Rules:

- No skill from any pass (Preliminary and Finals combined) can be repeated in a zone it has already been competed in.
- Skills may be repeated if they are in different zones (mount, spotter, or dismount).

		Junior	Level 6	Senior
<b>Age Range</b>		13-16	17+	17+
<b>National Event Age Split</b>		–	–	–
<b>Repetition Rules</b>		FIG Repetition	FIG Repetition	FIG Repetition
<b>All Passes</b>		Voluntary pass of 2 elements with requirements <ul style="list-style-type: none"> <li>• One double salto (each pass)</li> </ul> Every element must have at least 360° somersault or will be considered an interruption	Voluntary pass of 2 elements with requirements <ul style="list-style-type: none"> <li>• One double salto (each pass)</li> </ul> Every element must have at least 360° somersault or will be considered an interruption	Voluntary pass of 2 elements Every element must have at least 360° somersault or will be considered an interruption
<b>DD Range</b>	<b>Women</b>	3.5+	3.5+	4.8+
	<b>Men</b>	4.4+	4.4+	6.8+
<b>Bonuses</b>		<ul style="list-style-type: none"> <li>• Women: bonus 0.5 for 8–1&lt; mount (each pass)</li> </ul>	<ul style="list-style-type: none"> <li>• Women: bonus 0.5 for 8–1&lt; mount (each pass)</li> </ul>	<ul style="list-style-type: none"> <li>• Women: bonus 0.5 for elements 4.4 DD+ or a double with 540° or more twist (max 0.5 bonus per element)</li> <li>• Men: bonus 0.5 for elements 4.8 DD+ (each element)</li> </ul>

**FIG Repetition Rules:**

- In a round (Preliminary or Finals), the same skill cannot be repeated regardless of zone on the DMT (4 unique skills must be competed).
- Skills may be repeated if they are in different rounds.
- In the case where a skill does not receive DD, as a repeated element, it cannot meet the criteria of a Special Requirement and will result in a 2.0 Penalty. (eg if the requirement states 2 saltos are required in each pass and the athlete performs 2 back tuck dismounts, the second back tuck dismount will not receive DD and it will also not be considered to have met the Special Requirement).