

## COMPETITION INTRODUCTION ADVANCED (C2) STEP 1 - COURSES REQUIRED

Coach Minimum Age: 16 years old

\*C1 Certified in the discipline coaches would like to enroll in

- |   |   |
|---|---|
| <input type="checkbox"/> Standard First Aid and CPR (recommended) | <input type="checkbox"/> <u>Respect in Sport for Activity Leaders</u> |
| <input type="checkbox"/> Back Check with Child/Youth Intervention | <input type="checkbox"/> <u>Safe Sport - Coach</u>                    |

## COMPETITION INTRODUCTION ADVANCED(C2) STEP 2 - COURSES REQUIRED

Competition Introduction Advanced (C2) Specific Courses:  MAG  WAG  Trampoline

C2 specific courses are in-person courses and can be found on the [AGF Uplifter site](#).

\*Availability for these courses are based on Gymnastics Facility availability and Learning Facilitator schedules.

## COMPETITION INTRODUCTION ADVANCED (C2) STEP 3 - TRAINED COACHES

Once a coach has completed the courses they will be considered **Trained** and they may work as a coach or assistant coach under **indirect supervision**. See below for reference and more information:

### Indirect Supervision means the coach must:

- Be within reasonable proximity to a **C2 Certified coach who is 18 years or older**
- Remain in sight of the supervising coach
- Not in a separate room

To be considered a **Trained Coach**, the coach must have completed one of the following courses:

- C2 WAG course
- or
- C2 MAG course
- or
- C2 TG course

### Athlete Levels Artistic Trained Coaches can Coach:

- **CANGYM:** Green, Gold
- **Competitive:**
  - WAG Platinum, Diamond & Sapphire, WAG CCP 6-8, Aspire
  - MAG P3-P5, Aspire
  - Level 3-4 TUM

### Athlete Levels Trampoline Trained Coaches can Coach:

- **Competitive:** Level 3-4 TRA, DMT, TUM

- **NO Spotting** or teaching C3 NCCP Skills
- **NO** coaching beyond the scope of training
- **CANNOT** supervise GF Trained coaches unless is GF Certified and are 18 yrs and older.
- **CANNOT** use a trampoline as a training aid for double saltos unless the coach has C2 Trampoline or old Level 3 Trampoline.

\*Note: Once a **coach is certified**, they may coach their own group, with the skills they are **certified** in, **NOT Trained**. To supervise, the certified coach must be 18 years or older.

## COMPETITION INTRODUCTION ADVANCED (C2) STEP 4 - CERTIFICATION

Once you are ready to start the evaluation process, follow the following steps:

1. Minimum Age to get Certified is 16 yrs
2. **Go to the Alberta Gymnastics Federation (AGF) website**
3. **Select Coaching & Judging, then choose Evaluations and Certification**
4. **Follow the Evaluation Package to build your coaching portfolio and complete it.**
5. **Create an Account** - This account will be used to communicate with evaluators
6. Select the **correct C2 evaluation** form from the drop-down.
7. Fill out the application form and **upload all required documents**. (Make sure you have everything required when you start the application submission process, because it will not save if you do not complete)
8. **Submit Application and Pay.**

### Evaluator Process:

- The evaluator will reach out, introducing themselves
- Portfolio Debrief with Evaluator
- Lesson Observation and Debrief with Evaluator
- Evaluation Completed:
  - If successful, it will be entered into Locker.
  - If not successful, the evaluator will advise on next steps.