

Minimum coaching requirements for **Artistic Gymnastics** (applicable for all training and competitive environments)

Coaching status	Minimum Training requirements	Role and responsibilities	Athlete levels they can coach
Pre-CIT	<ul style="list-style-type: none"> • 13 years+ • Club directed program using the GymCan Pre-CIT Mentorship Manual and Workbook as a program guide • Mentorship program can take 1-2 years • Electronic copies of Pre-CIT Manuals can be obtained by visiting www.abgym.ab.ca (NCCP page) 	<ul style="list-style-type: none"> • May act as an assistant coach under one-on-one direct supervision of a certified coach (supervisor must be Gymnastics Foundations certified in the appropriate age and level of class; C1 technical is highly recommended). • Supervisor must be 18 years+ • May NOT supervise a group or spot any skill • Follow direction provided by their supervising coach 	<ul style="list-style-type: none"> • GFA programming • Public Access Programs • Athletes 3-10 years of age
Gymnastics Foundations coach IN TRAINING (CIT)	<ul style="list-style-type: none"> • 15 years+ • Refers to coaches who have only completed Gymnastics Introduction and/or Theory course(s). 	<ul style="list-style-type: none"> • May act as an assistant coach under direct supervision of a certified coach (minimum Gymnastics Foundations certified and 18 years +). • May NOT supervise a group or spot any skill • Follow direction provided by their supervising coach 	<p>Levels as listed above</p> <ul style="list-style-type: none"> • Athletes 6+ years of age
Gymnastics Foundations ARTISTIC GYMNASTICS TRAINED	<ul style="list-style-type: none"> • Refers to coaches who have completed: GF THEORY + GF INTRODUCTION + GF SPORT SPECIFIC (Artistic Gymnastics and/or Active Start) 	<ul style="list-style-type: none"> • May act as a coach or assistant coach under indirect supervision (within reasonable proximity - within eye-sight) of a certified coach (minimum Gymnastics Foundations certified, C1 technical highly recommended) • May NOT teach C1 NCCP skills or inverted skills with flight • Gymnastics Foundations coaches are required to follow the guidelines as per the relevant NCCP Gymnastics Foundations discipline manual 	<p>Levels as listed above</p> <p>Gym for ALL:</p> <ul style="list-style-type: none"> • CANGYM Burgundy – Purple • Only Active Start Trained coaches can work with athletes 0-5 years of age. * <p>Pre-Competitive:</p> <ul style="list-style-type: none"> • WAG Level: 1-2 • MAG: P1
Gymnastics Foundations ARTISTIC GYMNASTICS CERTIFIED	<ul style="list-style-type: none"> • 16 years+ to certify • Refers to coaches who have completed: GF THEORY + GF INTRODUCTION + GF SPORT SPECIFIC + EVALUATION= CERTIFIED 	<ul style="list-style-type: none"> • May supervise their own group • May act as a supervising coach to Pre-CIT or GF coach in training/trained. • May NOT teach C1 NCCP skills or inverted skills with flight (flipping) • Gymnastics Foundations coaches are required to follow the guidelines as per the relevant NCCP Gymnastics Foundations discipline manual 	<p>Levels as listed above</p>
Comp 1 ARTISTIC TRAINED	<ul style="list-style-type: none"> • Competition Introduction THEORY + C1 TECHNICAL 	<ul style="list-style-type: none"> • May act as a coach or assistant coach under supervision (within reasonable proximity - within eye-sight) of a Comp 1 certified coach. • May spot athletes performing NCCP COMP 1 skills • May NOT spot or teach C2 & C3 NCCP skills • May NOT coach beyond scope of training • May NOT supervise Gymnastics Foundations trained coaches, unless GF CERTIFIED. • May coach under indirect supervision of a certified coach (minimum C1 certified and 18 years +). 	<p>Levels as listed above</p> <p>Gym for ALL:</p> <ul style="list-style-type: none"> • CANGYM Blue • Yellow <p>Competitive:</p> <ul style="list-style-type: none"> • WAG Level: 3-6 • MAG-P2, P3, Elite 1-2

Comp 1 ARTISTIC CERTIFIED	<ul style="list-style-type: none"> • C1 THEORY + TECHNICAL + EVALUATION=CERTIFIED 	<ul style="list-style-type: none"> • May act as a supervising coach to C1 coaches in training/trained. 	<p>Levels as listed above Gym for ALL:</p> <ul style="list-style-type: none"> • Required to access floor at Canadian and Western Gymnaestrada
Comp 2 ARTISTIC TRAINED	<ul style="list-style-type: none"> • C2 THEORY + TECHNICAL 	<ul style="list-style-type: none"> • May act as a coach or assistant coach under supervision (within reasonable proximity - within eye-sight) of a Comp 2 certified coach.* • May spot athletes performing NCCP COMP 2 skills 	<p>Levels as listed above Gym for ALL:</p> <ul style="list-style-type: none"> • CANGYM Green – Gold <p>Competitive:</p> <ul style="list-style-type: none"> • WAG Level: 7 & 8 & Aspire • MAG Elite 3, 4, P4, P5 & Open
Comp 2 ARTISTIC CERTIFIED	<ul style="list-style-type: none"> • C2 THEORY + TECHNICAL + EVALUATION 	<ul style="list-style-type: none"> • May act as a supervising coach to C1 & C2 coaches in training/trained.* 	<p>Levels as listed above</p>
Comp ARTISTIC 3 TRAINED	<ul style="list-style-type: none"> • C3 THEORY + TECHNICAL 	<ul style="list-style-type: none"> • May act as a coach or assistant coach under supervision (within reasonable proximity - within eye-sight) of a Comp 3 certified coach. • May spot athletes performing NCCP COMP 3 skills 	<p>Levels as listed above</p> <ul style="list-style-type: none"> • WAG Level: 9 & 10 & HP • MAG Jr & Sr • Required to coach MAG & WAG Nationalstream (and higher) athletes
Comp 3 ARTISTIC CERTIFIED	<ul style="list-style-type: none"> • C3 THEORY + TECHNICAL + EVALUATION 	<ul style="list-style-type: none"> • May act as a supervising coach to C1 -C3 coaches in training/trained. 	<ul style="list-style-type: none"> • All levels
Comp 4 ARTISTIC CERTIFIED	<ul style="list-style-type: none"> • C4 THEORY + TECHNICAL + EVALUATION 	<ul style="list-style-type: none"> • May act as a supervising coach to C1 -C4 coaches in training/trained. • Requirement for International Competitions • May spot athletes performing NCCP COMP 4 skills 	<ul style="list-style-type: none"> • All levels

- Pre-Coach-in-Training (Pre-CIT) = a 13-15-year-old who is not yet eligible to start NCCP Gymnastics Foundations (GF) training.
- WAG = Women's Artistic Gymnastics, MAG= Men's Artistic Gymnastics, GFA= Gymnastics For ALL.
- Trained = a coach who has completed the three GF training courses (intro, theory & discipline specific).
- Certified = a coach who has completed the three GF courses + GF evaluation.
- If your club is offering a gymnastics sport, you need to have at least one CERTIFIED coach in that sport in the gym during the programming of that class.
- Head Coaches of Competitive Clubs: **Must** be NCCP L2/C1 CERTIFIED.
- All coaches **must** be Respect in Sport Certified and are encouraged to obtain Police and Child Welfare Checks.
- For information regarding the temporary amendment of NCCP requirements for coaching Level 3 trampoline skills, please see the memo at abgym.ab.ca
- *The NCCP Transfer of Qualifications – “Life-Long Learning” will take place June 1, 2021. When the transfer occurs, Level 2 MAG/WAG CERTIFIED coaches will be transferred as C1 CERTIFIED, with the opportunity to challenge the C2 Evaluation to become C2 CERTIFIED. If you wish to coach the level of athletes listed in this section independently, or supervise at this level, you will be required to be C2 CERTIFIED by June 30, 2022. Please visit: abgym.ab.ca/Courses/NCCP/Evaluation-for-Certification to complete the C2 Evaluation.
- To access competition floors, coaches must possess the appropriate level NCCP certification regarding the athletes they are coaching.
- **During the interim L2 Certified coaches transferred to C1 CERTIFIED coaches may access the competition floor at AGF sanctioned events. This temporary C2 certification exemption will expire June 30, 2022. Following this deadline, coaches will be required to be C2 CERTIFIED. Please note: This exemption only applies to those in the old Levels system.

(Revised April 13, 2021)