



MINUTES
Women's Program Committee Meeting # 1
Tuesday, July 13, 2022 5:00pm – 8:00pm

1. Call to Order 5:04pm
 2. Approval of Agenda
- MOTION: To approve the agenda.**

J.Mosier/K.MacDonald
All in favour/Carried

3. Reports

- WJC Chair – Sarah Shaver
 - Focus on recruiting judges into the Xcel Program
 - All judges need to recertify in the Compulsory Program this year
 - Held multiple mentorship opportunities for all level of judges throughout 2020/2021
- WPC Chair – Heather Luttrell
 - Discussion on the Xcel category for registration with AGF; addition of Xcel training camp

4. New Business

4.1 JO 8-10, Aspire Training Camp

- November 11 and 12, 2021
- WPC members involved in planning: A.Miller, K.Schrader-Balson, J.Mosier
- Presenters: Out of province presenters, Ballet Barre

4.2 Compulsory Clinics

- Have videos of routines ready for the week of August 9th

ACTION: For C.Foster, K.Schrader-Balson, and R.Hall to work together to create videos of the beam and floor routines to share with the WPA

- DSC to help plan and organize webinars and camps
- Discussion on having coaches only sessions to learn the routines
- Athlete training camp for Levels 3-5: September 11/12 weekend in the North and South
- Q&A session for coaches prior to the athlete camp to review routines and give the coach opportunities to ask questions
- Level 3-5 must be registered as Provincial athletes to attend the camp

4.3 JO 6-7 Training Camp

- November 13-14, 2021
- WPC Members involved: A.Miller, K.Schrader-Balson, J.Mosier

ACTION: For the WP Manager to send out dates and hosting applications for the training camps.

4.4 Xcel Championships

- April 22-24, 2022

ACTION: For the WP Manager to send out hosting application for the Xcel Championships.

4.5 Trials to Westerns

- March 25-27, 2022
- Discussion on giving 2020 host the first right of refusal to host Trials to Westerns

S.Shaver joined the meeting at 6:10pm.

MOTION: To offer first right of refusal to host Trials to Westerns to Precision Gymnastics.

K.Schrader-Balson/K.MacDonald
All in favour/Carried

4.6 Trials to Canadians

- Motion was passed by WPA to include the best of 2 of 3 results from an Invitational, Trials to Westerns, and Provincials

- WPA tasked the WPC with creating hosting criteria for the Invitational
- Use same criteria as for the other AGF sanctioned competitions
 - Discussion on cost for the event; Should be the same as the other AGF Sanctioned Events (\$125)
 - Recommended window of timeline for Invitational would be February/March
 - Invitational would use their own awards for the Trials to Canadians sessions
 - Scoring system would be Invitationals choice
- Short turn around for hosting application

ACTION: For the WP Manager to send out the hosting application for the Trials to Canadians Invitational.

4.7 Provincials

- April 8-10, 2022
- Hosted by Ortona
- Possible addition of a podium training session; judges would be invited to attend the podium training

4.8 Canadians

- Levels and numbers under review with GymCan
- Alberta supports having a High-Performance Canadians and a National Canadians with more National levels invited

4.9 Alberta Compulsory Championships

- May 13-15, 2022
- Discussion on giving 2020 host the first right of refusal to host the Alberta Compulsory Championships

MOTION: To offer first right of refusal to host the Alberta Compulsory Championships to West Wind Gymnastics.

**J.Mosier/A.Miller
All in favour/Carried**

4.10 Canada Winter Games

- In year 3 of CWGs planning
- Discussion about sending a team to Gymnix in 2022; adding a trials competition and Gymnix to the calendar of events may be too much for this year
- Use some of the funding to bring in out of province/country presenters for the Level 8-10 training camp
- Carry over remainder of the funding to year 4
- Use year 4 funding to send the official CWGs team to a competition in the USA in January

4.11 Movement between Levels

- Create a proposal to present at the October WPA on whether athletes can compete at multiple championships in different levels
- Discussion on movement between levels
- The first AGF sanctioned event should be your declaration meet

MOTION: Athletes can only compete in one AGF Championships per season.

**A.Miller/K.MacDonald
All in favour/Carried**

4.12 Webinars

- Discussion on presenters and topic ideas
- Discussion on which events Alberta is weak on at the National level; would like Level 9/10 Vault and Bars webinars
- Webinar on judge and coach interactions

ACTION: To task the DSC with creating a list of presenters and topics for webinars throughout the year

4.13 Budget

- Discussion of where to focus the WAG budget
- Support enough judges to do Xcel, Compulsory, and Optionals
- Focus on Compulsory program this year
- More support for coaches and judges
- Presenters at training camps should be directed towards coaches

- Mentorship Program for coaches and judges
- Discussion on having a Technical Director for the WAG Program

4.14 Strategic Plan

- Athlete centered, coach focused
- Identify gymnasts that participate in other sports and achieved success – Marketing video, look at past athletes that have found success in other sports
- Funding needs for athletes and coaches to provide more opportunities
- How do we support athletes at National and International levels to achieve success (funding, training, etc.) – Coach education, fund athletes to International meets, pair Level 9 and 10 athletes with judges

4.15 Funding Applications – J.Ball and K.Cato

- Discussion on going as Team Canada not Team Alberta
- Request J.Ball and K.Cato to use AGF social media while at the competition
- Need to support our top level athletes
- Deadline for applications is September 1st
- Table the discussion until after September 1st
- Discussion on the Team Excel program, alternatives to HP

5. Adjournment 7:49pm

MOTION: To adjourn.

**J.Mosier/K.Schrader-Balson
All in favour/Carried**