

# 2023 TRAMPOLINE GYMNASTICS WESTERN CANADA CUP

June 2-4, 2023

Bulletin #1 – February 2023



**Saville Community Sports Centre**  
University of Alberta – South Campus  
11610 – 65 Ave. NW  
Edmonton, T6G 2E1



**AGF**

**Alberta Gymnastics Federation**  
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Trish Quinney  
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**HOST**

**Ortona Gymnastics Club**  
Saville Community Sports Centre  
University of Alberta – South Campus  
11610 – 65 Ave. NW, Edmonton, T6G 2E1  
Email: [WCC@ortonagymnastics.com](mailto:WCC@ortonagymnastics.com)

**DIRECTIVES**

Directive #2 – March 2023 Full registration package  
Directive #3 – May 2023

**WEBSITE LINK**

[2023 Western Canada Cup](#)

**SOCIAL MEDIA**

Follow Alberta Gymnastics on [Facebook](#) and [Instagram](#)

All members who met the eligibility requirements according to the WCC protocol document.

**ATHLETES**

Athletes who are in good standing with their Provincial/Territorial Federation/Association are eligible to register.

**COACHES**

Coaches of Trampoline and Double Mini must be fully certified a Minimum of NCCP 2/TG Comp 1 Trampoline. Tumbling coaches may be fully certified NCCP Level 2/Comp 1 Artistic or Trampoline.

Upon request, an exemption of 1 year will be granted by their PSO for coaches without proper certification, providing they have a mentor coach available to work with them at the event.

All coaches must have completed Respect in Sport and have a valid Policy Record Check.

All coaches must follow GymCan and Western Canada Cup policies/rules regarding coaching attire.

Coaches wearing inappropriate or non-Provincial/Club Team attire will be asked by the Meet Director, Competition Head Judge, or their representative, to leave the competition floor.

**INVITED MEMBERS**

**ELIGIBILITY**

	<p>All members who met the eligibility requirements according to the WCC protocol document.</p> <p><b><u>ATHLETES</u></b> Athletes who are in good standing with their Provincial/Territorial Federation/Association are eligible to register.</p> <p><b><u>COACHES</u></b> Coaches of Trampoline and Double Mini must be fully certified a Minimum of NCCP 2/TG Comp 1 Trampoline. Tumbling coaches may be fully certified NCCP Level 2/Comp 1 Artistic or Trampoline.</p> <p>Upon request, an exemption of 1 year will be granted by their PSO for coaches without proper certification, providing they have a mentor coach available to work with them at the event.</p> <p>All coaches must have completed Respect in Sport and have a valid Policy Record Check.</p> <p>All coaches must follow GymCan and Western Canada Cup policies/rules regarding coaching attire.</p> <p>Coaches wearing inappropriate or non-Provincial/Club Team attire will be asked by the Meet Director, Competition Head Judge, or their representative, to leave the competition floor.</p>	
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	DEADLINE	FEE
<b>Athlete Registration</b>	April 28, 2023	\$150
<b>Coach Registration</b>	April 28, 2023	\$60
<b>Team Final Registration</b> teams wishing to be included in Team Final must register	April 28, 2023	\$25
<b>Late Athlete Registration</b>	May 5, 2023	\$170
<b>Late Coach Registration</b>	May 5, 2023	\$80
<b>NO Entries accepted after May 6, 2023</b>		
<b>Changes &amp; Corrections</b>	1 - 4 days following the receipt of the Entry Verification	N/A
<b>Late Changes &amp; Corrections - Late submission</b>	5+ days following the receipt of the Entry Verification	\$10 per change (i.e. 1 athlete changed in 3 disciplines = \$30)
<b>DD Sheets</b> (complete without errors or omissions)	May 19, 2023	N/A
<b>Late DD Sheets</b> (complete without errors or omissions)	May 20 or later	\$10 per late submission, error or omission
<a href="http://www.gymcan.org/disciplines/trampoline/technical-information/technical-documents">http://www.gymcan.org/disciplines/trampoline/technical-information/technical-documents</a>		

**REGISTRATION**

**DEADLINES**

**& FEES**

## TECHNICAL INFORMATION

<b>EVENTS</b>	<p>Trampoline: L1 12U / L1 13+ / L2 12U / L2 13+ / L3 14U / L3 15+ / L4 14U / L4 15+ Double Mini: L1 12U / L1 13+ / L2 12U / L2 13+ / L3 14U / L3 15+ / L4 14U / L4 15+ Tumbling: L1 12U / L1 13+ / L2 12U / L2 13+ / L3 14U / L3 15+ / L4 14U / L4 15+</p> <p>Synchro: L1 / L2 / L3 / L4</p> <p>Following the registration deadline, all the categories will be reviewed to determine that the numbers in each age group is well suited for a good competitive experience. Some age groups may be re-aligned OR amalgamated in order to achieve this goal.</p> <p>Groups in excess of <b>30</b> athletes will be split by Gymnastics Canada age splits. There will only be one split per level</p>
<b>COMPETITION FORMAT</b>	<p>All GymCan rules will apply for the competition, except that there will be no finals for synchronized trampoline. In case of a tie at any place after the preliminary round, the GymCan Tie Breaker rule shall apply.</p> <p><u>MOBILITY FOR DMT L4</u> - "mobility finals" will be added for any L4 athletes who has met the mobility requirements in preliminaries but had not qualified for finals, 11<sup>th</sup> place and up. These athletes will not be eligible for awards.</p> <p>One optional routine shall be completed for all levels of Synchronized Trampoline</p>
<b>EQUIPMENT</b>	<p>Trampolines - Euro TBC DMT - Eurotrampoline Tumbling- TBC</p>
<b>MEDICAL</b>	<p>First Responders will provide medical services on-site during training and competition. Club managers and/or head coaches may be asked to produce digital or hard copy medical waivers to access medical care for minors on site.</p>
<b>MEDICAL WAIVER, PARENT CONSENT &amp; PIPA</b>	<p>Each PSO or Club must submit their Statutory Declaration via <a href="#">Activity Messenger</a> in advance of their arrival to the competition.</p>
<b>SCORING</b>	<p>The SportzSoft program will be used.</p>
<b>ATTIRE</b>	<p>All GymCan rules apply for proper attire for specific and general warm-up and competition. Athletes can wear either male or female TEAM uniform.</p>
<b>TEAM FINAL</b>	<p>The Provincial / Territorial Teams of each participating province/territory do not automatically participate in each Event Team Final. The Team Event is open to all clubs at the competition as long as they have at least three athletes in the event.</p> <p>Teams wishing to be included in the Team Final must register and pay a \$25 registration fee</p> <ul style="list-style-type: none"> <li>• The eight teams (four L3/4 and four L1/2, compete in each event (TRI, TUM and DMT) of the Event Team Final) will submit their four (4) athlete's names who will compete in the Event Team Final.</li> <li>• Team can choose their four (4) representatives without hindrance, regardless of gender or level.</li> </ul>

<b>AWARDS</b>	<p><b><u>INDIVIDUAL AWARDS</u></b>  1<sup>st</sup> to 3<sup>rd</sup> place -- Medals  4<sup>th</sup> to 10<sup>th</sup> place -- Ribbons  In the event of a tie in either Preliminary or Finals, the GymCan Tie Breaker rule shall apply</p>		
	<p><b><u>INDIVIDUAL ALL AROUND</u></b> (men and women combined)  1<sup>st</sup> to 6<sup>th</sup> place  Must compete in L3 or L4 in trampoline, double mini and tumbling  (NOTE: L1 and L2 athletes will NOT be eligible for the Individual All-Around Award)</p>		
	<p><b><u>TEAM AWARDS</u></b>  <b>Event Team Final Awards</b>  Team Final L3/L4 1<sup>st</sup> to 3<sup>rd</sup> place - plaque  Team Final L1/L2 1<sup>st</sup> to 3<sup>rd</sup> place - medals to each athlete</p>		
	<p><b>Team All Around Awards</b>  Team Final L3/L4 1<sup>st</sup> to 3<sup>rd</sup> place - plaque  Team Final L1/L2 1<sup>st</sup> to 3<sup>rd</sup> place - plaque</p>		
	<p><b>Aggregate All-Around</b> – Perpetual Trophy - L3/L4 in all 3 events only awarded to 1<sup>st</sup> place</p>		
<b>PRELIMINARY SCHEDULE</b>	Thursday, June 1	Arrival of Delegates	All Day
	Friday, June 2	Morning	Coaches / Judges Meeting Opening Ceremonies Preliminary Competition
		Afternoon	Preliminary Competition Finals Competition
	Saturday, June 3	All Day	Preliminary Competition Finals Competition
	Sunday, June 4	All Day	Finals Competition Team Final Departure of All Delegates
<b>IMPORTANT DATES TO REMEMBER</b>	<b>March 15</b>	Registration opens - Athlete, Coach and Team Final	
	<b>April 28</b>	Registration deadline – Athlete, Coach and Team Final	
	<b>May 5</b>	Late registration deadline – Athlete, Coach and Team Final	
	<b>May 19</b>	DD Sheets deadline	