

2023 TRAMPOLINE GYMNASTICS WESTERN CANADA CUP

June 2-4, 2023

Bulletin #2 – April 2023



Saville Community Sports Centre
University of Alberta – South Campus
11610 – 65 Ave. NW
Edmonton, T6G 2E1



AGF

Alberta Gymnastics Federation
#170, 550 – 71 Ave. SE, Calgary, AB T2H 0S6
Phone: 403.259.5500
Email: trampoline@abgym.ab.ca

Trish Quinney
T&T Technical Co-Chairperson Phone:
Email: ttchair@abgym.ab.ca

HOST

Ortona Gymnastics Club
Saville Community Sports Centre
University of Alberta – South Campus
11610 – 65 Ave. NW, Edmonton, T6G 2E1
Email: WCC@ortonagymnastics.com

DIRECTIVES

Directive #3 – May 2023

WEBSITE LINK

[2023 Western Canada Cup](#)

SOCIAL MEDIA

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<p>INVITED MEMBERS</p> <p>ELIGIBILITY</p>	<p>All members who met the eligibility requirements according to the WCC protocol document.</p> <p><u>ATHLETES</u> Athletes who are in good standing with their Provincial/Territorial Federation/Association are eligible to register.</p> <p><u>COACHES</u> Coaches of Trampoline and Double Mini must be fully certified a Minimum of NCCP 2/TG Comp 1 Trampoline. Tumbling coaches may be fully certified NCCP Level 2/Comp 1 Artistic or Trampoline.</p> <p>Upon request, an exemption of 1 year will be granted by their PSO for coaches without proper certification, providing they have a mentor coach available to work with them at the event.</p> <p>All coaches must have completed Respect in Sport and have a valid Policy Record Check.</p> <p>All coaches must follow GymCan and Western Canada Cup policies/rules regarding coaching attire.</p> <p>Coaches wearing inappropriate or non-Provincial/Club Team attire will be asked by the Meet Director, Competition Head Judge, or their representative, to leave the competition floor.</p>
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<p>REGISTRATION</p> <p>DEADLINES</p> <p>& FEES</p>		DEADLINE	FEE
	Athlete Registration	May 5, 2023	\$150
	Coach Registration	May 5, 2023	\$60
	Team Final Registration teams wishing to be included in Team Final must register	May 5, 2023	\$25
	Late Athlete Registration	May 19, 2023	\$170
	Late Coach Registration	May 19, 2023	\$80
	NO Entries accepted after May 6, 2023		
	Changes & Corrections	1 - 4 days following the receipt of the Entry Verification	N/A
	Late Changes & Corrections - Late submission	5+ days following the receipt of the Entry Verification	\$10 per change (i.e. 1 athlete changed in 3 disciplines = \$30)
	DD Sheets (complete without errors or omissions) *Send to Ortona	May 19, 2023	N/A
	Late DD Sheets (complete without errors or omissions) *Send to Ortona	May 20 or later	\$10 per late submission, error or omission
	http://www.gymcan.org/disciplines/trampoline/technical-information/technical-documents		

<p>REGISTRATION</p>	<p>Registration is now ready on Sportzsoft. Click the link below to register: https://www.sportzsoft.com/meet/meetWeb.dll/MeetLogin?id=1F6DB97E34946FDE04DB93910A4133E4</p> <p>Payment can be made to Ortona by cheque or e-transfer to executivedirector@ortonagymnastics.com.</p>
<p>ACCOMMODATIONS</p>	<p>Accommodations are available in the Lister Hall residences on the University of Alberta Campus.</p> <p>University of Alberta Lister Hall 1-044 Lister Centre Edmonton AB T6 2H6</p> <p>Traditional Twin Rooms \$70/night plus applicable taxes Traditional Single Rooms \$60/night plus applicable taxes Meal plans available</p> <p>Booking Form: https://abgym.ab.ca/content/download/12958/86930/version/1/file/Western%20Canadian%20Cup%20(Group%20Form)%20Fillable.pdf</p> <p>Meal Plan Form: https://abgym.ab.ca/content/download/12957/86927/version/1/file/2023%20Summer%20Meal%20Program.pdf</p>

TECHNICAL INFORMATION

EVENTS	<p>Trampoline: L1 12U / L1 13+ / L2 12U / L2 13+ / L3 14U / L3 15+ / L4 14U / L4 15+ Double Mini: L1 12U / L1 13+ / L2 12U / L2 13+ / L3 14U / L3 15+ / L4 14U / L4 15+ Tumbling: L1 12U / L1 13+ / L2 12U / L2 13+ / L3 14U / L3 15+ / L4 14U / L4 15+ Synchro: L1 / L2 / L3 / L4</p> <p>Following the registration deadline, all the categories will be reviewed to determine that the numbers in each age group is well suited for a good competitive experience. Some age groups may be re-aligned OR amalgamated in order to achieve this goal.</p> <p>Groups in excess of 30 athletes will be split by Gymnastics Canada age splits. There will only be one split per level. Each of these groups will be both male/female.</p>
COMPETITION FORMAT	<p>All GymCan rules will apply for the competition, except that there will be no finals for synchronized trampoline. In case of a tie at any place after the preliminary round, the GymCan Tie Breaker rule shall apply.</p> <p><u>MOBILITY FOR DMT L4</u> - "mobility finals" will be added for any L4 athletes who has met the mobility requirements in preliminaries but had not qualified for finals, 11th place and up. These athletes will not be eligible for awards.</p> <p>One optional routine shall be completed for all levels of Synchronized Trampoline.</p> <p>2023 TG Canadian Pathways</p>
EQUIPMENT	<ul style="list-style-type: none"> - 2 Trampolines - 1 DMT - 1 Tumbling floor
MEDICAL	<p>First Responders will provide medical services on-site during training and competition. Club managers and/or head coaches may be asked to produce digital or hard copy medical waivers to access medical care for minors on site.</p>
MEDICAL WAIVER, PARENT CONSENT & PIPA	<p>Each PSO or Club must submit their Statutory Declaration via Activity Messenger in advance of their arrival to the competition.</p>
SCORING	<p>The SportzSoft program will be used.</p>
ATTIRE	<p>All GymCan rules apply for proper attire for specific and general warm-up and competition. Athletes can wear either male or female TEAM uniform.</p>
TEAM FINAL	<p>The Provincial / Territorial Teams of each participating province/territory do not automatically participate in each Event Team Final. The Team Event is open to all clubs at the competition as long as they have at least three athletes in the event.</p> <p>Teams wishing to be included in the Team Final must register and pay a non-refundable \$25 registration fee.</p> <ul style="list-style-type: none"> • The eight teams (four L3/4 and four L1/2, compete in each event (TRI, TUM and DMT) of the Event Team Final) will submit their four (4) athlete's names who will compete in the Event Team Final. • Team can choose their four (4) representatives without hindrance, regardless of gender or level.

AWARDS	<u>INDIVIDUAL AWARDS</u> 1 st to 3 rd place -- Medals 4 th to 10 th place -- Ribbons In the event of a tie in either Preliminary or Finals, the GymCan Tie Breaker rule shall apply		
	<u>INDIVIDUAL ALL AROUND</u> (men and women combined) 1 st to 6 th place receives a plaque. Must compete in L3 or L4 in trampoline, double mini and tumbling (NOTE: L1 and L2 athletes will NOT be eligible for the Individual All-Around Award)		
	<u>TEAM AWARDS</u> Event Team Final Awards Team Final L3/L4 1 st to 3 rd place - plaque Team Final L1/L2 1 st to 3 rd place - medals to each athlete		
	Team All Around Awards Team Final L3/L4 1 st to 3 rd place - plaque Team Final L1/L2 1 st to 3 rd place - plaque		
	Aggregate All-Around – Perpetual Trophy - L3/L4 in all 3 events only awarded to 1 st place		
PRELIMINARY SCHEDULE	Thursday, June 1	Arrival of Delegates	All Day
	Friday, June 2	Morning	Coaches / Judges Meeting Opening Ceremonies Preliminary Competition
		Afternoon	Preliminary Competition Finals Competition
	Saturday, June 3	All Day	Preliminary Competition Finals Competition
	Sunday, June 4	All Day	Finals Competition Team Final Departure of All Delegates
IMPORTANT DATES TO REMEMBER	April 21 May 5 May 19 May 19	Registration opens - Athlete, Coach and Team Final Registration deadline – Athlete, Coach and Team Final Late registration deadline – Athlete, Coach and Team Final DD Sheets deadline	



2023 TG Western Canada Cup

Saville Centre, Edmonton



FRIDAY, JUNE 2				
Judges and Coaches meeting 8:00 - 8:30				
General Warm-up B1 (Run and Stretch only) 8:30 - 9:00				
B L O C K 1	*9:00 AM*	L1 & L2 DMT PRELIMS	L3 & L4 TRAMPOLINE PRELIMS	SCHEDULED TUMBLING TRAINING
	12:00 PM			
General Warm-up B2 (Run and Stretch only) 12:00 - 12:30				
B L O C K 2	*12:30 PM*	L1 & L2 L3 & L4 DMT PRELIMSTRAMPOLINE	PRELIMS	SCHEDULED TUMBLING TRAINING
	4:30 PM			
General Warm-up B3 (Run and Stretch only) 4:45 - 5:15				
B L O C K 3	*5:15 PM*	L3 & L4 DMT PRELIMS	L1 & L2 TRAMPOLINE PRELIMS	L1 & L2 TUMBLING PRELIMS
	8:45 PM			
SATURDAY, JUNE 3				
General Warm-up B4 (Run and Stretch only) 8:30 - 9:00				
B L O C K 4	*9:00 AM*	L3 & L4 DMT PRELIMS	L1 & L2 TRAMPOLINE PRELIMS	L1 & L2 TUMBLING PRELIMS
	12:00 PM			
General Warm-up B5 (Run and Stretch only) 12:00 - 12:30				
B L O C K 5	*12:30 PM*	L1 & L2 DMT FINALS	ALL LEVELS SYNCHRO	L3 & L4 TUMBLING PRELIMS
	4:30 PM			
ALL AWARDS BLOCK 5 - 4:30PM to 5:00PM				
General Warm-up B6 (Run and Stretch only) 5:00 - 5:30				
B L O C K 6	*5:30 PM*	L1 & L2 DMT FINALS	L3 & L4 TRAMPOLINE FINALS	L1 & L2 TUMBLING FINALS
	8:30 PM			
ALL AWARDS BLOCK 6 - 8:30PM to 9:00PM				
WESTERN CANADA CUP - COACHES & JUDGES FORUM				
SUNDAY, JUNE 4				
General Warm-up B7 (Run and Stretch only) 8:30 - 9:00				
B L O C K 7	*9:00 AM*	L3 & L4 DMT FINALS	L1 & L2 TRAMPOLINE FINALS	L3 & L4 TUMBLING FINALS

	12:00 PM	ALL AWARDS BLOCK 7 - 12:00PM to 12:30PM		
		General Warm-up B3 (Run and Stretch only) 12:30 - 1:00		
B L O C K 8	*1:00 PM*			
		L1 & L2 DMT <u>TEAM FINALS</u>	L1 & L2 TRAMPOLINE <u>TEAM FINALS</u>	L1 & L2 TUMBLING <u>TEAM FINALS</u>
		L3 & L4 DMT <u>TEAM FINALS</u>	L3 & L4 TRAMPOLINE <u>TEAM FINALS</u>	L3 & L4 TUMBLING <u>TEAM FINALS</u>
	5:00 PM			

ALL AWARDS BLOCK 8 - 5:00PM to 5:30PM