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REQUEST FOR BAR HEIGHT ADJUSTMENT

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The following form must be completed and submitted to the Canadian Head Judge or designate during one of the official training sessions before the competition.

**Note: Both rails need to be raised by 10 cm.**

Club \_\_\_\_\_

Province \_\_\_\_\_

Athlete's Name \_\_\_\_\_

Category \_\_\_\_\_

Head Coach Name \_\_\_\_\_

Signature \_\_\_\_\_

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Permission     Granted     Denied

Rationale if denied \_\_\_\_\_

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Signature CHJ \_\_\_\_\_ Date: \_\_\_\_\_