

2017 Alberta T&T Provincial Championships

FRIDAY, MAY 12

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		TUMBLING	WARM-UP TIME	TRAMPOLINE	WARM-UP TIME	DMT	WARM-UP TIME	
S E S S I O N 1	<u>Time</u>	Judges and Coaches meeting 8:30AM						
		General Warm-up (Run and Stretch only) 8:30 - 8:50						
		O-CANADA / MARCH-IN / OATHS 8:50 - 9:00						
	9:00 - 9:35	L1 M F1 (10)	5.0	L1 W 2005+ F1 (11)	5.5	L1 W 2004- F1 (7)	5.0	
	9:35 - 10:10	L1 M F2 (10)	5.0	L1 W 2005+ F2 (11)	5.5	L1 W 2004- F2 (7)	5.0	
	10:10 - 10:45	L1 W 2004- F1 (9)	5.0	L1 W 2005+ F3 (10)	5.0	L2 M (11)	5.5	
	10:45 - 11:20	L1 W 2004- F2 (9)	5.0	L1 W 2005+ F4 (10)	5.0	L1 W 2005+ F1 (11)	5.5	
	11:20 - 12:00	L1 W 2004- F3 (9)	5.0	L2 W 2003- (13)	6.5	L1 W 2005+ F2 (11)	5.5	
	12:00 - 12:35	L2 W F1 (10)	5.0	L1 M F1 (11)	5.5	L1 W 2005+ F3 (11)	5.5	
	12:35 - 13:10	L2 W F2 (9)	5.0	L1 M F2 (11)	5.0	L1 W 2005+ F4 (11)	5.5	
	13:10 - 13:45	L1 W 2005+ F1 (10)	5.0	L2 M (12)	6.0	L2 W 2004+ F1 (9)	5.0	
	13:45 - 14:15	L1 W 2005+ F2 (9)	5.0	L1 W 2004- F1 (8)	5.0	L2 W 2004+ F2 (9)	5.0	
	14:15 - 14:45	L1 W 2005+ F3 (9)	5.0	L1 W 2004- F2 (7)	5.0	L2 W 2004+ F3 (9)	5.0	
14:45 - 15:20	L1 W 2005+ F4 (9)	5.0	L2 W 2004+ F1 (11)	5.5	L1 M (11)	5.5		
15:20 - 15:55	L2 M (5)	5.0	L2 W 2004+ F2 (11)	5.5	L1 M (11)	5.0		
15:55 - 16:30			L2 W 2004+ F3 (10)	5.0	L2 W 2003- F1 (11)	5.5		
S E S S I O N 2	16:30 - 16:50	General Warm-Up for Session 2						
	16:50 - 17:40	Sync F1 - L1, L2, L3, L4 M (6+3+2+3)			Touches	L5 W 16U (13)	19.5	
	17:40 - 18:10	Sync F2 - L1 Women (9)			Touches	L5 W 17+ (6)	9.0	
	18:10 - 18:45	Sync F3 - L1 Women (9)			Touches	L5 M 16U & 17+ (7+2)	13.5	
	18:45 - 19:25	Sync F4 - L2 Women (13)			Touches	L6 17U & 18+ M (5+2) & Junior W & M (3+1)	22.0	
	19:25 - 20:00	Sync F5 - L3, L4 Women (8+2)			Touches			
	20:00 - 20:45	Sync F6 - ALL National Levels (8+2+2)			25 OR Touches			

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SATURDAY, MAY 13

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		TUMBLING	WARM-UP TIME	TRAMPOLINE	WARM-UP TIME	DMT	WARM-UP TIME
SESSION 3	<u>Time</u>	Judges and Coaches meeting 8:30AM					
		General Warm-up (Run and Stretch only) 8:30 - 8:50					
		O-CANADA / MARCH-IN / OATHS 8:50 - 9:00					
	9:00 - 9:40	L3 W F1 (12)	9.0	L5 17+ W & M (8+1)	13.5	L4 M (11)	11.0
	9:40 - 10:20	L3 W F2 (11)	8.0	L5 W 16U F1 (10)	15.0	L3 M (5)	5.0
	10:20 - 11:00	L4 M (4)	5.0	L5 W 16U F2 & L5 M 16U (5+5)	15.0	L3 W F1 (10)	7.5
	11:00 - 11:40	L3 M (5)	5.0	L6 17U & 18+ W & M (3+1+3+1)	16.0	L3 W F2 (10)	7.5
	11:40 - 12:20	L4 W (10)	10.0	Junior & Senior W & M (1+1+1+4)	20.0	L3 W F3 (9)	7.0
	12:20 - 13:00	L6 W & M (3+5)	16.0	L3 W F1 (11)	8.0	L4 W (11)	11.0
	13:00 - 13:35	Junior, Senior W & M (2+1+3)	12.0	L3 W F2 (10)	7.5		
	13:35 - 14:10	L5 W 15U (7)	10.5	L3 W F3 (10)	7.5	Senior W & M (4+5)	18.0
	14:10 - 14:45	L5 W 16+ (8)	12.0	L3 M (7)	5.5		
14:45 - 15:25	L5 M 15U & 16+ (5+5)	15.0	L4 M (12)	12.0	L6 17U & 18+ W (7+2)	18.0	
15:25 - 16:00			L4 W (11)	11.0			
ATTSA ANNUAL GENERAL MEETING - 16:00							
SESSION 4	General Warm-up for Evening Finals (Run and Stretch only) 16:30 - 16:55						
	March-In First Group of Finalists 16:55						
	17:00 - 17:30	L2 Men (5)	5.0	L1 Women 2004- (10)	5.0	L1 Women 2005+ (10)	5.0
	17:30 - 18:00	L2 Women (10)	5.0	L1 Women 2005+ (10)	5.0	L2 Men (10)	5.0
	18:00 - 18:30	L1 Women 2005+ (10)	5.0	L1 Men (10)	5.0	L1 Women 2004- (10)	5.0
	18:30 - 19:00	L1 Women 2004- (10)	5.0	L2 Men (10)	5.0	L2 Women 2004+ (10)	5.0
	19:00 - 19:30	L1 Men (10)	5.0	L2 Women 2004+ (10)	5.0	L2 Women 2003- (10)	5.0
19:30 - 20:00			L2 Women 2003- (10)	5.0	L1 Men (10)	5.0	
ALL AWARDS FOR L1 & L2 ATHLETES (Including Synchro L1 & L2) 20:15 to 20:45							
DD Sheets for Team Finals must be in by Sunday Morning (Before Finals Begin)							

2017 Alberta T&T Provincial Championships

SUNDAY, MAY 14

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		TUMBLING	WARM-UP TIME	TRAMPOLINE	WARM-UP TIME	DMT	WARM-UP TIME
S E S S I O N 5	<u>Time</u>	General Warm-up (Run and Stretch only) 8:30 - 8:55					
		March-in First Group of Finalists 8:55					
	9:00 - 9:35	L3 W (10)	10.0	L5 W 16U (10)	15.0	L5 M 16U & 17+ (7+2)	13.5
	9:35 - 10:15	L4 W (10)	7.5	Junior & Senior W & M (1+1+1+4)	20.0	L6 17U & 18+ W (7+2)	18.0
	10:15 - 10:40	L3 M & L4 M (5+4)	8.0	L5 M 16U (5)	7.5	L5 W 17+ (6)	9.0
	10:40 - 11:20			L5 17+ W & M (8+1)	13.5	L6 17U & 18+ M & Junior W & M (11)	22.0
	11:20 - 12:00			L6 17U & 18+ W & M (3+1+3+1)	16.0	L5 W 16U (10)	15.0
	12:00 - 12:40	L5 M 15U & 16+ (5+5)	15.0	L4 W (10)	10.0	Senior W & M (4+5)	18.0
	12:40 - 13:20	L6 W & M (3+5)	16.0	L3 M (7)	5.0	L4 W (10)	10.0
	13:20 - 13:50	L5 W 15U (7)	10.5	L4 M (10)	10.0	L3 M (5)	5.0
	13:50 - 14:25	L5 W 16+ (8)	12.0	L3 W (10)	7.5	L4 M (10)	10.0
14:25 - 15:00	Junior, Senior W & M (2+1+3)	12.0			L3 W (10)	7.5	
AWARDS FOR ALL P3, P4 & NATIONAL ATHLETES (Including L3+ Synchro) - 15:00 to 15:45							
S E S S I O N 6		General Warm-up (Run and Stretch only) 15:45 - 16:10					
	16:10 - 16:15	March-In					
	16:15 - 16:45	Group 4 (8) AIR, CGC	15.0	Group 1 (12) EDG, GP, CAR	15.0	Group 2 (12) PHO, EXE, X-FIN	15.0
	16:45 - 16:50	March-In					
	16:50 - 17:20	Group 2 (12) PHO, EXE, X-FIN	15.0	Group 3 (12) THU, ORT, PEG	15.0	Group 4 (8) AIR, CGC	15.0
	17:20 - 17:25	March-In					
	17:25 - 17:55	Group 3 (12) THU, ORT, PEG	15.0	Group 4 (8) AIR, CGC	15.0	Group 1 (12) EDG, GP, CAR	15.0
	17:55 - 18:00	March-In					
18:00 - 18:30	Group 1 (12) EDG, GP, CAR	15.0	Group 2 (12) PHO, EXE, X-FIN	15.0	Group 3 (12) THU, ORT, PEG	15.0	
NAMING OF AB TEAM TO WESTERNS + CANADIANS & TEAM FINAL AWARDS - 18:45 to 19:15							