

**Alberta Gymnastics Federation**

207, 5800 – 2nd Street SW  
Calgary, Alberta  
T2H 0H2 Canada



## Testimonial's

The Kids CanMove package is an excellent, user-friendly resource! I was leery when it came to teaching gymnastics before I had this in my hands! I am so thankful for it!

- *Natalie Ruel, Calgary Catholic School District*

The Kids CanMove program is a user-friendly, fun program for students and teachers alike. The lesson plans are full of great ideas and games. I really like the yellow cue cards. It makes creating gymnastic stations a breeze.

- *Teresa Perri-Wilson, Blessed Damien School*

Kids CanMove is a fabulous resource and more teachers are willing to do gymnastics and feel safe about it. The package is very easy to use and the kids love it. Thank you!

- *Jill Cressy (Gr. 1), Father Scollen School*

Word is spreading about your program. Other teachers in our school have grabbed a hold of the package and love the format. We are all impressed by the simplicity of the package, as the cards are very teacher and student-friendly.

- *Cindy Abtosway (Gr. 6), Our Lady of Peace Elem/Jr. High*

Alberta has just recently trained 15 course instructors and ran 8 in-house school workshops within the Calgary area that attracted over 20 teachers.

In British Columbia, more than 400 schools have participated in the ***Kids CanMove*** program and over 50 instructors have been trained to deliver the program. The program is a huge success and is giving children the confidence they need to participate in all sports.