



Artistic & Acro Provincial Championships/Trials to Canadians
Edmonton, AB
April 12 – 14, 2019



FRIDAY

Hospitality Breakfast served 7:30 AM — 8:30 AM

Session W1

Women's JO 6 – Flight 1 (48 athletes)

General Warm-up 8:25 AM – 8:40 AM

March-In 8:45 AM

O Canada 8:50 AM

Competition 8:55 AM – 11:00 AM

Awards 11:15 AM

Hospitality Lunch served 11:00 AM — 1:00 PM

Session M1

Men's Provincial Level 1 and Elite 1

General Warm-up 11:35 AM — 11:55 AM

March-in 12:05 PM (MAG & WAG together)

Competition 12:15 PM — 2:45 PM

Awards 3:00 PM

Session W2

Women's JO 6 – Flight 2 (48 athletes)

General Warm-up 11:40 AM – 11:55 AM

March-In 12:05 PM (MAG & WAG together)

Competition 12:15 PM – 2:20 PM

Awards 2:35 PM

Session W3

Women's JO 7 (All) (48 athletes)

General Warm-up 2:45 PM – 3:05 PM

March-in 3:10 PM

Competition 3:15 PM—5:15 PM

Awards 2:50 PM

Hospitality Dinner served 4:00 PM — 6:00 PM



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Session M2

Men's Open, Junior & Senior;

General Warm-up 4:50 PM – 5:20 PM
Event Warm-up 5:20 PM – 6:20 PM
March-in 6:25 PM (MAG & WAG together)
Competition 6:30 PM — 9:00 PM
Awards 9:15 PM (Junior & Senior ONLY)

Session W4

Women's JO 10 (All) and HP (All)

General Warm-up 5:55 PM — 6:15 PM
March-in 6:25 PM (MAG & WAG together)
Competition 6:30 PM — 9:00 PM
No Awards

SATURDAY

Hospitality Breakfast served 7:30 AM — 8:30 AM

Session W5

Women's JO 9 (All)

General Warm-up 8:00 AM — 8:20 AM
March-in 8:25 AM (MAG & WAG together)
O Canada 8:30 AM
Competition 8:35 AM — 11:05 AM
Awards 11:20 AM - *Only JO 9(14+), No awards for JO 9 (11-13)*

Session M3

Men's Provincial Level 2 and Elite 2

General Warm-up 8:00 AM – 8:20 AM
March-in 8:25 AM (MAG & WAG together)
O Canada 8:30 AM
Competition 8:40 AM – 11:10 AM
Awards 11:30 AM

Hospitality Lunch served 11:00 AM — 1:00 PM



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Session W6

Women's JO 8 (All) (48 athletes)

General Warm-up 11:30 AM – 11:45 AM

March-in 11:50 AM

Competition 11:55 AM – 2:30 PM

Awards 2:45 PM

Session M4

Men's Provincial Level 3 and Elite 3

General Warm-up 11:45 AM — 12:15 PM

Event Warm-up 12:15 — 1:15 PM

March-in 1:20 PM

Competition 1:25 PM – 3:55 PM

Awards 4:10 PM

Session W7

Women's Aspire 1 and 2

General Warm-up 3:00 PM – 3:20 PM

March-in 3:25 PM

Competition 3:30 PM – 5:35 PM

Awards 5:50 PM

Hospitality Dinner served 4:30 PM — 6:30 PM

Session M5

Men's Provincial Level 4, Elite 4 and Provincial Level 5

General Warm-up 4:00 PM – 4:30 PM

Event Warm-Up 4:30 PM – 5:30 PM

March-in 5:35 PM

Competition 5:40 PM – 8:25 PM

Awards 8:40 PM

Session W8

Women's JO 10 (All), HP (All)

General Warm-up 6:15 PM – 6:35 PM

March-in 6:40 PM

Competition 6:45 PM — 9:00 PM

Awards 9:15 PM - **Parent meeting directly following medal presentations*



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SUNDAY

Hospitality Breakfast served 7:30 AM — 8:30 AM

Session W9

Women's JO 9 (11-13)

General Warm-up 8:15 AM – 8:35 AM

March-in 8:40 AM

O Canada 8:45 AM

Competition 8:50 AM – 11:00 AM

Awards 11:15 PM - **Parent meeting directly following medal presentations*

Hospitality Lunch (Acro only) served 7:30 AM — 8:30 AM

Session A1

Acro – detailed schedule to follow upon registration

Coaches Meeting 11:15 AM

March-in 11:25 AM

O Canada 11:30 AM

General Warm-up 11:35 AM – 11:50 AM

Competition 11:55 AM – 5:00 PM

Awards 5:15 PM – *Timing will be dependent on registrations and final schedule*