



ALBERTA GYMNASTICS FEDERATION
2019 Gymnastics For All Assembly Meeting
Sunday, October 20, 2019

9:00 AM – 12:00 PM
The Westin Edmonton, Turner Valley Room
10135 100th Street NW, Edmonton, AB

Present:

Voting Delegates:

Capital City Gymnastics Centre (CCGC)
Calgary Gymnastics Centre (CGC)
Dynamyx Gymnastics Club (DGC)
Exelta Gymnastics (EXG)
Grande Prairie Gymnastics (GPG)
Horizon Gymnastics (HG)
Jasper Gymnastics Club (JGC)
Leduc Kanata Gymnastics Club (LKGC)

Mountain Shadows Gymnastics Club (MSGC)
North Edmonton Gymnastics Club (NEGC)
Ortona Gymnastics Club (OGC)
Phoenix Gymnastics Centre (PGC)
Rimbey Gymnastics (RG)
Salto Gymnastics (SG)
University of Calgary (UC)
Wainwright Gymnastics Club (WGC)

Non-Voting Delegates:

Scott Whiteside Member at Large, Gymnastics For All Committee

Observers:

Bobby Kriangkum Manager, Membership Engagement & Gymnastics For All

1. Call To Order – Meeting Called to order at 9:08 AM by B. Kriangkum

1.1. Introductions: GFA Committee Members

1.2. Roll Call – Validation of Quorum

- Quorum was achieved
- Total number of eligible votes: 16, with 9 votes being the majority

1.3. Appointment of Scrutineers

University of Calgary/Salto Gymnastics

MOTION: “To appoint Brenda Krossa and Nicole Pearse as scrutineers for the 2019 GFA Assembly Meeting.”

Carried

1.4. Appointment of a Recording Secretary

Mountain Shadows/University of Calgary

MOTION: “To approve Kari Binder as the Recording Secretary for the 2019 GFA Assembly Meeting.”

Carried

1.5. Call for agenda items under New Business

- No new business to report.

1.6. Approval of Agenda

Dynamyx/Salto

MOTION: “To approve the agenda for the Sunday October 20, 2019 Assembly Meeting of the Gymnastics For All Assembly”

Carried

1.7. Adoption of Minutes of the October 14, 2018 AGM

Capital City Gymnastics/Rimbey Gymnastics

MOTION: “To approve the minutes for the Sunday October 14, 2018 Assembly Meeting of the Gymnastics For All Assembly.”

Carried

2. Membership Engagement Report – B. Kriangkum

Key Discussion:

- A brief verbal report was presented regarding Membership Engagement.

Highlights

- 27 Clubs were visited in the 2018-2019 season.
- General trend showed that clubs were fostering gymnastics activities in positive, safe, and inclusive environments.
- Many clubs are interested in collaborating with each other; however, arranging meetings is challenging.
- The 2019-2020 Membership Engagement strategy will shift to hosting “round-table” format sessions where clubs have an opportunity to connect and engage.
- Individual club support will still be conducted via email or phone calls.
- A key takeaway is that all clubs must maintain **safe and high-quality** programming.

3. GymCan Update – B. Kriangkum

Key Discussion:

- A brief verbal report was presented regarding GymCan.

Highlights

- From a strategic plan perspective, it was learned that most provinces align with GymCan, however, there are some differences that are ultimately determined by each PSO’s mandate.
- GymCan is developing a new initiative that is focused on inclusion.
- GymCan’s Manager of Safe Sport is continually managing claims and developing policy and best practices for clubs and coaches.
- Insurance is a nationally recognized issue and GymCan is aware of this.

4. Events & Programming – B. Kriangkum/K. Bonnell

4.1. Events

Key Discussion Points:

- **Review of 2019-2020 GFA Budget**
 - B. Kriangkum presented the 2019-2020 GFA Budget, explaining how each budget line is utilized.
- **Fall Congress 2020**
 - B. Kriangkum is currently researching GFA presenters for the 2020 AGF Congress.
- **Gymfest 2019**
 - K. Bonnell reviewed Gymfest 2019, which was held in Calgary over the weekend of May 10 – 12, 2019 and hosted 500 participants and coaches.
 - Gymfest 2020’s theme will be “**We Love The Earth**”.
 - Location and date for Gymfest 2020 will be released once a venue is secured.

- **World Gymnaestrada 2019**
 - World Gymnaestrada 2019 occurred in Dornbirn, Austria over the week of July 7 – 13, 2019 and was well attended by the Canadian delegation.
 - Gymnaestrada is a program that may provide an alternative for competitive and GFA participants to stay in gymnastics.
- **Gymnastics Awareness Week 2019**
 - AGF aligned with GymCan in a social media contest for clubs to showcase the fundamental movement patterns from February 3-9, 2019, where 10 AGF clubs participated.
 - Gymnastics Awareness Week 2020 will be held October 4-10, 2020 to align with the gymnastics season to build momentum for clubs to potentially build their registrations.

4.2. Programming – B. Kriangkum/K. Bonnell

Key Discussion Points:

- **CanGym**
 - The CanGym program is in its final stages of development.
 - The revision group consists of experts across Canada and across a variety of gym sports.
 - The revitalized CanGym program will include Artistic, Trampoline, and Rhythmic gymnastics. Acrobatic Gymnastics will be possibly integrated once the NCCP for Acro is complete.
 - The focus in the revitalized CanGym program measures progress through the development stages of a participant, rather than being solely based on skill acquisition.
- **CANJUMP**
 - The CANJUMP program’s revisions were completed near the end of 2018 and has been distributed to numerous clubs within Alberta and across Canada.
 - Discussions on trampoline usage for Gymnastics For All programs and Insurance occurred.
- **Interclub/Fun Meet/Pre-Comp Meets**
 - The Gymnastics For All Committee is currently reviewing and updating AGF’s Interclub guidelines.
 - A clear definition between “fun meets” and “pre-competitive meets” will be created and is encouraged for clubs to use so all participants, coaches, and clubs are aware of the type of event that they are entering.
 - Clubs are encouraged to send their invitational/fun meet bulletins to B. Kriangkum to be added to the AGF Calendar.

- **Inclusion**

- AGF is looking to revise and expand AGF's current Inclusion guidelines.
- AGF's current "Inclusion Policy" mainly deals with disabilities.
- The direction AGF is looking to develop this program will eventually include other groups such as lower-income families, new Canadians, Aboriginal groups, LGBTQI2S+, and women & girls.
- N. Kindrachuk and B. Kriangkum will be working closely to develop this program, and N. Kindrachuk will take the lead in advocating for these groups.
- T. Vanden Boer (Dynamyx) is AGF's resident expert in adapting programs for participants with physical/cognitive disabilities.

4.3. Communication – B. Kriangkum

Key Discussion Points:

- **Social Media**

- Discussion on social media usage for clubs, programming, and events and how clubs can collaborate with AGF.

4.4. Coach/Member Support – K. Bonnell

Key Discussion Points:

- **Mentorship Program**

- In the 2018-2019 season, 2 coaches (one from Valleyview, one from Wetaskiwin) were paired with their mentor coaches to get to know each other's programs, learn specific information that pertains to their club, and build a relationship with some of the leading coaches in the Province.
- Overall response from the program was positive, and the continued support for coaches to have learning opportunities is still relevant.
- AGF will be facilitating a GFA Mentorship Program for the 2019-2020 season, and more information regarding applying will be circulated by B. Kriangkum following the AGM.
- Rural/new clubs are given priority if there are more applicants than positions available; however, all members are welcome to apply.

4.5. 2019 GFA Retreat – B. Kriangkum

Key Discussion Points:

- The 2019 GFA Retreat took place in Pine Valley over the weekend of August 23-25, 2019.
- 28 coaches and 12 presenters/committee members were in attendance.
- Reviews shared that the weekend made for a learning and networking opportunity that wouldn't otherwise be possible, and that many working relationships and friendships were formed over the course of the weekend.
- The GFA Retreat is going to be renamed to the "GFA Getaway" (credit to Brenda Krossa of Rimbey Gymnastics) and is anticipated to take place at Pine Valley again due to its central location, focused environment, and overall experience. (Decision will be made by the GFAC).

5. NCCP Updates – B. Kriangkum

Key Discussion Points:

- **Clarification of NCCP Requirements**

- Overview of the certification levels that coaches are required to possess depending on the program they are coaching.
- Key takeaway: Coaches may only teach what they have been formally trained via NCCP.
- Discussion regarding Pre-CIT's and whether they can coach.
 - Based on GymCan's Pre-CIT manual (<https://bit.ly/2pVlJA0>), as long as the manual's guidelines (page 36) are followed, Pre-CIT's may assist a participant.
 - Clarification that Pre-CIT's are **not permitted** to lead a class independently.

6. Insurance Updates – B. Kriangkum

Key Discussion Points:

- **AGF Insurance**

- Overview of the current insurance environment and how AGF/Gymnastics in Canada currently stands.
- Discussion on how insurance is becoming a nationwide topic.

- **Notification of Risk/Waivers**

- As of January 1, 2020, AGF will be implementing new waiver forms (4 in total).
 - These forms specify notification of risk for adults and minors to participate in general gymnastics and trampoline programs.
 - AGF will send a notification to all clubs to clarify the implementation process for these new waivers.
- AGF is currently looking into online waiver alternatives to mitigate the paperwork that club administrators take on with the previous requirement of hard copies.

- **Insurance Penalty System**

- Based on the feedback from the Insurance Task Force (made up of 7 AGF Member Club Representatives and 3 AGF Staff), AGF will be researching a General Liability Insurance Penalty System.
- A breakdown of this system will be communicated to the membership prior to the next AGF AGM.
- The implementation strategy of this system will likely be a bylaw that is voted on by the membership.

7. New Business – B. Kriangkum

Key Discussion:

- No business to report.

8. Elections – B. Kriangkum

Key Discussion:

- The following individuals submitted their names to stand for election to the Gymnastics For All Manager prior to the nomination deadline.
 - NOMINEE Tanya Vanden Boer
 - NOMINEE Cara Farrell

- Due to there being 2 positions available and 2 nominations received, both T. Vanden Boer and C. Farrell acclaimed the positions of Gymnastics For All Committee Coordinators for a 2-year term.

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9. Location of the 2020 AGF Gymnastics For All Assembly Meeting – B. Kriangkum

- Date: October 18, 2020
- Location: Calgary, Alberta
- Venue: TBD

10. Adjournment – B. Kriangkum

Mountain Shadows/Capital City Gymnastics

MOTION: “To adjourn October 20, 2019
Gymnastics For All Assembly Meeting at
11:18 AM.”

Carried