MINUTES

SPORT DEVELOPMENT ASSEMBLY MEETING

9:00 a.m. – 12:00 p.m. Saturday, October 17, 2026
Delta Hotels Edmonton South Conference Centre
4404 Gateway Blvd NW, Edmonton, AB T6H 5C2

Attendance:

K. Webster – AGF SD Manager
J. Escobar – AGF Education Manager
K. Wills – SC Chairperson
A. MacDonald – West Wind
A. Zirk – St. Albert Gymnastics Club
D. Anderson –Wainwright Gymnastics
D. Kaufmann – Calgary Gymnastics
D. Opalinski – Edmonton Acro
J. Johnson – AGF Board Member
J. Merta – Wainwright Gymnastics
K. Laverdiere – Airdrie Edge
K. Binder –Phoenix Gymnastics
K. O'Brien – Ortona
K. Rosichuk – Dynamix
K. Truscott –CGC
K. Bonnell—CGC
L. Grant—St. Alberta Gymnastics Club
M. Lozeron – YEG
N. Wassef – YEG
P. Schumann—Dreams Gymnastics A
R. Light – Light Gymnastics
T. Schmidt – Capital City Gymnastics
M. Wright - Gymtastics

1. Call to Order – K. Wills 9:01am

1.1. Introductions: K Wills and K Webster
1.2. Appoint a recording secretary
- Appoint Kari Binder as recording secretary

1.3. Call for agenda items under New Business
1.4. Approval of Previous Meeting Minutes (October 2025)

MOTION: To approve the meeting minutes from the October 2025 meeting.
Motion: CGC
Second: Pheonix
All in favour/Carried

2. Reports

2.1. Sport Development Report – K. Webster
- 2025-2026 Stats: 930 GFA registered Coaches; 38,072 GFA registered athletes; 548 Performance GFA Dev Athletes; appr 300 parkour athletes; 358 Acro Athletes (approx. 199 Acro/GFA athletes)
- 100% of clubs have Sport Development Programs

3. GymCan Update – K. Webster

3.1. CanGym
- Newly updated Can Gym curriculum, which is now progression/skill chart based, should be available to the provinces by end of the calendar year
- 2026 National Gymnaestrada information should be distributed at end of the month

4. Events and Programming – K. Webster and K. Wills

4.1. GFA –

4.1.1 GFA Getaway 2025: 45 coaches from 14 clubs attended 2025 Getaway at Pine Valley Gymnastics. Tony Clarno was the guest presenter

4.1.2 AGF Congress 2025: Ali Stoffels was lead GFA presenter, including technical day. Over 40 workshops total and 170 registered (from all membership)

4.1.3 GFA Collective: Year 2 of GFA Collective. Met 8 times with 25 members (60% return rate).

4.1.4 GFA Webinars: Rec Gym Pros led two webinars on designing a Summer Camp, free for AGF members. Both were full attendance.

4.1.5 Gymfest 2026: 300 athletes and 50 coaches participated in the 2026 Gymfest at the University of Calgary's Red & Gold Gym. Coaches conference was well attended and featured 3 key workshops.

- *No questions, comments from the floor*

4.2. Acro –

4.2.1 2026 Provincial Championships: 125 athletes, 16 judges and coaches participated in the 2026 AGF Provincial Championships in Calgary at the BMO Centre over 2.5 days of competition. First time AGF hosted all four disciplines in one setting for provincial championships

4.2.2. 2026 Canadian Championships: 75 athletes, 4 judges and 6 coaches represented Alberta at the 2026 Canadian Championships. Second largest federation present.

4.2.3. Handbook Review: The SDC acro sub-committee reviewed and revised the previous handbooks to reflect the current changes in Acro and AGF. Will be live for the 2026-2027 competitive year

- *Provincials are in Edmonton April 2027 at Expo Centre. Volunteers from the community are welcome!*

4.3. Parkour--

4.3.1 Rec Program Development: A 2.0 update to the original AGF curriculum has been worked on in 2025-2026 and will be available to the community soon.

4.3.2 Speed Cup 2026: 2nd Annual Speed Cup held in April at Airdrie Edge. 30 athletes Participated.

4.3.3 FIG Age Groups 2025: K. Bowie and B. Atkin from SDC parkour subcommittee attended on behalf of AGF to further their knowledge and lead to more information at AGF course presenting.

4.3.4 Interprovincial Collaboration: Meetings were held between several provinces to further the collaboration and development of parkour in Canada.

- *Question from the floor-Will there will be more parkour workshops?*
    - *Answer: 3 new course presenters are being trained and AGF anticipates courses being offered more regularly in the future*
- *Question from the floor-Can we get a speed cup video or other visual information to help clubs with understanding the Speed competition and hopefully increasing participation?*
    - *Action: AGF and SDC to create and distribute video for clubs regarding Speed Cup*

4.4. Overview of 2025-2026 Budget – K. Webster

- *No questions/comments from the floor*

5. NCCP Updates – J. Escobar

5.1. AGF Lesson Planning-Course and Workbook

- Is coming soon; presentation online and led by live instruction; lots of conversations on Evaluations and how this workshop is a step to helping; not mandatory but strongly recommended
- Workbook will be required as of Jan 1, 2027
- Suggested to do a GFA Collective on the evaluation process

5.2. Advanced Foundations:

- 2 Pilots have been held
- AGF is waiting for more information regarding content and pre-requisites

6. New Business – K. Wills

- Suggested to update language from seniors to aging adults
- Suggested specs for parkour hard surface equipment. What's ok and not?
- From J. Escobar:
    - Spreadsheets with coaches' information for each club in the works
    - Webinar on how to read NCCP transcripts also possible

7. Elections/Nominations – K. Wills

7.1. Thank outgoing positions: Kade Bowie and Brody Atkin

7.2. 2026-2028 Sport Development Chair: Kelly Wills

7.3. 2026-2027 Committee Welcomes:

- Brie Banks, Kari Binder, Aliza Jumakhan, Debbie Kaufmann, Kailee Laverdiere, Robert Light, Danielle Opalinski, Peggy Schumann, Hayley Silberg

8. Coming up in 2026-2027

8.1. 2027 AGF Provincials: April 8-11, 2027, at Edmonton Expo

8.2. 2027 AGF Speed Cup: TBC end of April 2027

8.3. 2027 Gymfest: April 30-May 2 at Saville Centre (Edmonton)

8.4. 2027 GFA Getaway: August 20-22 at Pine Valley Gymnastics (Tawatinah)

8.5. 2027 AGF Congress: October 13-16 at Best Western, Calgary

Appreciation from AGF Board – D. Vande Vyyre

9. Adjournment 10:30am – K. Wills