



Annual Report

2024-2025 Season

As we enter the 2024/2025 Annual General Meeting and Congress, on behalf of the Board of Directors and Administration, we extend our sincere thanks to everyone who has contributed to the success of the Alberta Gymnastics Federation this past year.

This week is both a celebration of our collective accomplishments and an opportunity to reflect on the progress we've made together—while reaffirming our shared vision for growth, innovation, and excellence. We are proud of what we've built and inspired by the opportunities ahead as we continue to elevate gymnastics in Alberta and beyond.

Your Board of Directors is committed to ensuring the highest quality in the delivery of gymnastics programs across Alberta. Guided by our Strategic Plan, we empower our CEO, Robin McDougall, and our dedicated Administration to grow and strengthen our Federation.

As of June 30, 2025, our membership reached **53,041 members**—exceeding pre-COVID levels and making us one of only a handful of provinces to achieve such strong growth five years after the pandemic.

This milestone would not have been possible without the extraordinary efforts of our **coaches**, the commitment of our **judges**, the exceptional work of our **Administration**, and the tireless dedication of our **volunteers**. Each of you plays an essential role in ensuring that athletes of every age and ability have the best possible experience—and for that, we are deeply grateful.

This dedication was especially evident as we proudly hosted the **2025 Canadian Championships**—a resounding success recognized by athletes, provinces, and judges alike. To have our Lead Team personally thanked by judges—an unprecedented gesture—speaks volumes about the professionalism and excellence that Alberta continues to demonstrate.

Throughout the year, your Board met in person twice in Red Deer, and Held **6** additional meetings via Zoom, ensuring consistent attention to our fiduciary responsibilities.

We remained actively informed about both provincial and national developments and ensured inclusive, transparent communication among all Board members.

Key pillars of our Strategic Plan include:

- Aligning the annual budget with the Strategic Plan to ensure resources are directed to priority initiatives.
- Oversight by the Finance and Audit Committee to review budgets, financials, and ensure transparency and accuracy.
- Supporting athletes through the **Legacy Fund** (established in 2023) to foster competitive success.
- Approving discounted fees for **Judges** and **Learning Facilitators**.
- Expanding training opportunities for athletes and encouraging collaboration among coaches.
- Implementing new support systems for coaches facing challenges, guided by our Technical Directors.
- Ensuring strong governance through engaged Board and staff leadership.
- Maintaining Board stability—with no mid-term resignations since October 2019—and consistent, committed service from every elected member.
- Recognizing strength in staffing, with four members of our Administration serving six or more years, and some for over a decade.
- Ongoing review of **Bylaws, Policies, and Committee structures**, with 2025/2026 priorities including the **Delegation of Authority Policy** and additional key updates.
- Continuing to advocate for stronger, more transparent, and accountable leadership from **Gymnastics Canada**.

Beyond governance, your Board and Administration were present and engaged at competitions across the province—meeting athletes, connecting with stakeholders, and thanking coaches, judges, and volunteers for their service. These opportunities for open dialogue and relationship-building strengthen our Federation and remind us why this work matters so deeply.

We would like to thank our valued sponsors who are a key member of our team in supporting you our members:

- Government of Alberta/SPAR
- Spieth America
- Gallagher Insurance
- Boulevard Travel
- Sylvia P
- Limelight Teamwear
- Ultimate Promotions
- Tourism Calgary
- Activity Messenger
- Turn Athletics
- Uplifter

To each of you—our coaches, judges, staff, volunteers, and members—thank you. Your generosity of spirit and service means the world to the athletes we serve. Together, we are building not only a stronger Federation, but a brighter future for gymnastics in Alberta.

As we move into 2025/2026, we do so united—as athletes, coaches, judges, volunteers, and leaders—guided by our Strategic Plan and shared commitment to excellence. With teamwork, innovation, and integrity, we will continue to strengthen our programs, empower our people, and elevate gymnastics in Alberta and beyond.



Dawn Vande Vyvere
Board of Directors Chairperson



Robin McDougall
Chief Executive Officer

AGF continues to be a leader in the country in coach development by providing the second most course opportunities and in certifying the greatest number of coaches. This is only possible with the help of our membership, your commitment to evolving your skills and the very hard work of our coach developers and evaluators. In addition, we take pride in being a go to province for hosting pilot courses when possible. These courses are necessary for upgrades, changes and new programs being offered through NCCP and therefore are very important in the ongoing education process.

A big thank you to all of Coach Developers. This dedicated group of individuals ensures the ongoing excellence of coach education in our community.

NCCP Courses:

Course Name	# of Courses	# of Participants
GF Theory	18	364
GF Introduction	22	295
GF Artistic	22	295
GF Active Start	8	92
GF Trampoline	19	204
C1 Theory	8	124
C1 WAG	7	91
C1 MAG	1	11
C1 Trampoline	4	42
C1 Acro	1	13
C2 WAG	5	43
C2 MAG	2	9
C2 Trampoline	2	22
C3 WAG	1	7
Non NCCP Parkour	1	8
TOTAL:	121	1620

NCCP Evaluations:

Evaluation Name:	# of Coaches Certified
GF Artistic	50
GF Active Start	7
GF Trampoline	6
C1 WAG	34
C1 MAG	3
C1 Trampoline	10
C2 WAG	9
C2 MAG	3
C3 WAG	1
C3 MAG	2
TOTAL:	125

Coach Developers Course:	# of New CD's
LF Introduction & Artistic	2
LF Trampoline	3
TOTAL:	5

Past Years	# of Courses	# of Participants
NCCP 2023-2024 Totals:	121	1763 Includes Evaluations
NCCP 2022 - 2023 Totals:	106	1710 Includes Evaluations
NCCP 2021 - 2020 Totals:	108	1441 Includes Evaluations
NCCP 2020 - 2019 Totals:	103	1574 Includes Evaluations
NCCP 2019-2020 Totals:	75	869 Includes Evaluations
NCCP 2018-2019 Totals:	123	1488 Includes Evaluations
NCCP 2017-2018 Totals:	105	1490 Includes Evaluations
NCCP 2016-2017 Totals:	106	1400 Includes Evaluations
NCCP 2015-2016 Totals:	112	1512 Includes Evaluations
NCCP 2014-2015 Totals:	103	1253 Includes Evaluations
NCCP 2013-2014 Totals:	76	956 Includes Evaluations

Sport Development had its inaugural year in the 2024-2025 business calendar. Beginning in summer of 2025, this newly combined portfolio, was created to focus on the emerging and non-Olympic sports of Sports Acrobatics, Parkour, GFA, et al.

General stats of 2024-2025

- a. 73 clubs offering a sport development program (GFA, Acro and/or Parkour)
- b. 40993 registered sport development athletes
- c. 73 registered acro athletes, parkour numbers not available
- d. 1317 coaches, majority working in a sport development capacity

The Sport Development Committee was also formed in October of 2025 to support, guide and direct the actions of AGF's sport development manager. This group of ten experienced leaders, with members representing events, education, acro and parkour, met monthly to lend perspective and conversation to the development direction of the sport. Through their collaboration a multitude of programs and opportunities were created:

1. GFA Collective: a monthly lunch group was launched to the community for coaches and leaders within the GFA community to collaborate and have educational opportunities. 25 members participated in the first year, with great feedback to continue into the 2025-2026 year.
2. A stamp of Roland was created by a Canadian company to be distributed at the beginning of the 2025-2026 year to offer a small token of good luck to the coaches and a bit of AGF Fun for the athletes involved in any GFA club around the province.
3. Coaches Conference: A new coaches' educational opportunity was established within the weekend of Gymfest, bringing in three presenters for a targeted day of education. Over 30 coaches benefitted from this day at no additional cost.
4. Acro Judges Workshops: Two workshops were created, with the assistance of Canada's two brevet judges, to provide an online opportunity for the acro judging community. Over 50% of our judges participated in this event.
5. Club visits were commenced to bring in more understanding of the communities' strengths and needs.
6. Master's participation was supported for two of our AGF members.

Annual events were also maintained

1. GFA Getaway 2024 was held in Canmore with 35 participants. Featuring Alif Stoffels from Rec Gym Pros, the weekend sessions invigorated and expanded the horizons of our GFA coaching community.
2. Gymfest 2025 was held in Edmonton at the University of Alberta's Saville Centre, hosted by Ortona Gymnastics. 250 athletes and 35 coaches thrived in this location performing some amazing routines.

Our Acrobatic community had a great year! Two new clubs were created, ARC Acro and LIGHT Acrobatics that each offered competitive and recreational acrobatics, one in Edmonton and one in Calgary. Alberta also had their first FIG acro judge, who joins the rank of five other FIG Acro judges in Canadian history. Congratulations to Robert Light for this outstanding accomplishment. At the 2025 Canadian Championships, Alberta had a record setting 73 athletes, from five clubs, compete in the acro program. Congratulations to all the athletes and coaches for their dedication and hard work.

Parkour has continued to see increased growth since the implementation of the recreational program in 2022-2023 business year. Two members of the sport development committee have helped to lead this strategic charge, leading to collaboration with Quebec and Albertan representation on the Canadian national working group. With continued support, and increased attention, we are looking forward to seeing the growth of both the grassroots and the competitive pathways around the country, with Alberta helping to lead the way.

Sport Development Committee

Kelly Wills (Chairperson)
Brie Banks
Brody Atkins
Hayley Silberg

Karen MacDonald
Kari Binder
Kade Bowie
Peggy Schumann

Robert Light
Vicky Hodgson

Clubs

14 Alberta clubs are registered with AGF with a men's competitive gymnastics program: Spruce Grove Aerials Gymnastics, Exelta Gymnastics, Ortona Gymnastics Club, Dynamyx Gymnastics Club, Gymtastics Gym Club, Altadore Gymnastics Club, Calgary Gymnastics Center, Varsity Gymnastics Club, Athabasca FLIPS Gymnastics, South Edmonton Gymnastique

Number of registered athletes:

- Developmental Athletes: 57
- Provincial Level Athletes: 190
- National Level Athletes: 43

Training Camps

1. P4+ Training Camp – Nov 11th 2024 @ Spruce Grove Aerials (30 people)
2. P1 – P3 Camp – Sept 30th 2024 @ Gymtastics Gym Club (115 people)
3. Summer Training Camp – August 21st – 22nd 2024 @ Calgary Gymnastics Center (40 people)
4. Summer Training Camp – July 24th – 25th 024 @ Spruce Grove Aerials (20 people)
5. Westerns Camp – April 11th 2025 @ Norfort Gymnastics (46 people)
6. National Camp – May 9th – 10th 2025 @ Gymtastics (32 people)

Judging Development

In the 2024/25 competitive season the MAG program had 30 registered judges, all of whom were active in helping out with our competitions in Alberta as well as Westerns, Elite Canada and Canadians. FIG judges got recertified this year by attending the in person course in Atlanta Georgia on January 3rd 2025. We are gained 5 new National level coaches who passed the exam on April 20th 2025.

Entry level: 10

Regional level: 3

Provincial level: 5

National level: 6

FIG level: 6

Domestic Competitions

Alberta athletes competed in Alberta Provincial Championships (Calgary – April), Western Canadian Championships (Langley - April), and Canadian Championships (Gatineau – June). Alberta won numerous medals in individual and team events. Participation in these events included:

- 1) **Alberta Provincial Championships** 151 Provincial athletes representing 12 clubs, took part at the Provincial Championships in Fort McMurray hosted by AGF.
- 2) **Westerns** – Team Alberta was represented by 34 Athletes at the Western Canadian Championships hosted by Gymnastics Saskatchewan. This year included Provincial 2-Provincial Open categories.
- 3) **Canadians** – 28 athletes competed at the Canadian Championships. This included Aspire, Open, Junior and Senior National categories.

MAG Highlights from Western Canadian Championships

- P2
 - Team A - Gold
 - Team B - Silver
 - Beau Legault – *Gold AA, Silver on Floor, Bronze on Pommel, Gold on Rings, Gold of p-bars, Gold on High Bar*
 - Ryan Truman – *Silver AA, Silver on Pommel, Gold on Vault, Silver on P-bars*
 - Blake Balment – *Bronze on Floor*
 - Lachlan Teare – *Bronze on vault, Bronze on P-bars*
 - Ezra Domoslai – *Gold on Pommel*

- P3
 - Team A – Bronze
 - Matthew Yip – *Gold on Floor, Gold on Vault*
 - Adrian Bochinski – *Silver on Pommel*
 - Evan Melanson – *Silver on Rings*

- P4
 - Team A – Bronze
 - Logan Danysk – *Silver on Pommel*
 - Mykhailo Yatsiv - *Bronze on Floor*
 - Liam Crossland - *Silver on Vault*

- Open
 - Team A – Silver
 - Xavier Lefebvre – *Silver AA, Bonxe on Rings, Silver on Vault, Gold on P-bars, Gold on High bar*
 - Maxim Bouldakov – *Gold on Rings, Gold on Vault*
 - Maxim Strelkov – *Bronze on P-bars*

MAG Highlights from Canadian Championships

- Open
 - Team – Bronze
 - Leo Cisse – *Bronze on Vault*
 - Aiden Harder – *Bronze on High bar*

- Aspire
 - Rory Freeman – *Bronze AA, Silver on Floor*
 - Nathaniel Tran – *Bronze on Pommel*

- Junior
 - Majus Grabliauskas – *Gold on High bar, Bronze on P-bars*

- Senior
 - Sam Smith – *Silver on Pommel*

Alberta Clubs & Athletes

12 TG clubs: Airborne, Airdrie, Altadore, Cardston, CGC, Exelta, Infinite, Ortona, Pegasus, Phoenix, Thunder Country, Westwind

427 athletes: 78 National, 238 Provincial, 111 Developmental

Alberta Hosting for 2024 - 2025

- 4 FAST events (Pegasus, CGC, Ortona, Airdrie)
- 3 Provincial/National Cups (Pegasus, CGC, Ortona)
- Provincial Championships (Leduc)
- Canadian Championships (Olympic Oval)

Education / Training Camps for Athletes, Coaches and Judges in Alberta

- Coaches & Judges Retreat (Coaches sessions Cancelled, National Judges session online)
- Provincial Trampoline Training Camp (Pegasus | 46 Athletes from 9 clubs attended)
- National Tumbling Training Camp (Cancelled)
- Western Canada Cup AB training camp (Airdrie)
- Canadians Training Camp (Airdrie)

Judging

41 Judges: 31 P3/4, 6 P1, 8 National, and 5 FIG.

Recertification Process Courses – This season was focused on getting each judge recertified. All judges were required to watch three presentations created by GymCan, and then complete a written and video exam per event. Each written exam had Execution, DD and General Rules/Chair questions. Video exams were mainly execution, with Tramp having a DD exam as well. This was a HUGE undertaking done by Janey Parks to administer all of these exams.

Piloting a National Course at Elite Canada – Alberta was able to host and certify four new national judges on Tumbling and DMT. Congratulations Zoe Phaneuf, Nick Merkel, Liam Wygiera and Mitchel Pedersen. Janey also taught and tested the course

Elite, Team Xcel, Westerns & Canadians

Elite – Kamloops (March 2025 - 9 Clubs | 70 Athletes | 12 coaches)
 Team Xcel - Aviva Cup (March 2025 - 4 clubs, 6 athletes & 2 coaches)
 Westerns – Winnipeg (June 2025 - 5 clubs on team AB, 12 athletes)
 Canadians – Calgary (79 Athletes | 10 Coaches)

2025 Canadians Individual Highlights - 8 GOLD, 5 SILVER, 10 BRONZE

Bella Mosier	Pegasus	L5 14U DMT SILVER & JR TUM BRONZE
Brooklyn Scherpenisse	CGC	L5 14U TUM BRONZE
Claire Jackson	Phoenix	SR TUM GOLD
Ella Novotny	CGC	L5 15-16 TRA GOLD
Ella Thompson	CGC	L5 15-16 DMT GOLD
Fleur Goodman	Pegasus	L6 TRA GOLD & L6 DMT SILVER
Jeremy Meyer	CGC	SR DMT SILVER
Joey Couture	CGC	L6 TUM GOLD
Katie Berg	CGC	L6 TUM BRONZE
Keegan Sohen	Thunder Country	SR TRA GOLD
Lily-Ann Ulmer	CGC	L6 DMT GOLD
Mitchel Pedersen	CGC	SR TUM BRONZE
Nolan Zurek	Phoenix	SR DMT BRONZE
Roman Kisko	Pegasus	L5 15-16 TUM BRONZE
Sienna Kwan	CGC	L5 17+ TUM BRONZE
Tayte Bilton	CGC	L5 17+ DMT SILVER
Tristan Bloom	Phoenix	L6 TUM SILVER

Willow Anderson	Pegasus	L5 14U DMT GOLD & L5 14U TRA BRONZE
Yannick Lanquetin	Pegasus	JR DMT BRONZE

2025 Canadians TEAM Highlights

Womens Tumbling - GOLD	Womens Trampoline - BRONZE
Mens Tumbling - BRONZE	Mens Trampoline - GOLD
Womens DMT - GOLD	Mens DMT - 4th

International Highlights

Italy World Cup - April 2025

Mark Armstrong - CGC
Tristan Bloom - Phoenix
Kalena Soehn - Thunder Country
Makayla Dalgetty - CGC

Pan Am Championships, El Salvador - May 2025

Kalena Soehn - Thunder Country

2024 - 2025 National Teams

Senior Team Tumbling

Claire Jackson - Phoenix
Torrance Sartison - Pegasus
Olivia Newman - Pegasus
Sam Ibach - CGC/Phoenix
McKayla Dalgetty - CGC
Sara Moore - Phoenix
Simon Neufeld - Phoenix
Mitchel Pedersen - CGC
Adam Stannard - CGC
Gavin Gibbs - Phoenix

Senior Team DMT

Kalena Soehn - Thunder Country
Mckayla Dalgetty - CGC
Zoe Phaneuf - CGC
Simon Neufeld - Phoenix
Nolan Zurek - Phoenix
Mark Armstrong - CGC
Brooklyn Olsen - Altadore
Tristan Bloom - Phoenix
Griffyn Robertson - Phoenix
Jeremy Meyer - CGC

Senior Team Trampoline

Kalena Soehn (Ind) - Thunder Country
Keegan Soehn (Ind & synchro) - Thunder Country

Junior Team - DMT

Jayda Jean-Louis

Development Team Tumbling

Brooklyn Olsen - Altadore
Tristan Bloom - Phoenix
Sam Laderoute - Phoenix
Torrance Sartison - Pegasus
Benjamin Pinsk - CGC
Gavin Gibbs - Phoenix
Joey Couture - CGC

Development Team DMT

Brooklyn Olsen - Altadore
Griffyn Robertson - Phoenix
Jeremy Meyer - CGC
Joey Couture - CGC
Benjamin Pinsk - CGC
Makena Schmidt - Phoenix

Development Team Trampoline

Cody Cyman – Thunder Country

TG Technical Committee

Eran Silberg (Co-Chair)
Trish Quinney (Co-Chair)
Bastien Cremer (Coaching Chair)
Jessica Walper (Judging Chair)

Will Krentz (MAL)
Kelly Jamieson (MAL)
Craig Theodore (Athlete Representative)

The 2024-2025 competitive season has been a very busy and successful season for our WAG program. The women's program continues to grow in all levels. We continue to see more coaches being certified at all levels, strong representation of Alberta Teams at Westerns and Canadians, and additional judges moving into the National System.

This was our first full season with Darren Webster as WAG Technical Director. Darren visited clubs around the province helping with coaches, athletes, and club goals. He also introduced the Alberta Coaching Excellence (A.C.E.) program to work with coaches on physical preparation, basic biomechanics, spotting, and coaching strategies aiming towards level 10 gymnastics. This year, he plans to continue visiting clubs and working with coaches in the A.C.E program. AGF will also be starting the Provincial Squad for level 4-5 athletes.

Clubs

We currently have 52 clubs registered with AGF with a Women's Competitive Program.

Training Camps

AGF hosted 5 Canadian Competitive Program training camps, 2 Xcel training camps this year, as well as the Canadians Team Training Camp. Expert Coaches from across Alberta and guest presenters from Canada and the United States came to present at the camps. There were two CCP 3-5 camps and 2 Xcel camps held in the fall, one in the north and one in the south for each camp. The level 6-7 camps and level 8-10 camps were a huge success for both athletes and coaches.

Judges Development

Alberta registered 82 judges this season including Brevet, National, Optional, Compulsory, and Xcel judges. We hosted many in person courses to certify judges as well as to help judges earn CPE hours. A new judging system was introduced this season to help educate our judges in all programs and levels.

Competitions

Alberta athletes competed in the Alberta Provincial Championships (Fort McMurray – April), Western Canadian Championships (Saskatchewan - April), Alberta Xcel and Compulsory Championships (Lethbridge - April), and Canadian Championships (Calgary - May). Alberta won numerous medals in individual and team events. Participation in these events included:

- 4) Trials to Westerns – Hosted by the Airdrie Gymnastics with over 100 athletes in levels 8-10.
- 5) Alberta Provincial Championships – Over 300 athletes from levels 6-10 competed at Provincials hosted by Norfort Gymnastics.
- 6) Alberta Xcel and Compulsory Championships – Almost 1000 athletes attended the Alberta Xcel and Compulsory Championships hosted by West Wind Gymnastics.
- 7) Westerns – 43 athletes competed at the Western Canadian Championships
- 8) Canadians – 31 athletes competed at the Canadian Championships

WAG Highlights from Western Canadian Championships

- CCP 8 (11-14)
 - Team Alberta – GOLD
 - Ali Peterson – BRONZE – AA
 - Addison Turenne – SILVER – VT and FX
 - Phetlunda Praeseutsith – BRONZE – UB
 - Cadence Anderson – GOLD – VT, UB, and BB
- CCP 8 (15+)
 - Team Alberta – GOLD
 - Drea Yakimchuk – SILVER – UB and AA
 - Aurora Muskego – SILVER – VT
 - Bridget Scott – BRONZE - UB
- CCP 9 (11-4)
 - Team Alberta – GOLD
 - Maya Carbol – SILVER – VT, GOLD – BB and AA

- Nemya Wright – SILVER – VT, UB, and AA, BRONZE – FX
- Scarlett Henry – GOLD – VT, SILVER – FX
- Gabriela Piotrowska – GOLD - FX

- CCP 9 (15+)
 - Team Alberta – SILVER
 - Aurelie Dion – GOLD – AA
 - Cate Holm – GOLD – BB, SILVER - FX

- CCP 10 (12-15)
 - Team Alberta – SILVER
 - Cruz Cloman – GOLD – UB
 - Julia Friesen – GOLD - BB

- CCP 10 (16+)
 - Team Alberta – SILVER
 - Avery McCoy – GOLD – UB, SILVER – AA
 - Molly Holowchuk – SILVER – VT
 - Elyse Bodtker – SILVER – UB, BRONZE – BB
 - Heidi Mueller – BRONZE – VT and UB
 - Delaram Ghasemi – SILVER – BB
 - Ava-Lee MacLean – SILVER - FX

WAG Highlights from Canadian Championships

- Level 9 (11-14)
 - Team Alberta – BRONZE
 - Sade Hall – GOLD – VT
 - Maya Carbol – GOLD – BB, SILVER - AA
- Level 10 (12-15)
 - Team Alberta – BRONZE
- Level 10 (16+)
 - Team Alberta – SILVER
 - Avery McCoy – BRONZE UB and AA
- National Open
 - Leona Gentien – SILVER – UB, GOLD – AA
 - Majken Holmgren-Zunti – BRONZE – UB
- High Performance Novice
 - Zoe Ewens – GOLD – VT, BRONZE – UB and AA
 - Skye St. Pierre – BRONZE – BB
- High Performance Senior
 - Amy Jorgensen – BRONZE – UB, BB, and AA

WAG Technical Committee

Barb Bilsborrow (Chairperson)

Lisa Pattison (High Performance Rep)

Berrie Onishenko (Canadians Rep)

Jeremy Mosier (Westerns Rep)

Kiera Schrader-Balson (Provincials Rep)

Amy Miller (Developmental Rep)

Heather Luttrell (WJC Co-Chair)

Brady Spencer (WJC Co-Chair)